

**THE APPELBAUM**

**DAILY**  
**CURRICULUM**

**Welcome Packet**

**Alphabet Letters, Numbers,  
Shapes & More**

Welcome to the 2024-2025 school year. Here's a special video just for you about this year's curriculum with Maryln Appelbaum:

Click the link below.

[https://www.youtube.com/watch?v=9kP2\\_TfD0wE](https://www.youtube.com/watch?v=9kP2_TfD0wE)

This video describes the exciting language program.

**2024-2025**



## ***The Appelbaum Daily Curriculum***

Our goal at **Appelbaum Training Institute** is to create hands-on activities for your children with little to no cost using materials you may already have easily available. We try to create activities that use common school supplies. Depending on the season or nature of a special activity, you may need other supplies. Below is a list of common materials used for various activities in your classroom.

*(You may want to let your parents know you always welcome their donations.)*

### **Suggested materials used weekly:**

Story books-You may want to start a collection of read aloud story books to go with themes.

Construction paper-all colors

Elmer's School paste and/or glue sticks

Safety scissors

Crayons

Butcher paper – white and colored

Craft sticks

Paints – non-toxic

Paintbrushes

Watercolor paints

White paper plates

Yarn

Tape (masking, painters and regular)

Chart paper or poster board

Index cards (or plain paper cut into small rectangles)

Plain paper

Balls – different sizes and colors are optimal

Cake pan filled with salt, sand or rice for tracing letters

Old T-shirts to use as art smocks

**Suggested Math Counters:** Blocks, large Lego blocks, Cheerios, marshmallows, toy cars, old buttons, uncooked pasta (spiral, wheels, penne, large elbow macaroni)

### **Suggested materials used monthly:**

Grocery store advertisements to cut out pictures of foods

Old magazines to cut out pictures as needed (Start folders for months, themes or activities)

Bowls

Cotton balls

Foil

Shoe boxes (to store items and to take items out of for selected activities)

Glitter

Stapler with staples (to be used by the teacher)

Coffee filters

Washable markers

Straws

Pipe cleaners

Play dough (store bought or made using a variety of recipes easily found on the Internet)

Lunch sacks (to create puppets, to use for sorting, etc.)

Colored tissue paper

Scraps of wrapping paper

Folders

Some of the activities throughout the year do involve food. Always be aware of food allergies/sensitivities and plan alternatives accordingly such as using pictures/books or making an art project instead of serving food.

### ***Suggested Materials List Continued***

A small laminating machine. It will eliminate having to make copies over and over. It will help you make the lowercase and uppercase letters of the alphabet into tactile letters.

## **IMPORTANT**

On the following pages, you will find letters of the alphabet, numbers, and shapes. These are all items that will be used frequently. The item that will be used the most frequently are the lowercase letters. We recommend that you laminate the lowercase letters so they *can be used more than one time because they will get lots of use.*

The language/literacy part of the curriculum is designed to create a love of literacy by helping children identify the *sounds* of letters. You will be using a sensory, STEAM, phonetic approach that sets the foundation for children's love of literacy. For best effects, make the lowercase letters of the alphabet into *SENSORY TACTILE LETTERS*. It is *easy* to do this, and you don't have to do it all at once. Just begin with the letters the children will be learning each month. Begin with the lowercase letters.

Here are the instructions on how to make the letters tactile-sensory (recommended).

1. Use the lowercase letters. (You don't have to do all the letters at once. You can check ahead for each month and see what letters you will be using.)
2. Take Elmer's School Paste and drop it slowly on the letter in dots on the letter so that there are dots all around the letters. (See picture attached.). Let it completely dry.
3. Laminate the letter page.
4. Cut the 2 letters on the page apart.

You now have tactile sensory letters that children can trace as they say the letter's sound. Here is a link of a video that shows you how to do this: <https://youtu.be/oDuNCx1EDXk>

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# Video Links

## Introduction Video for Welcome

**Kit:** [https://www.youtube.com/watch?v=9kP2\\_TfDowE](https://www.youtube.com/watch?v=9kP2_TfDowE)

**Manners:** <https://youtu.be/uWYZtKKazAI>

**Mirrors:** <https://www.youtube.com/shorts/SFH6u9w1PzI>

## How to Make Tactile

**Letters M and S:** <https://youtu.be/oDuNCx1EDXk>

## Tracing Tactile Letters M and S:

[https://youtu.be/uiXYGUH7I\\_U](https://youtu.be/uiXYGUH7I_U)

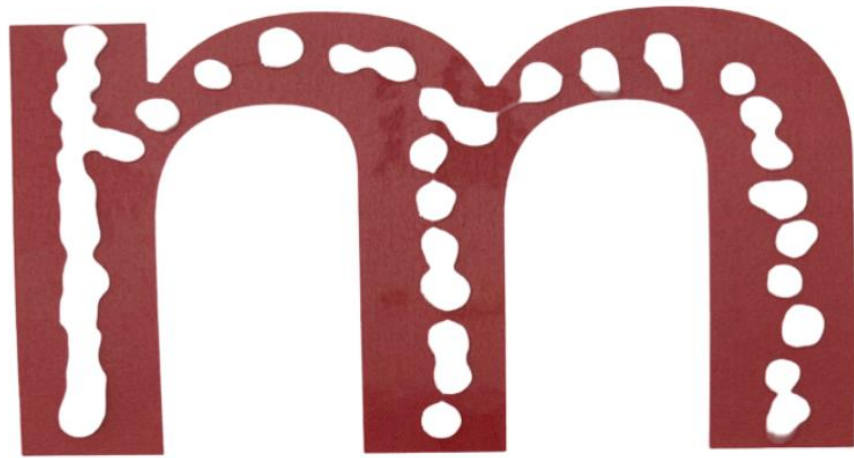
**“Sample of the Letters “m” and “s” before Texture**

**m**



**S**

“Sample of the Letters “m” and “s” with Elmer’ School Paste Dots



**“Sample of the Letters “m” and “s” that are Now Sensory Textured Letters**





## THE BENEFITS OF THE SENSORY, TACTILE STEAM LITERACY/LANGUAGE PROGRAM

- The program is sensory-based which is proven by research to provide the best way of learning. Children get to see, hear, say, and touch letters and words, and it is fun and interesting for them.
- The letters are called by their sounds, instead of their names. The reason is that this makes it easy for children to look at a letter and recognize the sound immediately, and put it together with another sound.
- Example: When the child sees “m-a-t,” the child can say “mm-ahh-tt” and decide it sounds like “mat.” A child who has only learned the names of letters might see the letters and think, “Em-ay-tee.” Children learn to start reading words.
- Instead of introducing letters in alphabetical order, the letters are introduced to allow children to make as many words as possible. They learn to sound out the letters in fun ways and then when they see them, they can “read” the words. (When you think about letters of the alphabet, children can’t really form any words from learning the first three letters, “ABC,” other than the word, “cab.” Later children will learn to organize words in alphabetical order.
- It begins by using the most common sound for letters that have more than one sound. For example, the letter C can have the sound, “cuh” like cat or “sss” like cell. The most common sound is “cuh.”
- It starts with short vowels, not long ones.  
Example: they learn that “a” sound, sounds like “ah like in the word, cat.
- Lowercase letters are introduced first.  
This is because words and sentences have more lower case letters. Books have more lower case letters. This gives children more opportunities to identify them.

**The Appelbaum Language/Literacy Program believes in using all of children’s senses to learn rather than simply memorizing letters. You will find that the program starts out *slowly* in the first weeks of school creating a love of literacy and then by the end of the first month starts introducing sounds. Each month after that, proceeds more *rapidly* introducing multiple sounds. It doesn’t take long for children to start putting together the sounds to make and read simple 3 letter words.**



# THE APPELBAUM DAILY CURRICULUM

Dear Parent,

I am happy to have your child(ren) in our program. I am very excited to have wonderful learning activities for your child. The daily learning activities we are using have been developed by the Appelbaum Training Institute, ATi, experts in child care and preschools across the United States. You will enjoy learning more about ATi at their website, [www.atiseminars.org](http://www.atiseminars.org).

Each week there is a theme. Your child(ren) will have learning activities in six core learning areas to match that theme. Each distinct area is designed to facilitate learning, is developmentally appropriate for your child's age, and is fun so your child will want to participate and learn.

The six core learning areas taught each day of each week in the weekly themes are:

- Language Literacy Activities
- Fun Circle Activities
- Marvelous Preschool Math Activities
- Awesome Art Activities
- Social Skills Kids Must Know Including Respect and Responsibility
- Musical Fun Songs and Rhythm

You may request a copy of the themes for each week so that you will know what your child is learning.

Sincerely,

This week we are  
learning about  
Letter \_\_\_\_\_.

Please help me find 2 items at home that  
start with this letter so I can  
bring them on

\_\_\_\_\_.



This week we are  
learning about  
Letter \_\_\_\_\_.

Please help me find 2 items at home that  
start with this letter so I can  
bring them on

\_\_\_\_\_.



This week we are  
learning about  
Letter \_\_\_\_\_.

Please help me find items at home that  
start with this letter so I can practice  
saying words that start with this  
letter at home with you.

**THE  
APPELBAUM  
DAILY  
CURRICULUM**

This week we are  
learning about  
Letter \_\_\_\_\_.

Please help me find items at home that  
start with this letter so I can practice  
saying words that start with this  
letter at home with you.

**THE  
APPELBAUM  
DAILY  
CURRICULUM**

**m**



**S**

t



p

a



r

h



i



**C**

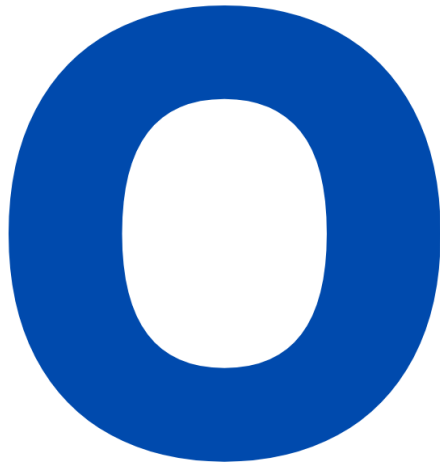


**f**

**n**



**b**



**d**



**v**

e



u

**X**



**W**

**z**



**y**

**k**



**qu**



g



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**A**



**B**

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D

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O



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**Qu**



**R**

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**X**

Y



Z

<b>a</b>	<b>b</b>	<b>c</b>	<b>d</b>
<b>e</b>	<b>f</b>	<b>g</b>	<b>h</b>
<b>i</b>	<b>j</b>	<b>k</b>	<b>l</b>
<b>m</b>	<b>n</b>	<b>o</b>	<b>p</b>

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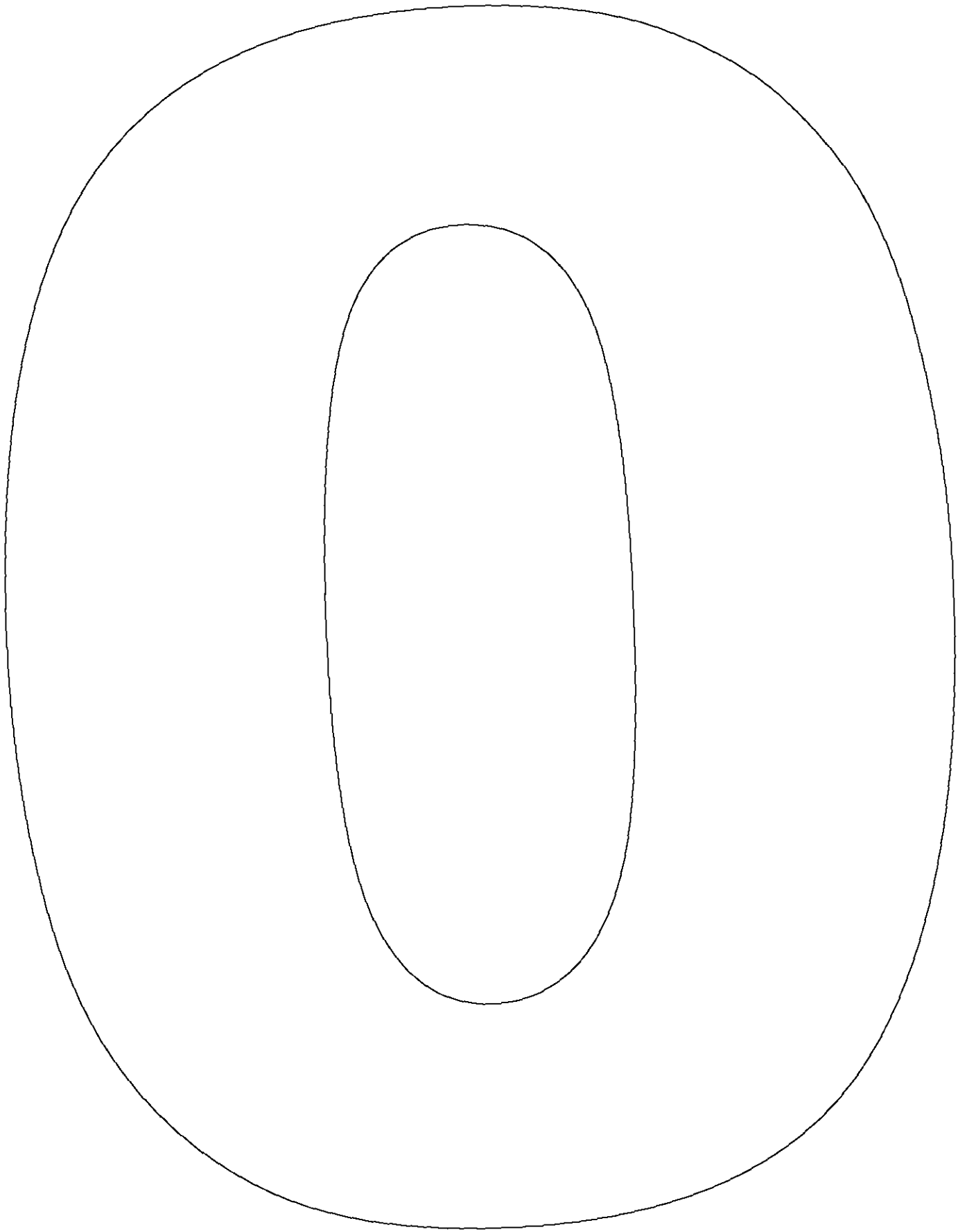
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y

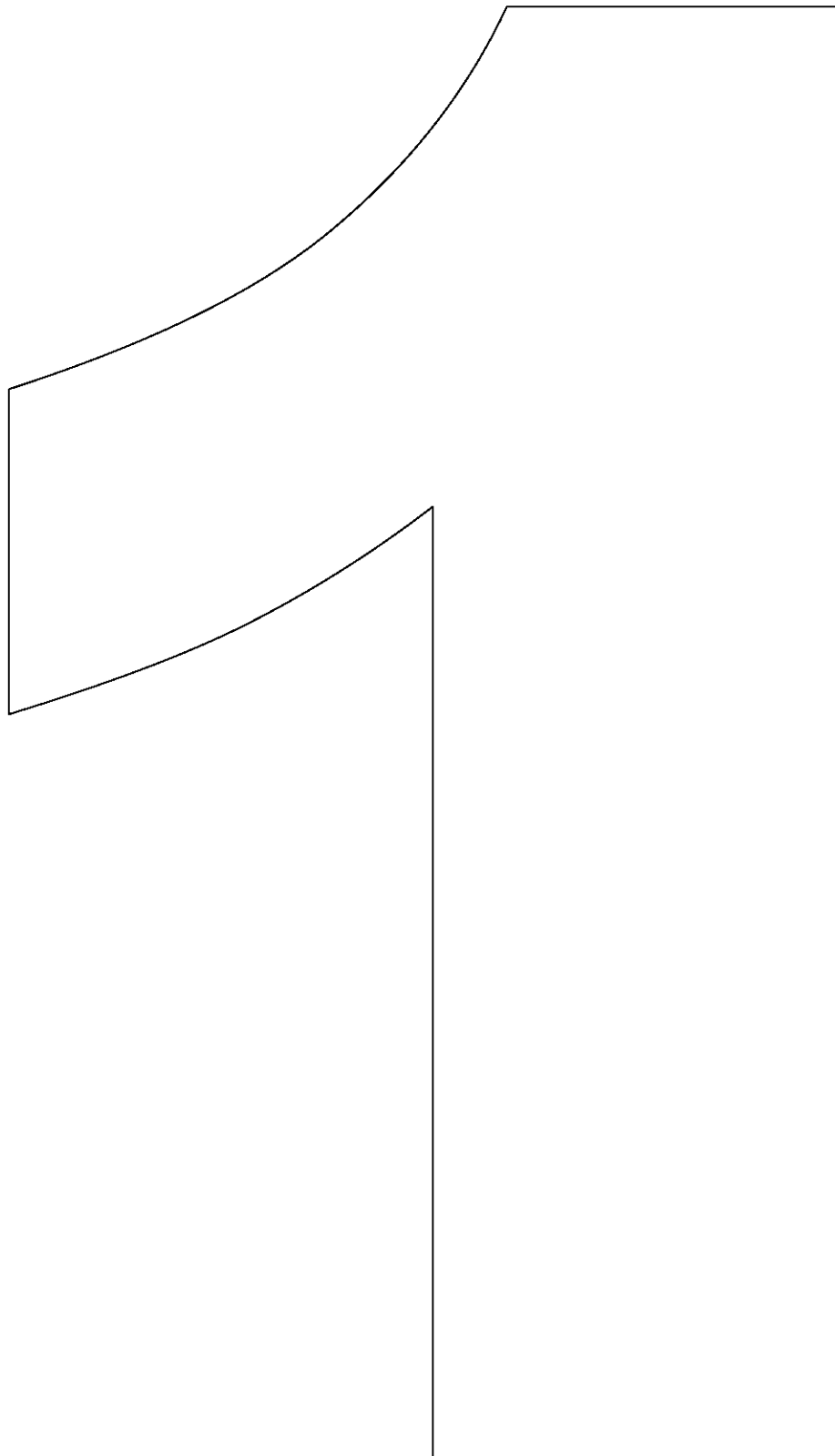
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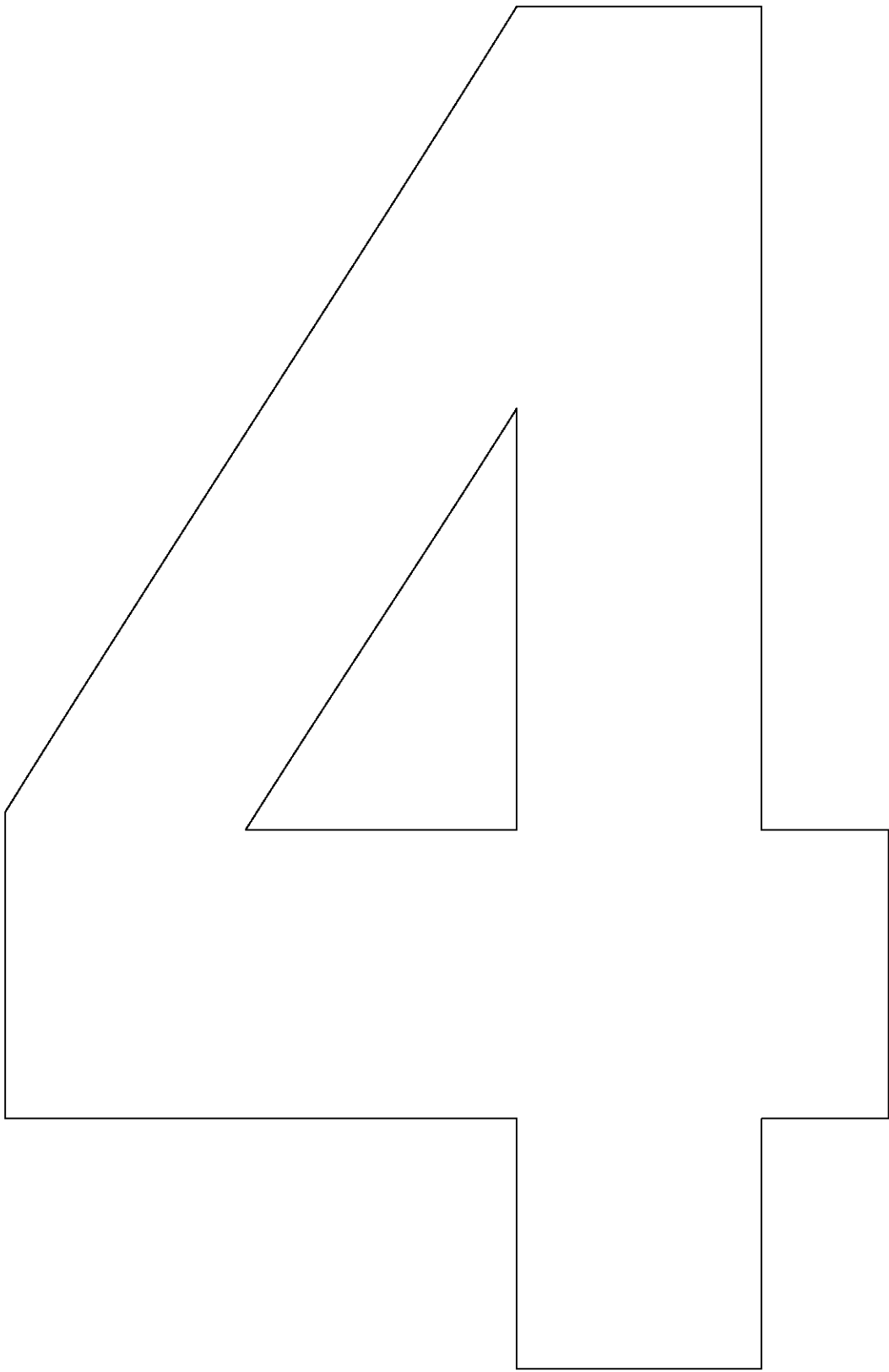
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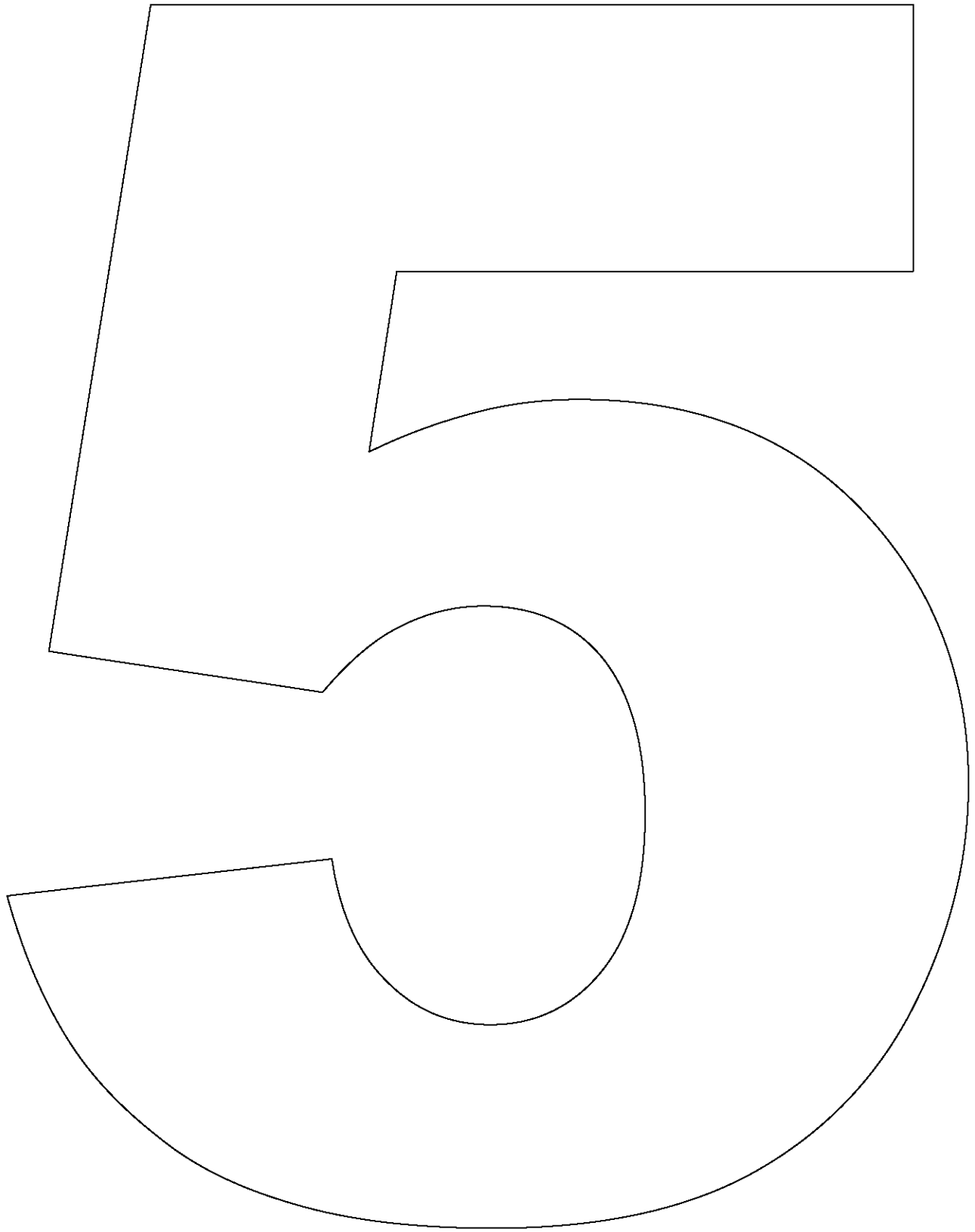
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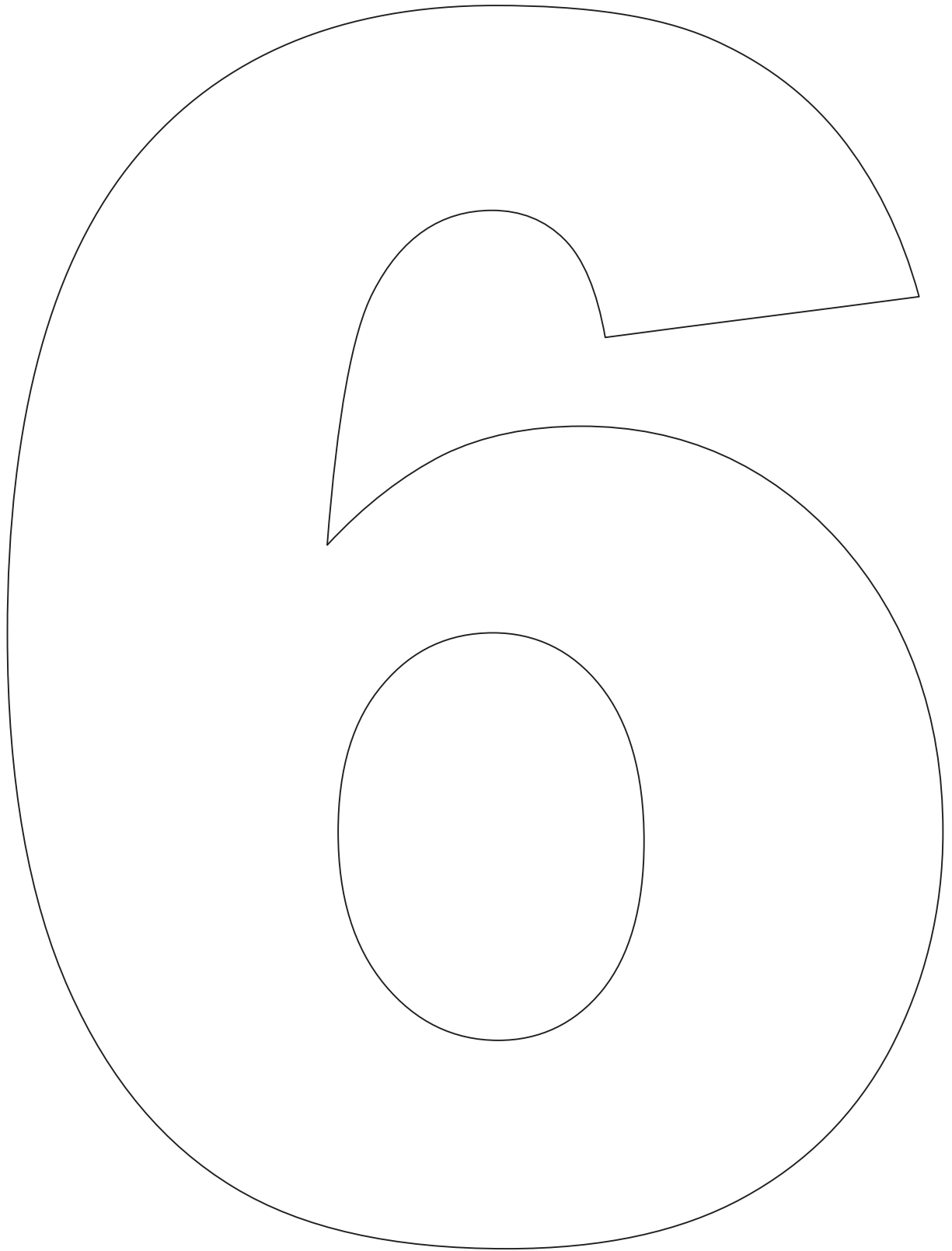
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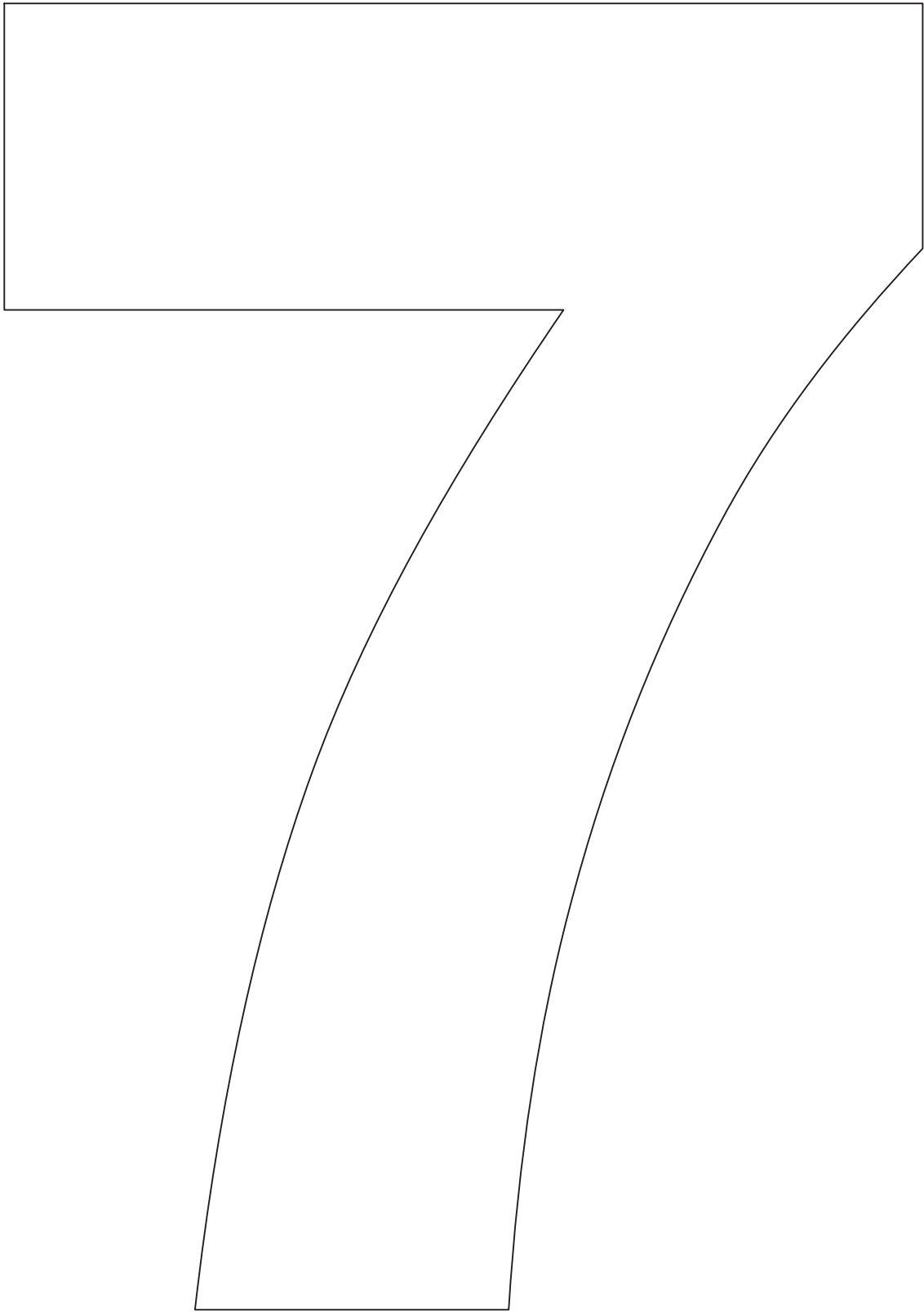
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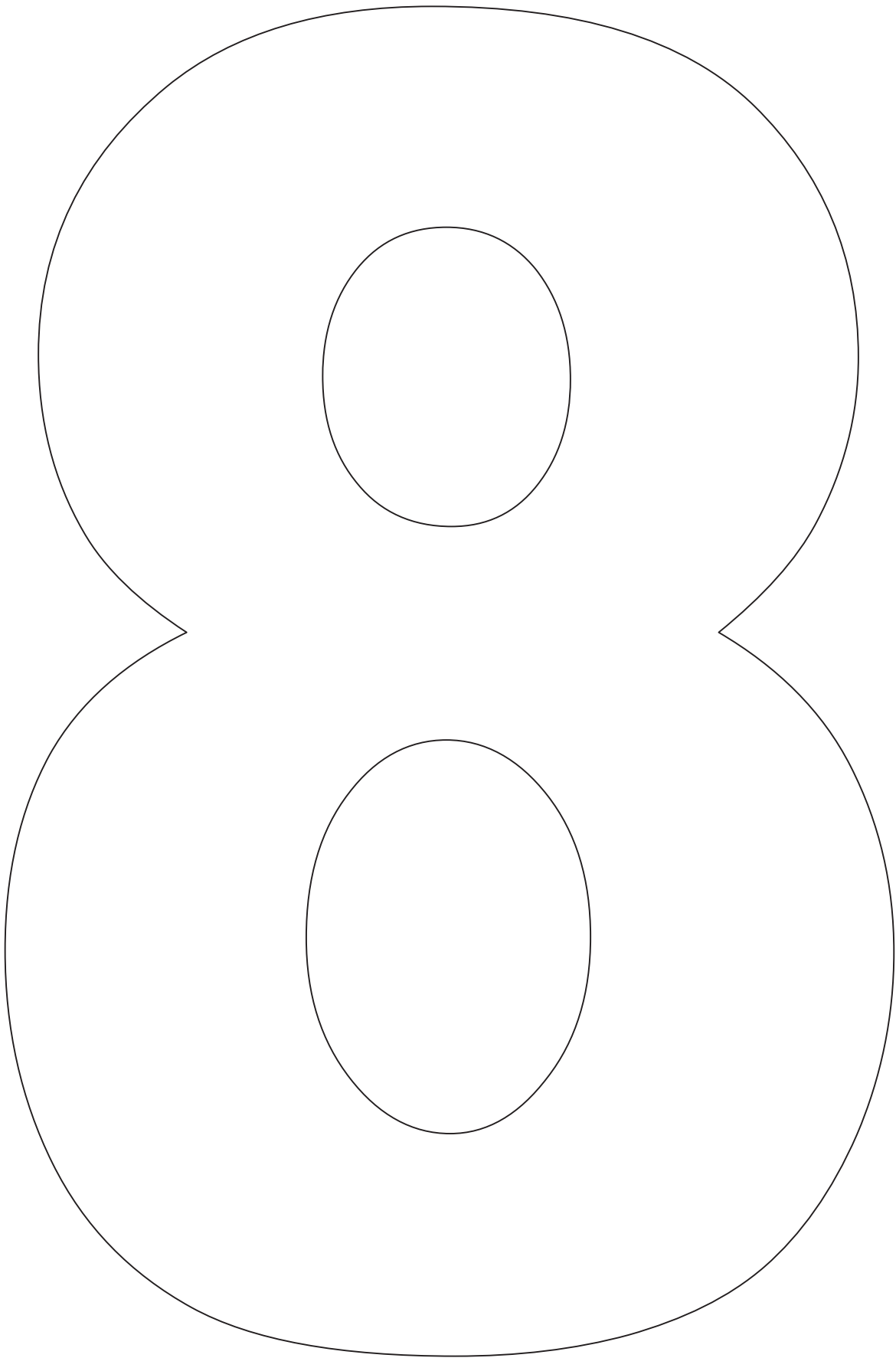


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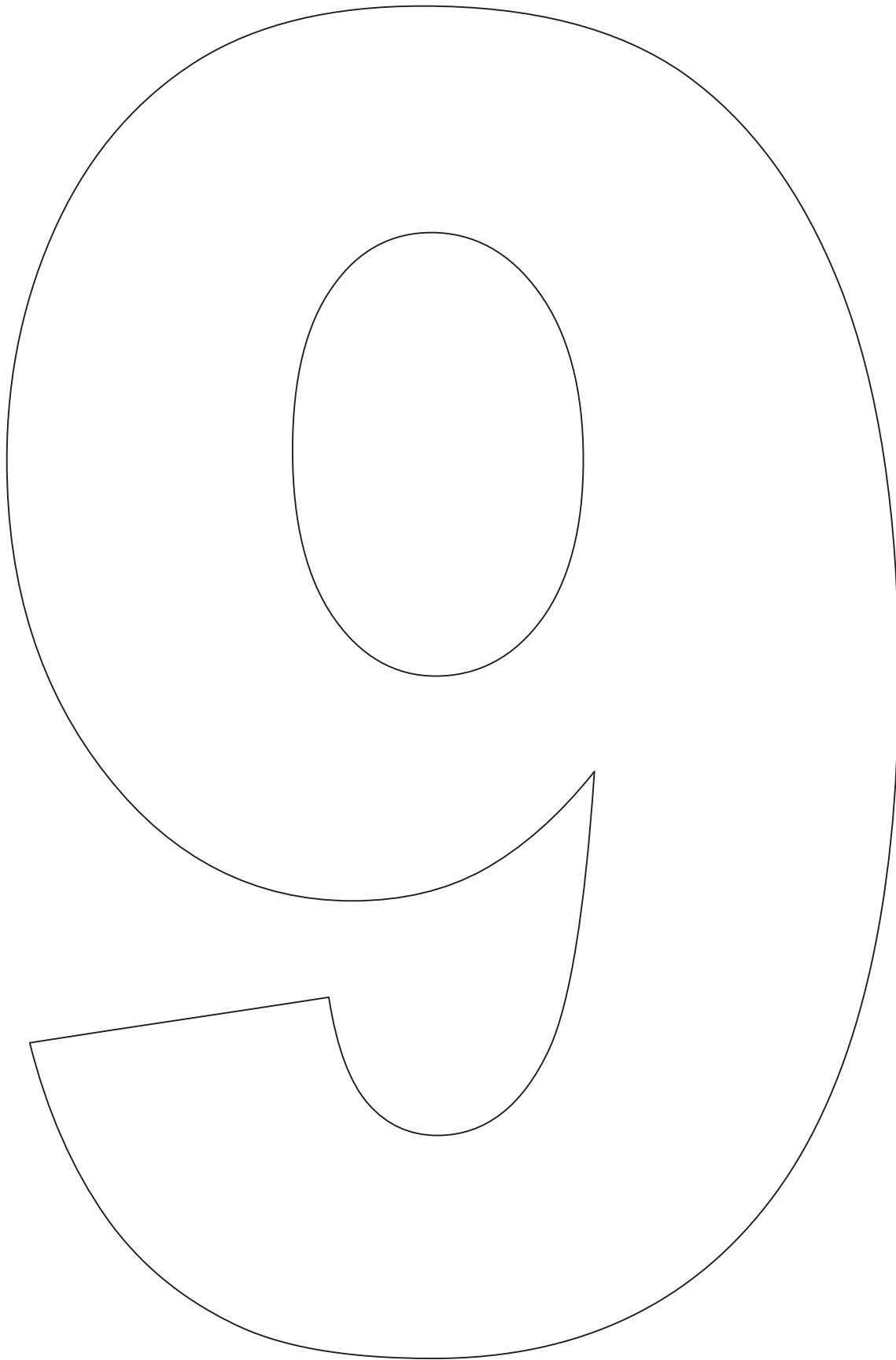


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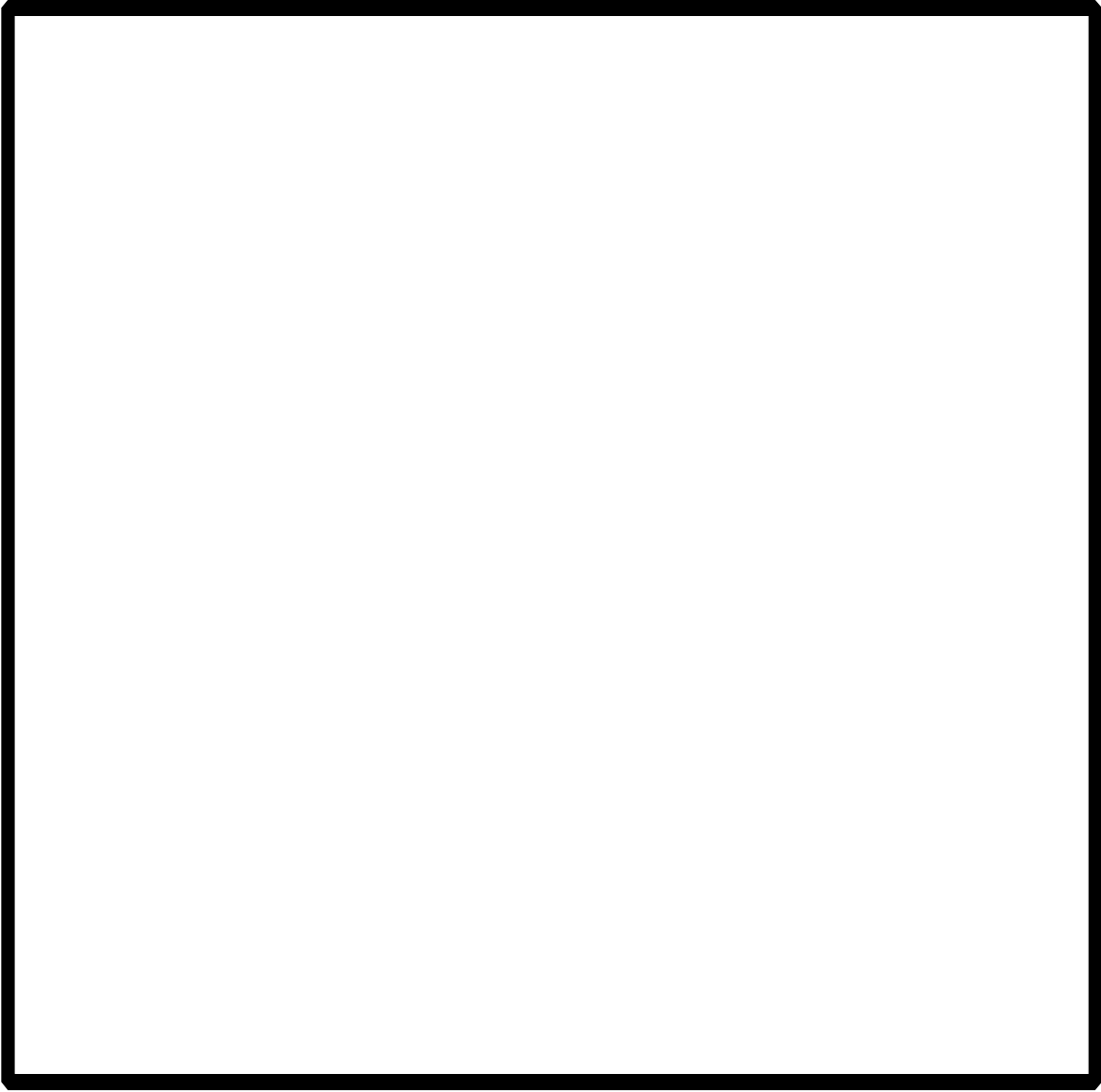




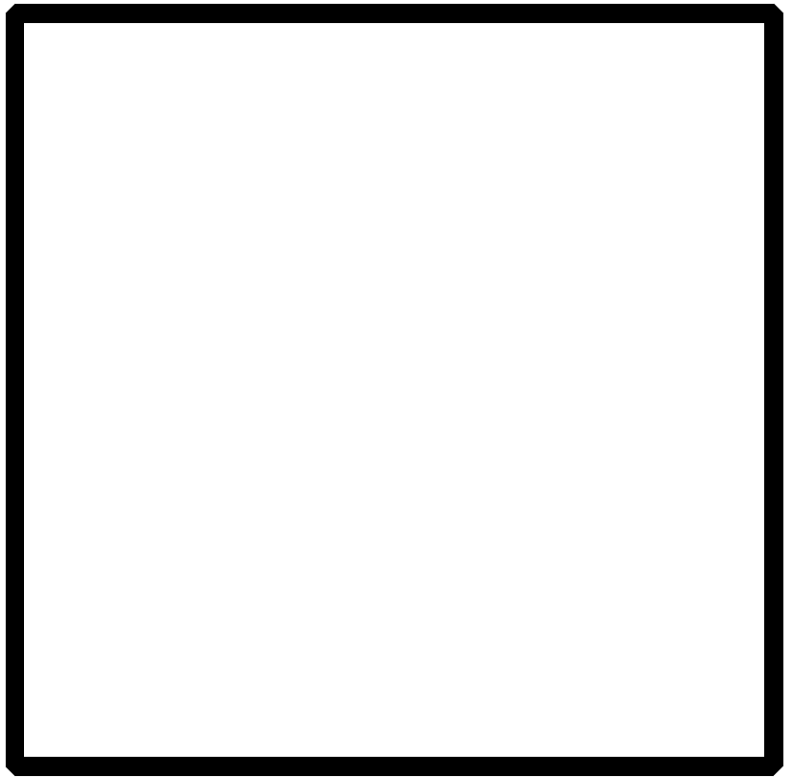
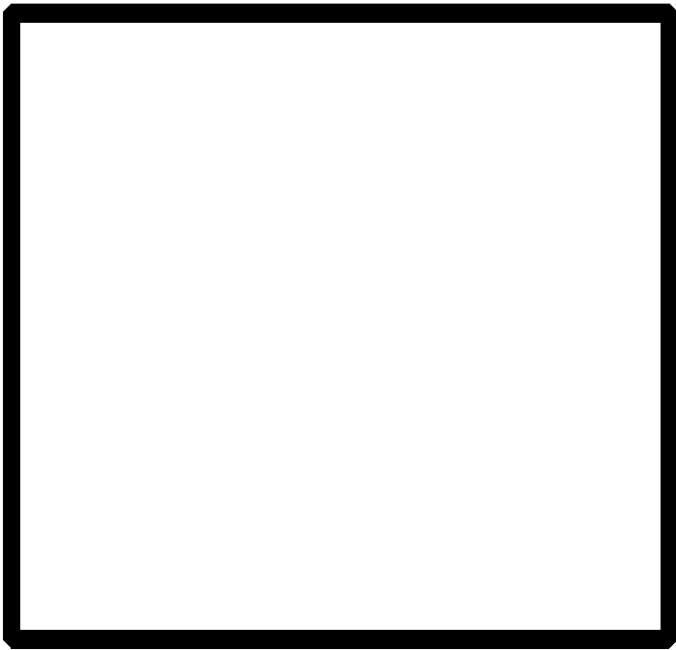
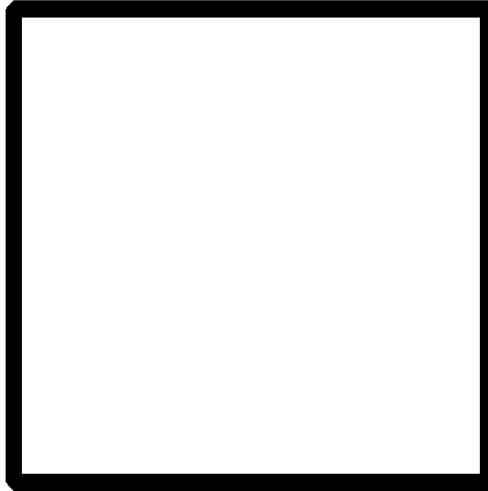
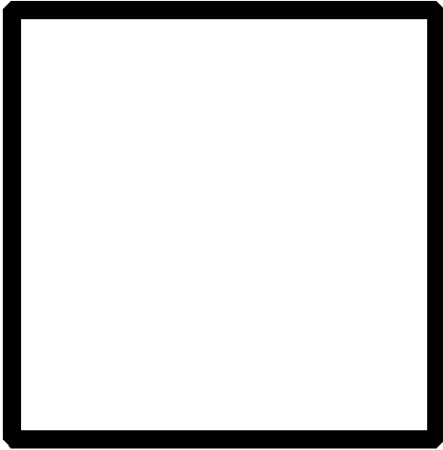
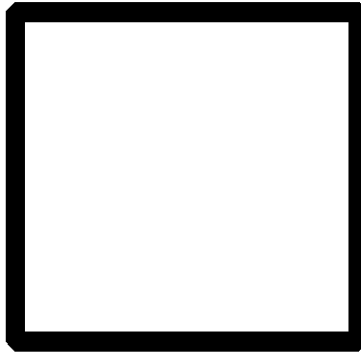
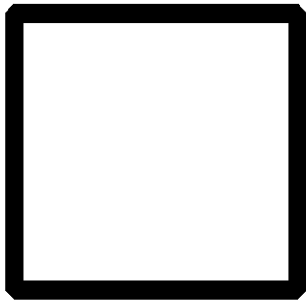
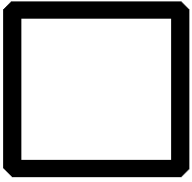
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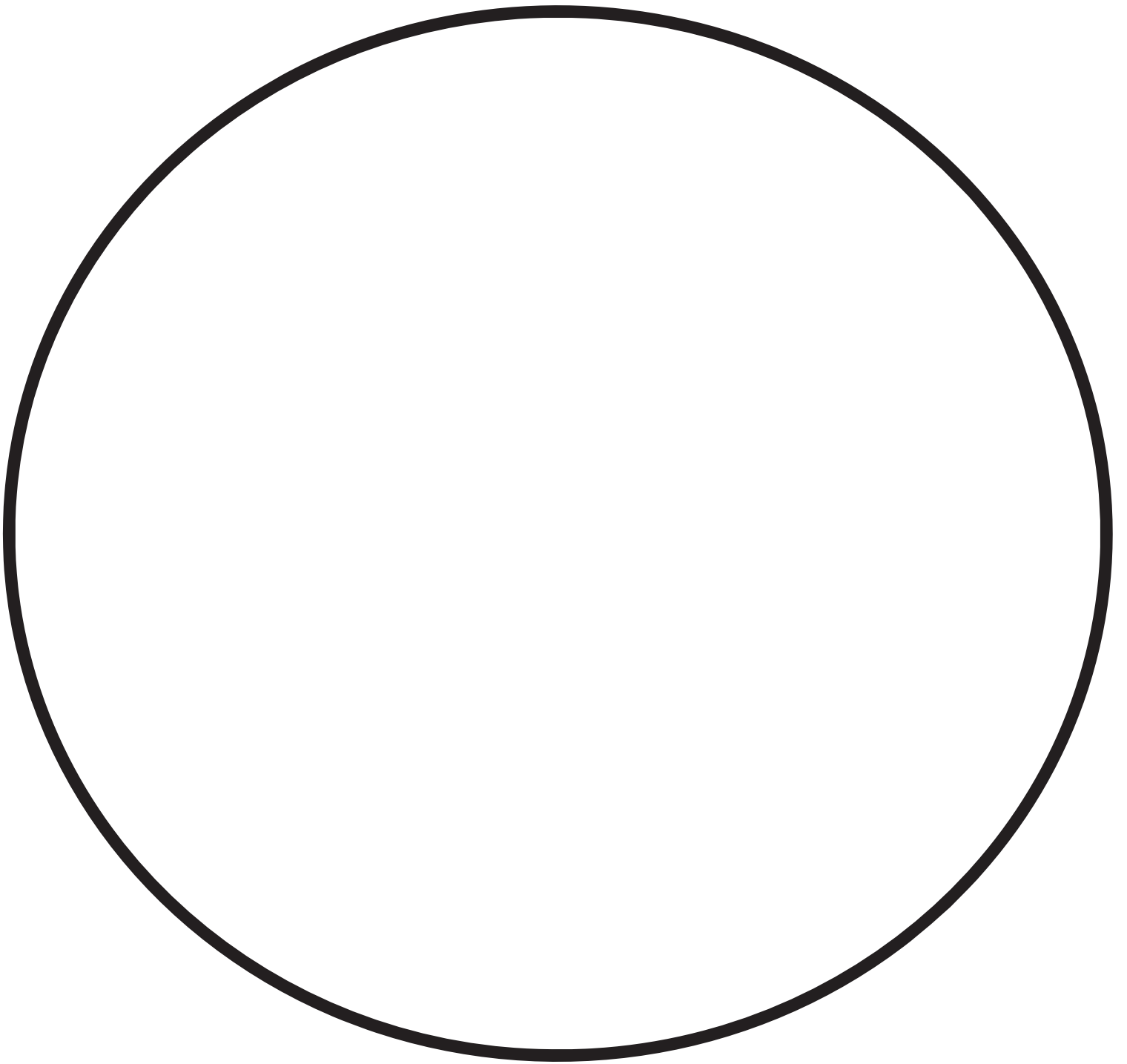
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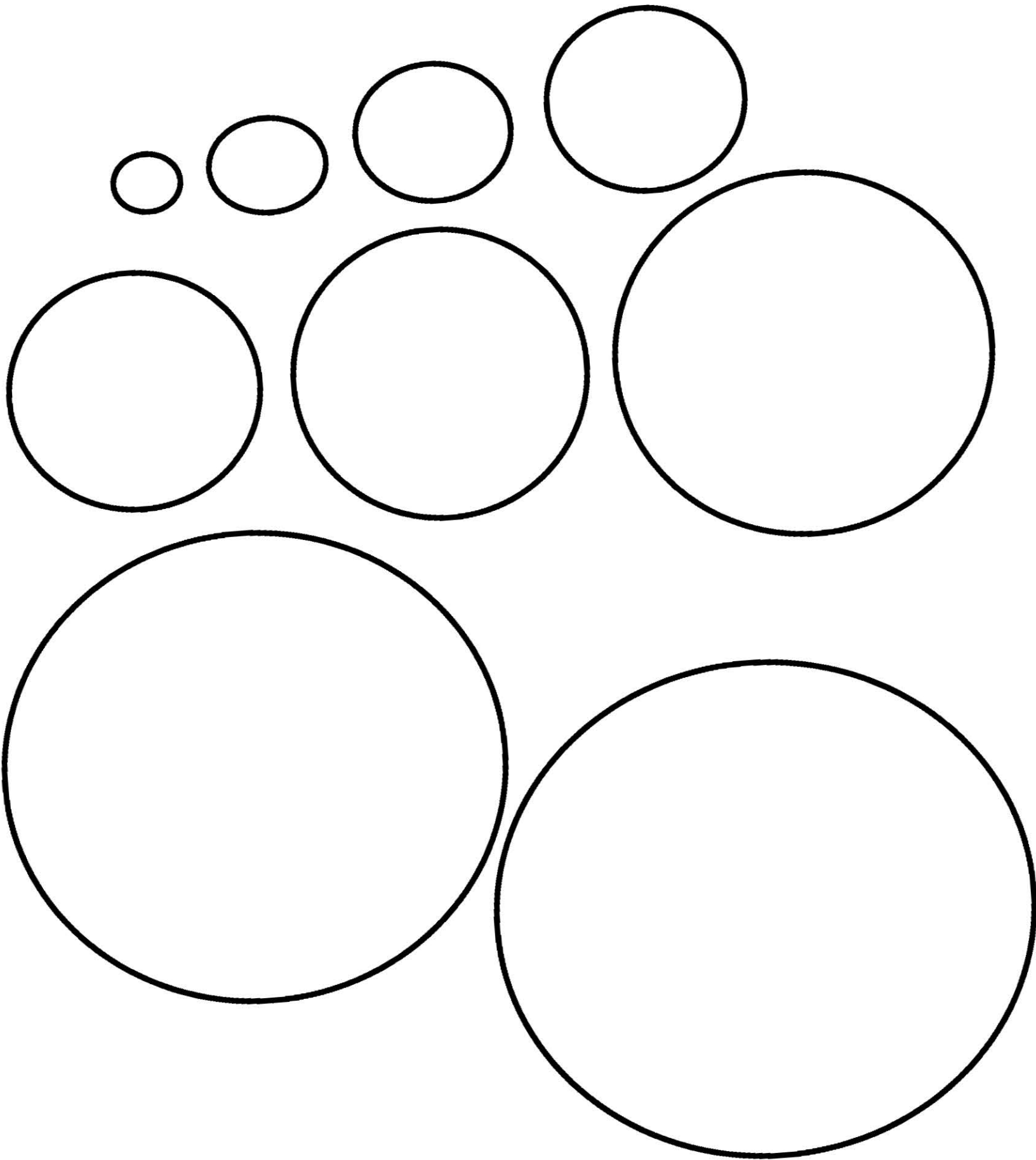
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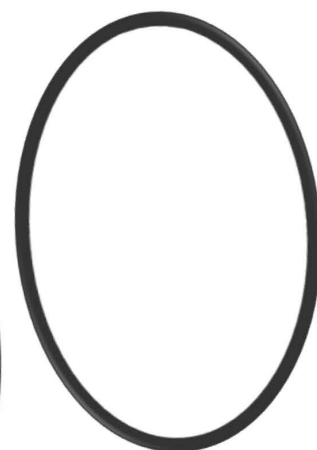
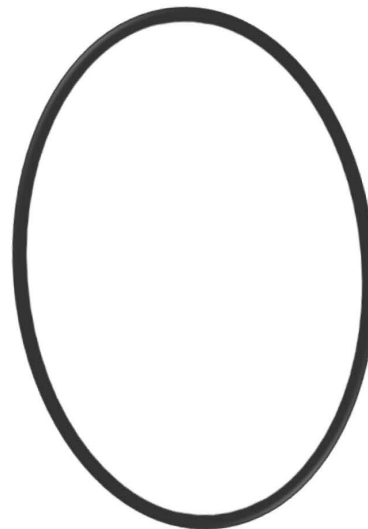
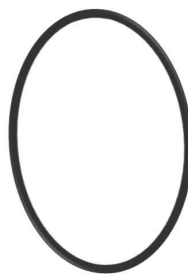
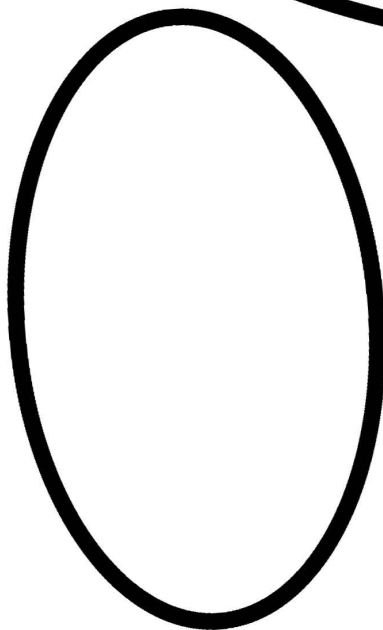
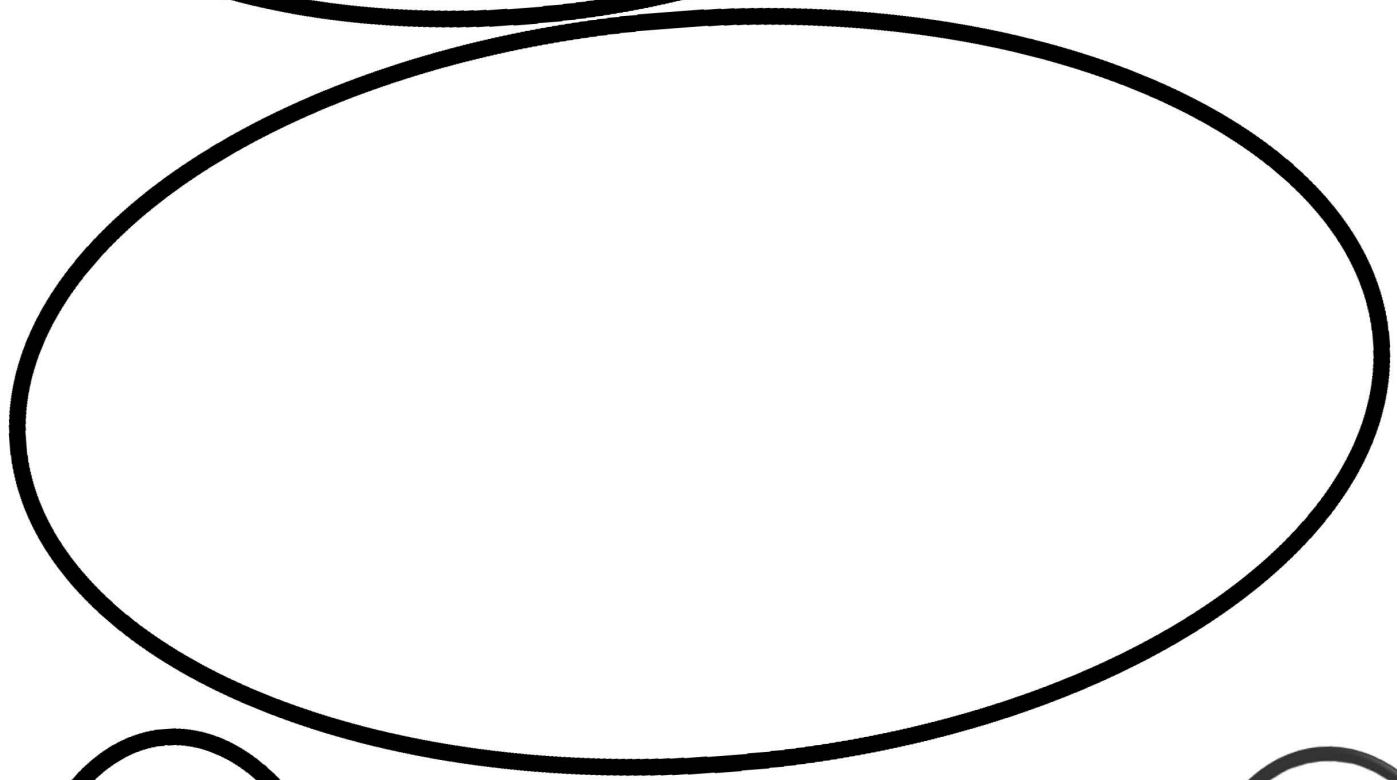
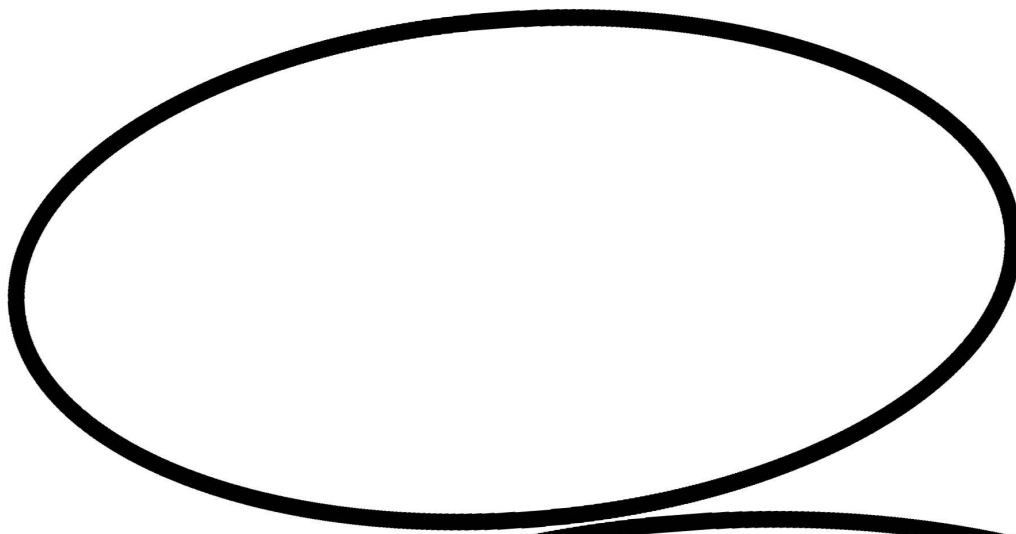
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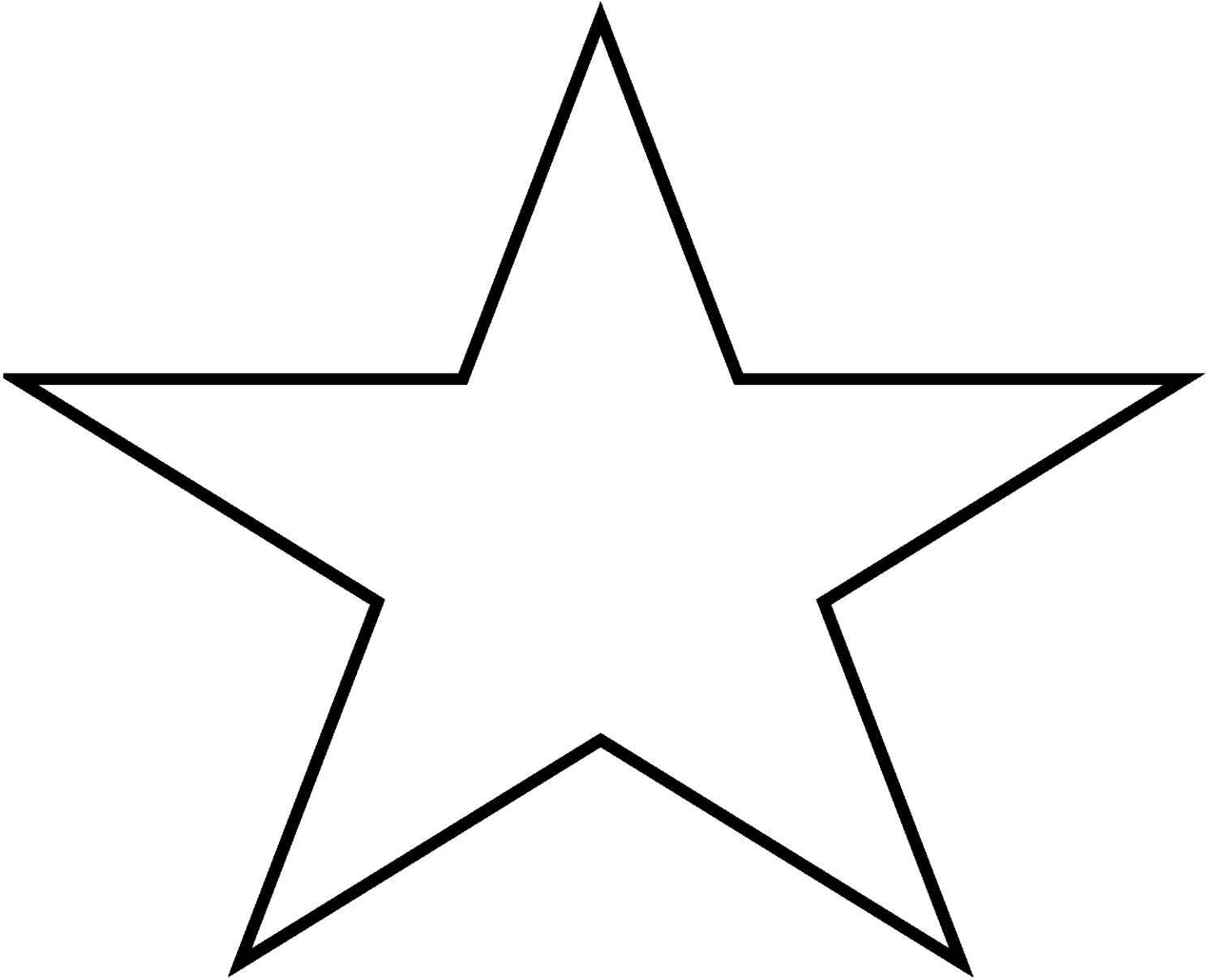
**CIRCLE**



## **MORE CIRCLES**



# OVALS

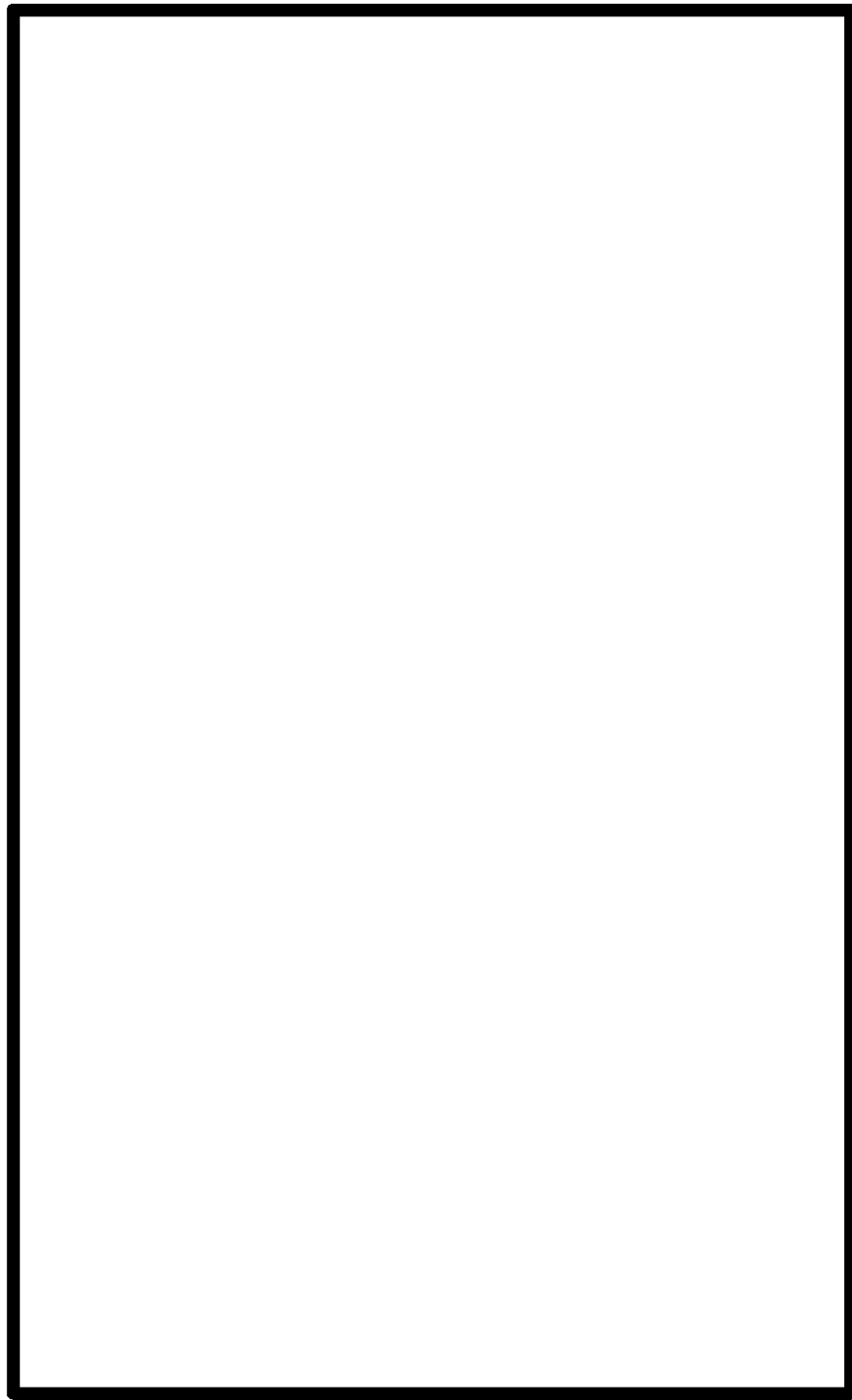


**STAR**

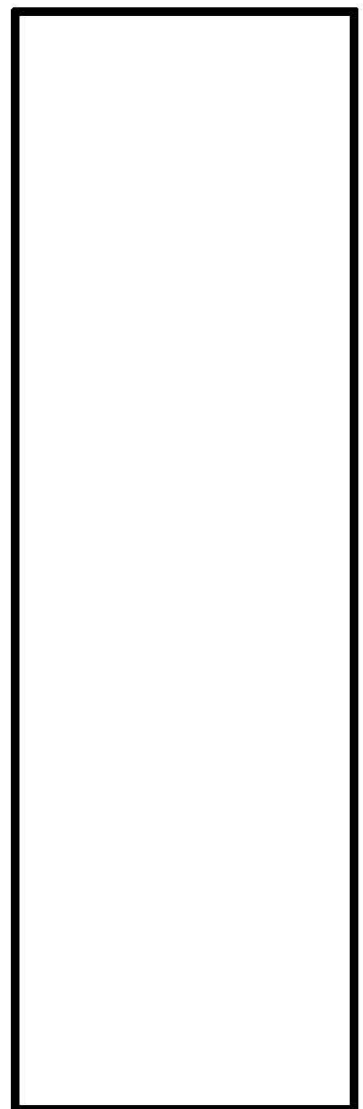
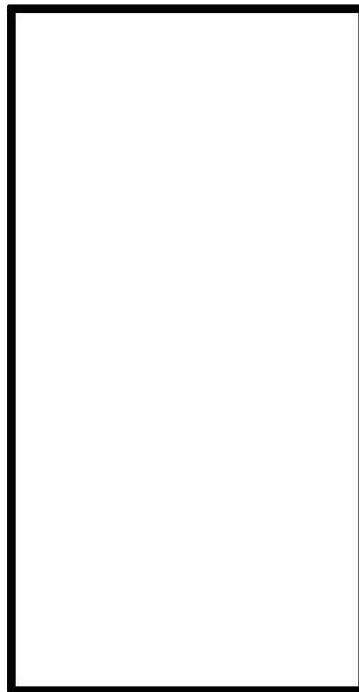
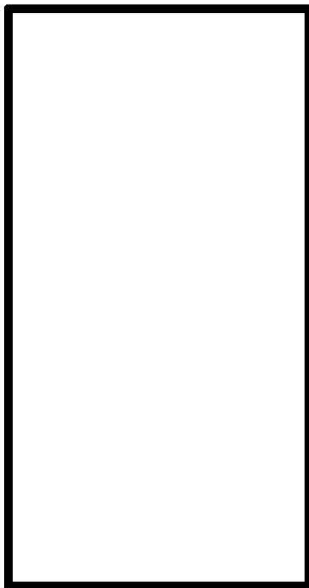
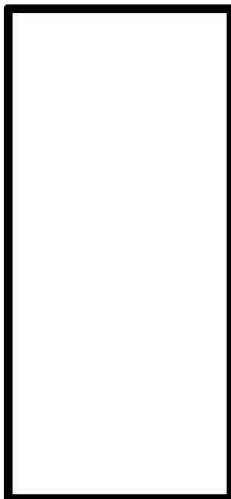




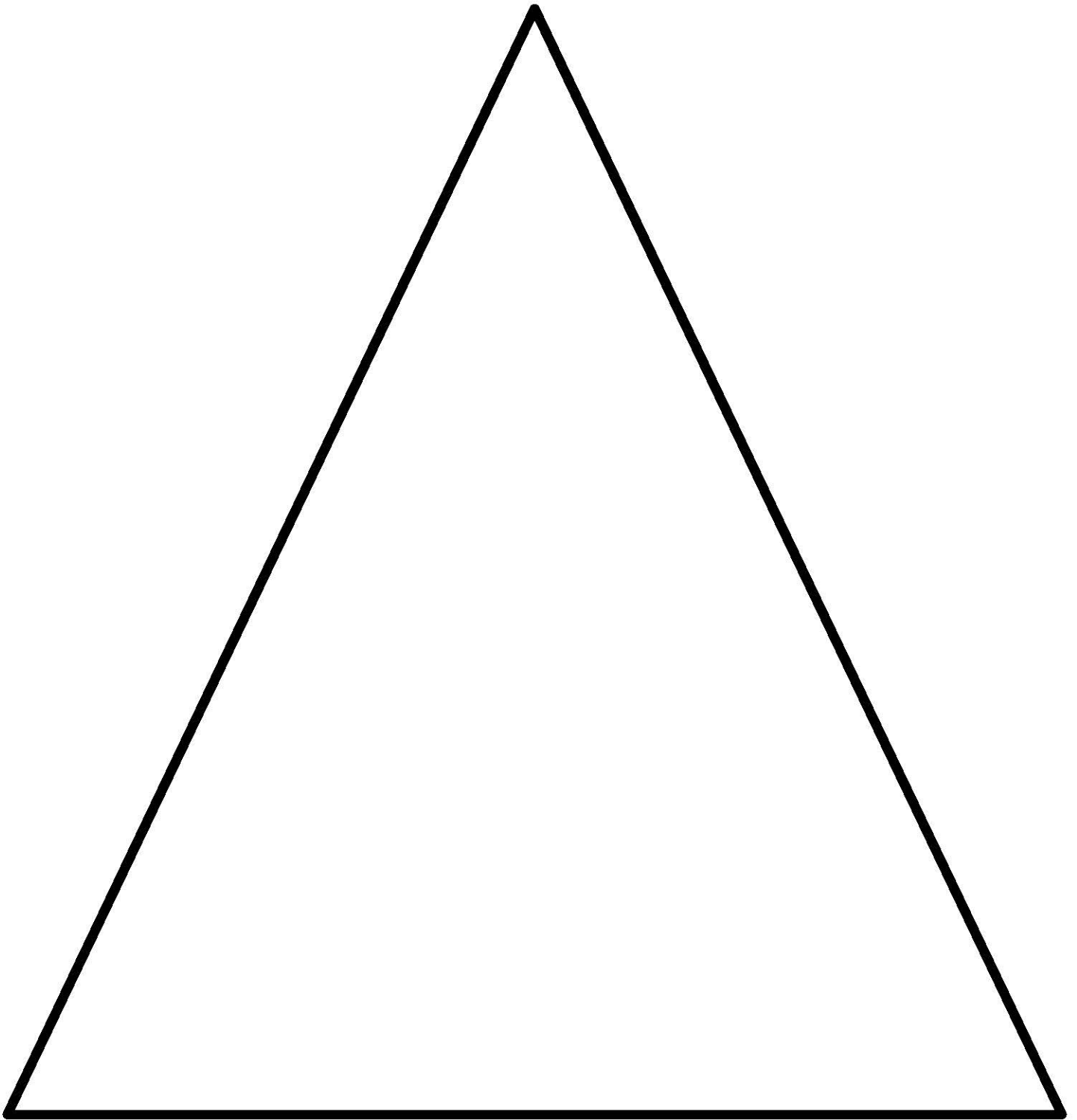
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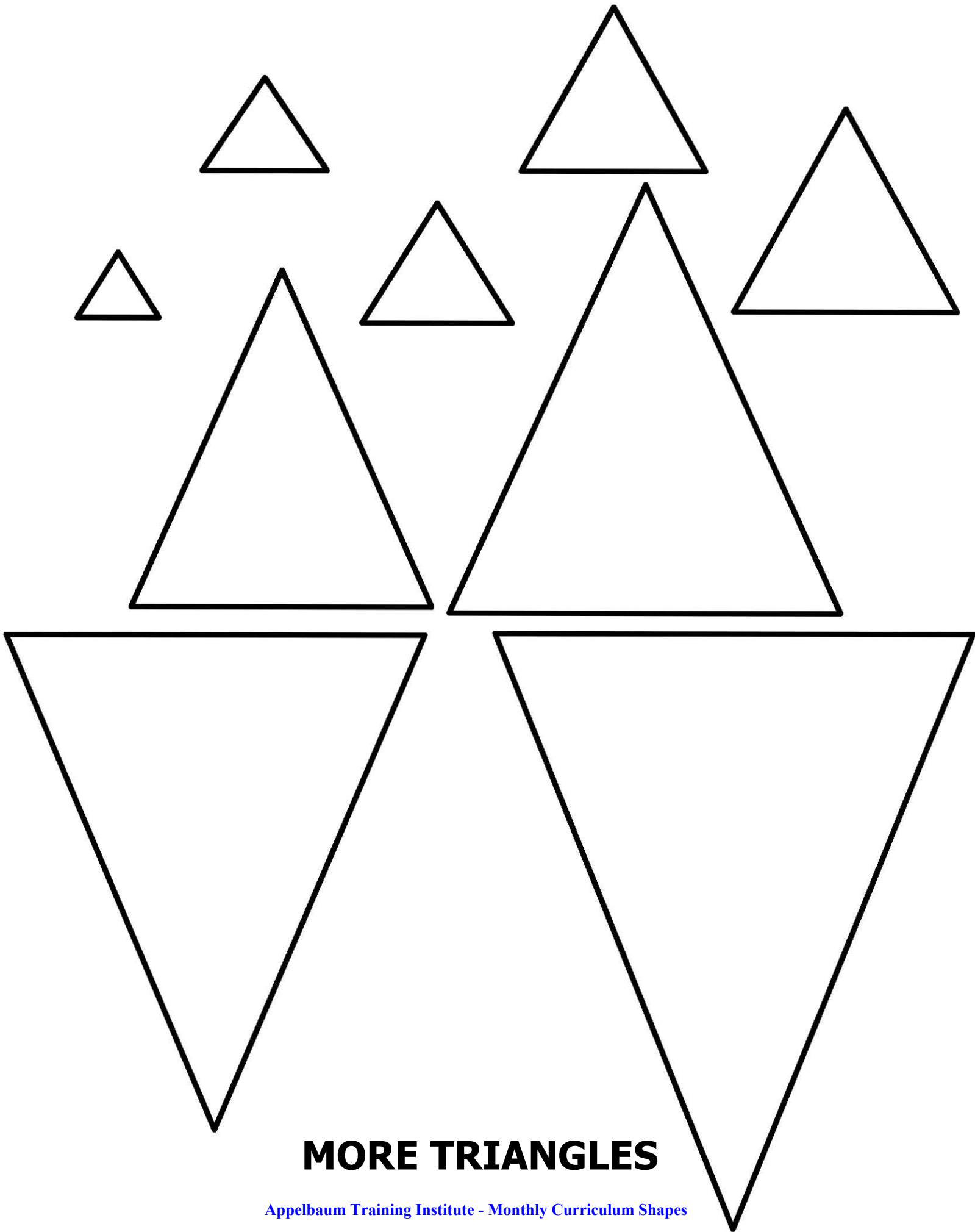
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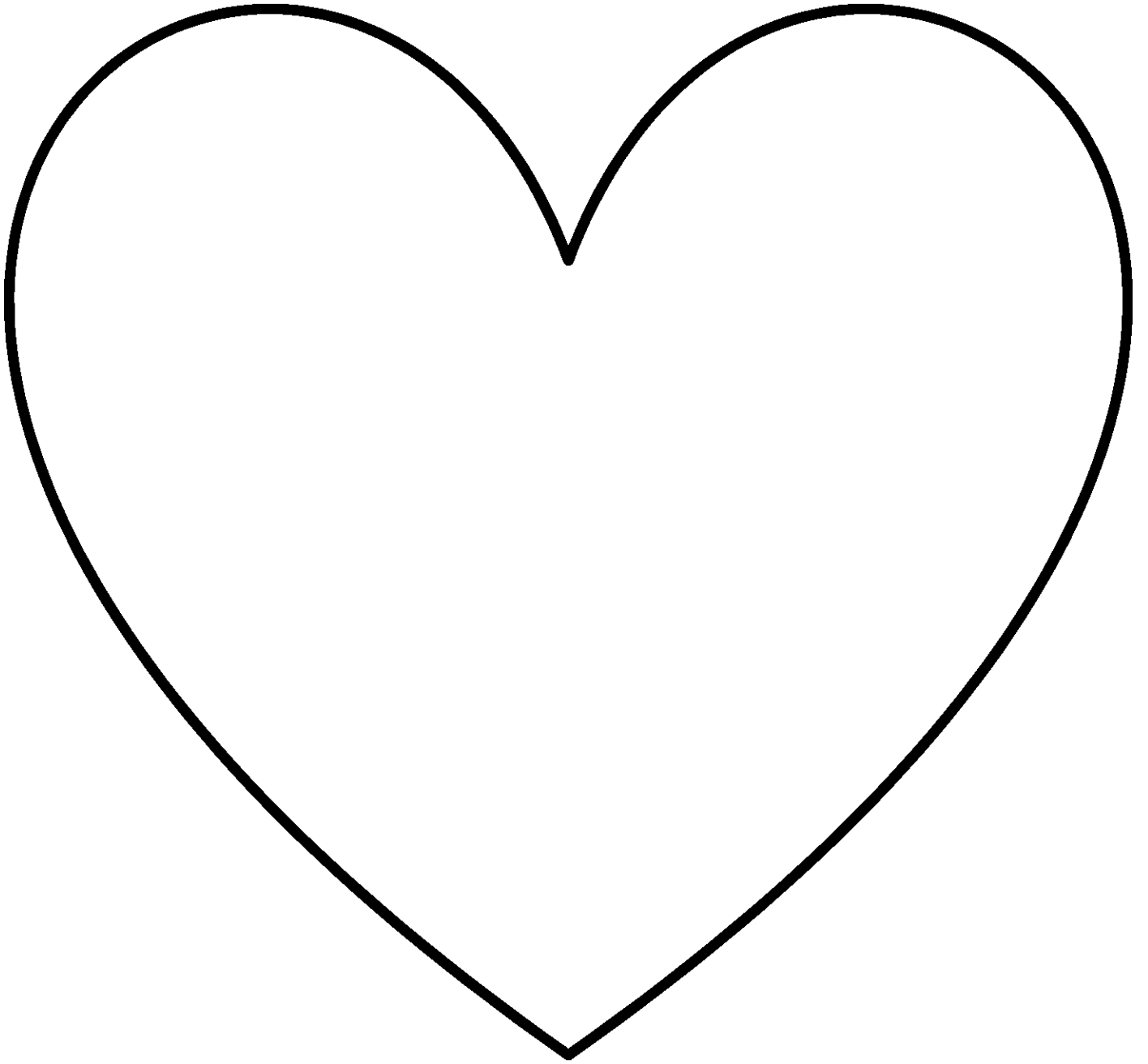
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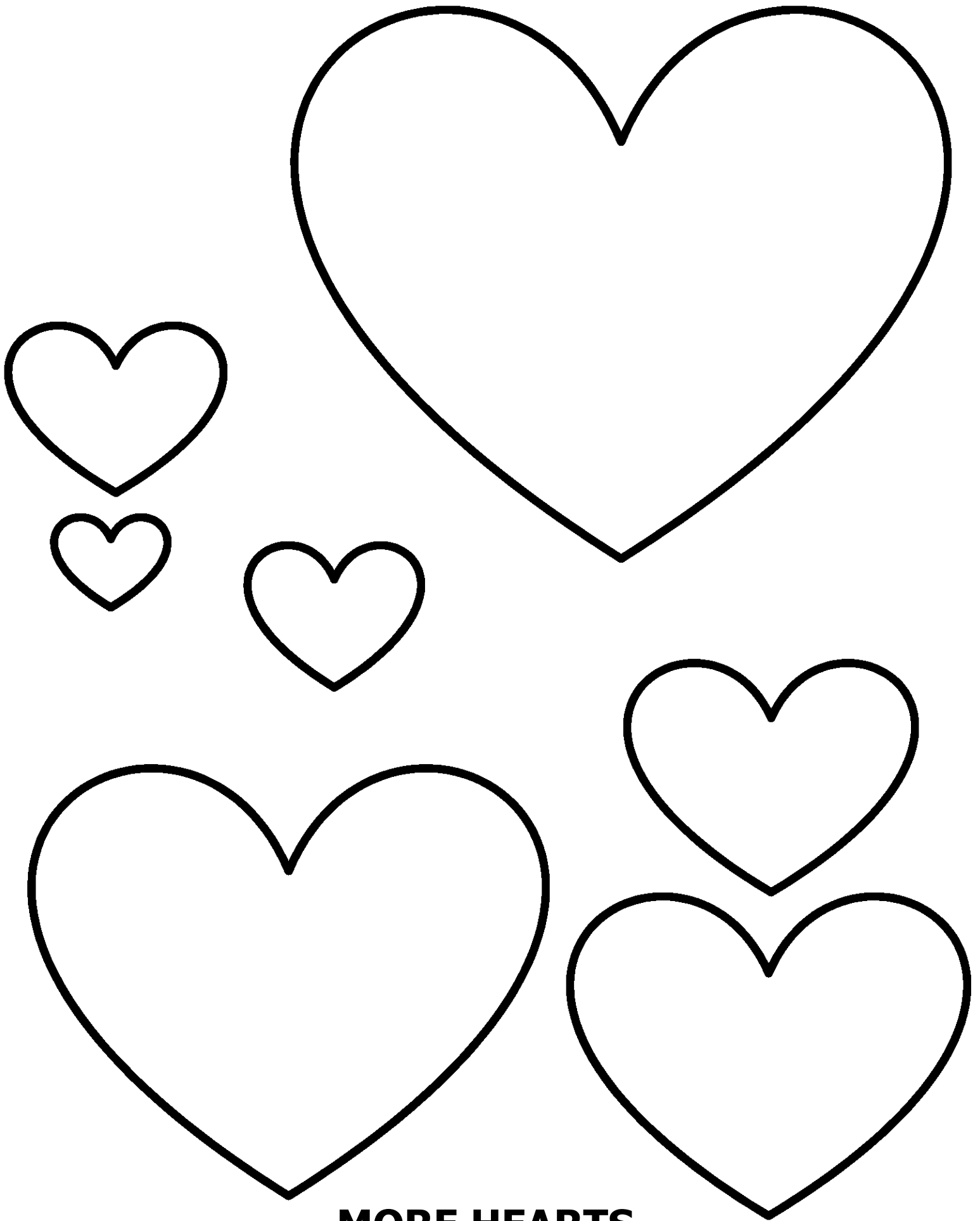
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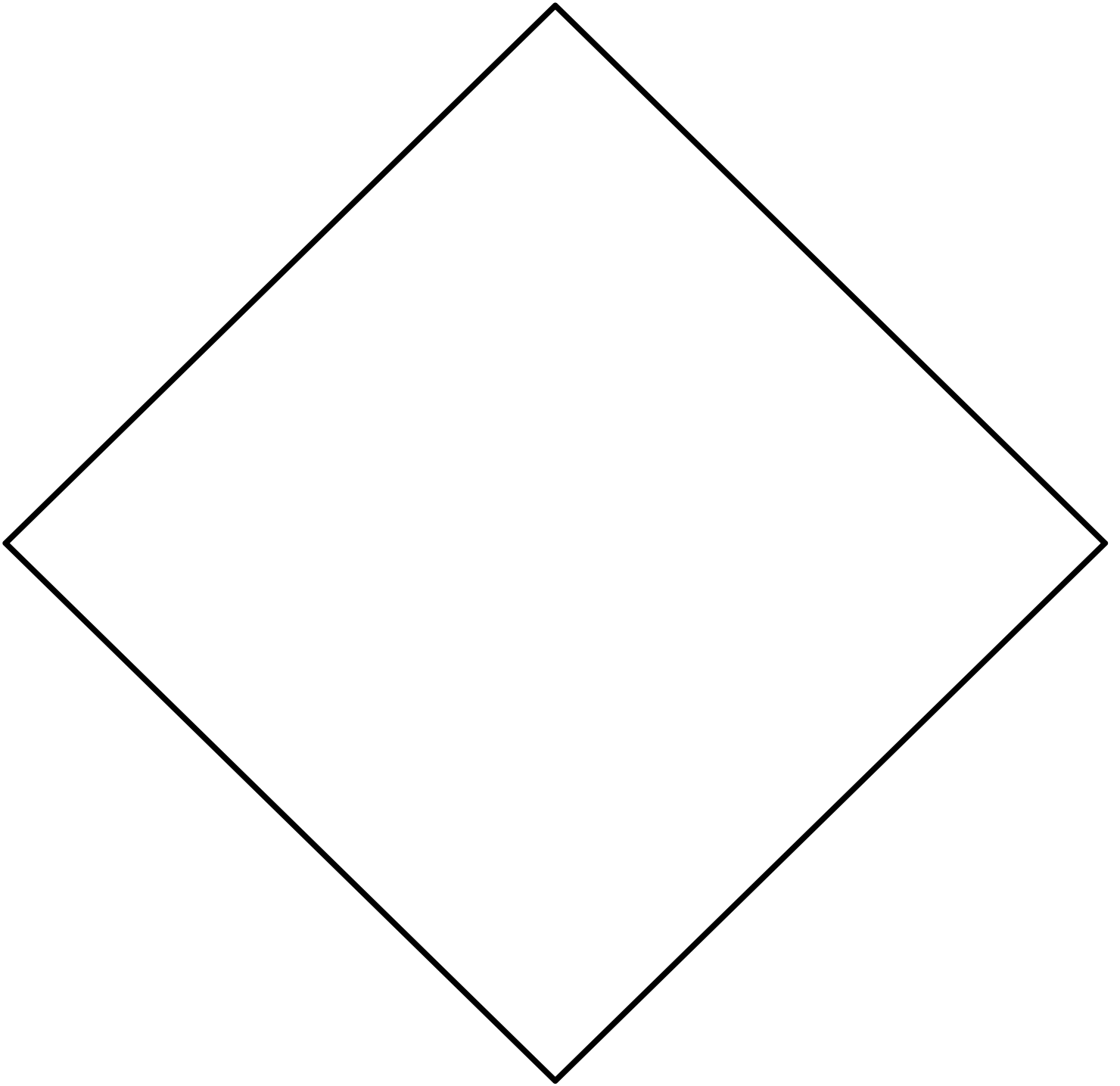
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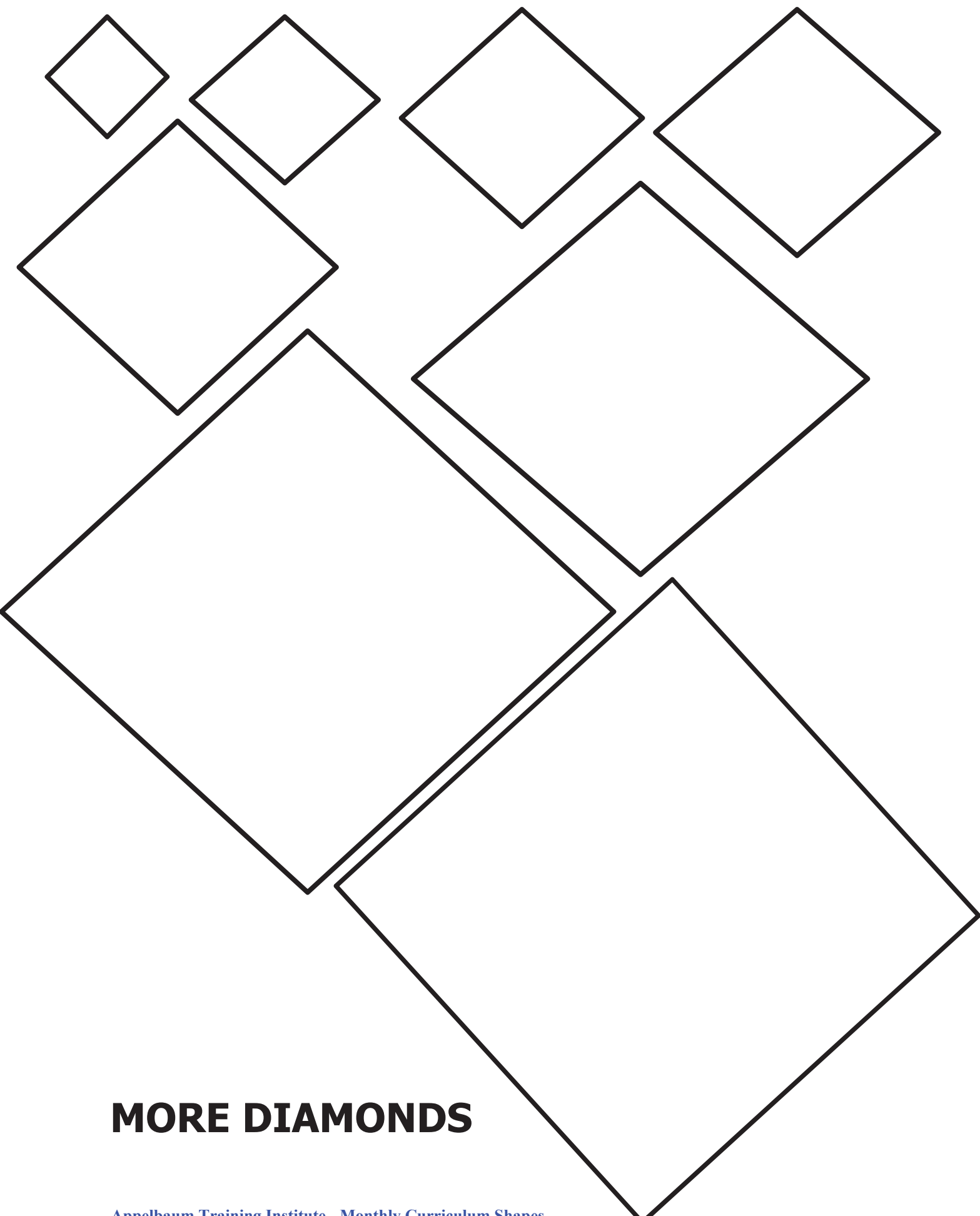


## **MORE HEARTS**



**DIAMOND**





# MORE DIAMONDS