

THE APPELBAUM

# DAILY CURRICULUM

Age 2



JULY

Dear Subscriber,

It's July! We are in the heart of summer. We have lots of activities for you and the children. We know that many of you will probably be closed for the 4th of July, but just in case you are open, we gave you some activities for July 4th and 5th.

Have a wonderful July filled with smiles, learning, love, and laughter.

Appelbaum Training Institute

**PS. We welcome you join the over 100,000 early childhood providers who get our free daily messages of classroom management tips and inspiration, Monday thru Friday from Maryln via email Go to <https://www.atiseminars.org/mfm>**

**PSS. Check out our online webinars for topics that interest you. Go to: [www.atiseminars.org](http://www.atiseminars.org)**

Below is a sample letter you can use to ask parents to bring some items from home to assist you with activities. Feel free to edit it based on your needs.



Dear Parents,

We have a great month planned for your children. Our July themes are:

- Red, White, and Blue
- Ocean Critters
- Wonderful Water
- Our Beautiful Sky
- Does It Jump, Wiggle, or Fly?

Here are a couple special requests for July:

- Please have your children bring a toothbrush from home by July 15th.
- Have them bring an old pair of white tube socks on July 25th.

Thanks so much. Looking forward to a great month. Thank you for sharing your child with us.

Sincerely,



## THE APPELBAUM DAILY CURRICULUM

Best practice activities during the COVID pandemic may vary depending on your location, community, or state.

Alter or eliminate activities as deemed necessary by local conditions, policies, licensing, government mandates and CDC guidelines.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Red, White, and Blue	"Parades" 	"Declaration of Independence" 	"Fireworks" 	"Flag-" 	"Statue of Liberty-" 
Week 2 Ocean Critters	"Whales" 	"Octopus" 	"Dolphins" 	"Starfish" 	"Lobster" 
Week 3 Wonderful Water	"Float a Boat/Ball" 	"Splish Splash" 	"Brushing Teeth" 	"Washing Hands" 	"Washing Hair" 
Week 4 Our Beautiful Sky	"Kinds of Clouds" 	"Sun" 	"Moon" 	"Stars" 	"Colors of the Sky" 
Week 4 Jump, Wiggle, or Fly	"Jumping Frogs" 	"Wiggle Worms" 	"Bees" 	"Fireflies" 	"Ladybugs" 

Remember to plan ahead and use alternative activities for those with food sensitivities/food allergies as needed.

# Theme for the Week



## Red, White, and Blue

### Activities for "Parades"

**Materials Needed:** Pictures of parades (provided), white 12X18 construction paper, red and blue paper to be torn, paper bowls, finger paints, ask children to wear red/white/blue colors to child care today, red and blue ribbon, stapler and staples.



#### CIRCLE ACTIVITIES

Have children line up and march to their places in the circle. Then they sit down for circle time. Explain that they were in a small parade coming to the circle today. Show them pictures of parades (provided). Tell them parades are when groups of people walk on closed streets to celebrate an event. They usually have instruments and costumes. Children pretend to play the drum. They sing: Marching, marching, people go marching in a parade. July 4 is almost here. There will be parades.



#### LANGUAGE-LITERACY

##### Letter Parade

Give each child a piece of a white 12X18 construction paper with the letter of their first name largely written in pencil. They trace over the letter with paste. Then they cover the letter with torn pieces of red and blue paper to create a textured letter shape. They parade around the room with their letters and take turns saying their names. Example: "My name is Sloan and my first letter is S."

#### FUN ART

##### Parade Drums

Children make drums to play in a pretend parade during Music today. Give each child two paper bowls. They paint and/or color the bottom sides of both bowls. Then staple the two bowls together around the rims to create a drum shape. They can drum on the bowls with their hands or plastic spoons.

#### MATH

##### Number Parade

Give each child a piece of white 12X18 construction paper with a large number from one to ten written on it. They tape the corresponding number of red and blue ribbon pieces to the paper. Then they line up in numerical order and parade around the room with their decorated number signs.

#### MUSIC-MOVEMENT

##### Sing Ten Little Friends (tune of "Ten Little Indians")

In advance, ask children to wear red, white and blue to child care today.

Beat drums from Art today while marching in a class parade:

One little, two little, three little friends. Four little, five little, six little friends. Seven little, eight little, nine little friends. Ten little friends celebrating today. One little, two little, three little friends. Four little, five little, six little friends. Seven little, eight little, nine little friends. Ten little friends singing Happy Birthday to the USA!

#### SOCIAL SKILLS

##### Marching Fun (Following Directions)

Have the children stand in a line. You are the line leader. Have them march in place and chant, "We are marching, we are marching, this is fun." Then have them copy you and march forward 3 steps and chant the marching chant. Then have them march backwards 3 steps and chant. Have them get a partner and hold hands facing each other and march in place chanting the marching chant.

"Celebrate the greatness in each child."



PICTURES FOR CIRCLE TIME

# Theme for the Week



## Red, White, and Blue

### Activities for "Declaration of Independence"

**Materials Needed:** Pictures of Jefferson writing drafts of the Declaration (provided), index cards, crayons, white construction paper, paint and/or crayons, stickers, calendar



#### CIRCLE ACTIVITIES

Show children the picture of Thomas Jefferson writing. Say, "He wrote an important paper called the Declaration of Independence that said the country we all live in, the USA, was free." Show a picture of him working on this paper (provided). Explain that they can be writers just like Thomas Jefferson. They are learning letters and how to use crayons and pencils. Children pretend to write something and chant: I am a writer. I am an artist. I am smart like Thomas Jefferson.



#### LANGUAGE-LITERACY

My Name is \_\_\_\_\_. Place each child's name pre-written on individual index cards in the center of the circle. Also, have the name Thomas Jefferson on a card. Have children take turns finding their name. Help them as needed. When the card with Thomas Jefferson is left, pick it up. Say, "This is the name Thomas Jefferson. He was the third president and wrote The Declaration of Independence." Then go around the circle and have them practice saying, "My name is \_\_\_\_\_. I am a special kid. I can write and color, too." (They can change the sample descriptions of themselves if they choose.)



#### FUN ART

Free Design

Tell the children that Thomas Jefferson helped write something that no one ever wrote before. Now you get to make something that is special to you. Pass out white construction paper and children paint or color anything they want. When they are finished, tell them all, "You can draw and create just like Thomas Jefferson did."

#### MATH

Birthday Math Learning About Calendars)

Remind children that July 4<sup>th</sup> is the birthday of the USA because that is the day the Declaration of Independence was signed many years ago. It is 244 years old this year (1776-2020). Children show on their fingers how old they are. Tell them the month and day of their birthdays. Go through a 2024 calendar and have each child put a sticker on their birthday on the calendar. Sing the months of the year from January to December.

#### MUSIC-MOVEMENT

Sing and Act Out Declaration Dance

Oh how we love the USA. So, let's shout, "Yay!"

Hop, skip, jump. Jefferson wrote with his fingers and thumb. (Tap thumbs together.) The USA is free because the Declaration was for you and me! Skip, jump, hop. Do a flip flop. (Roll on floor.)

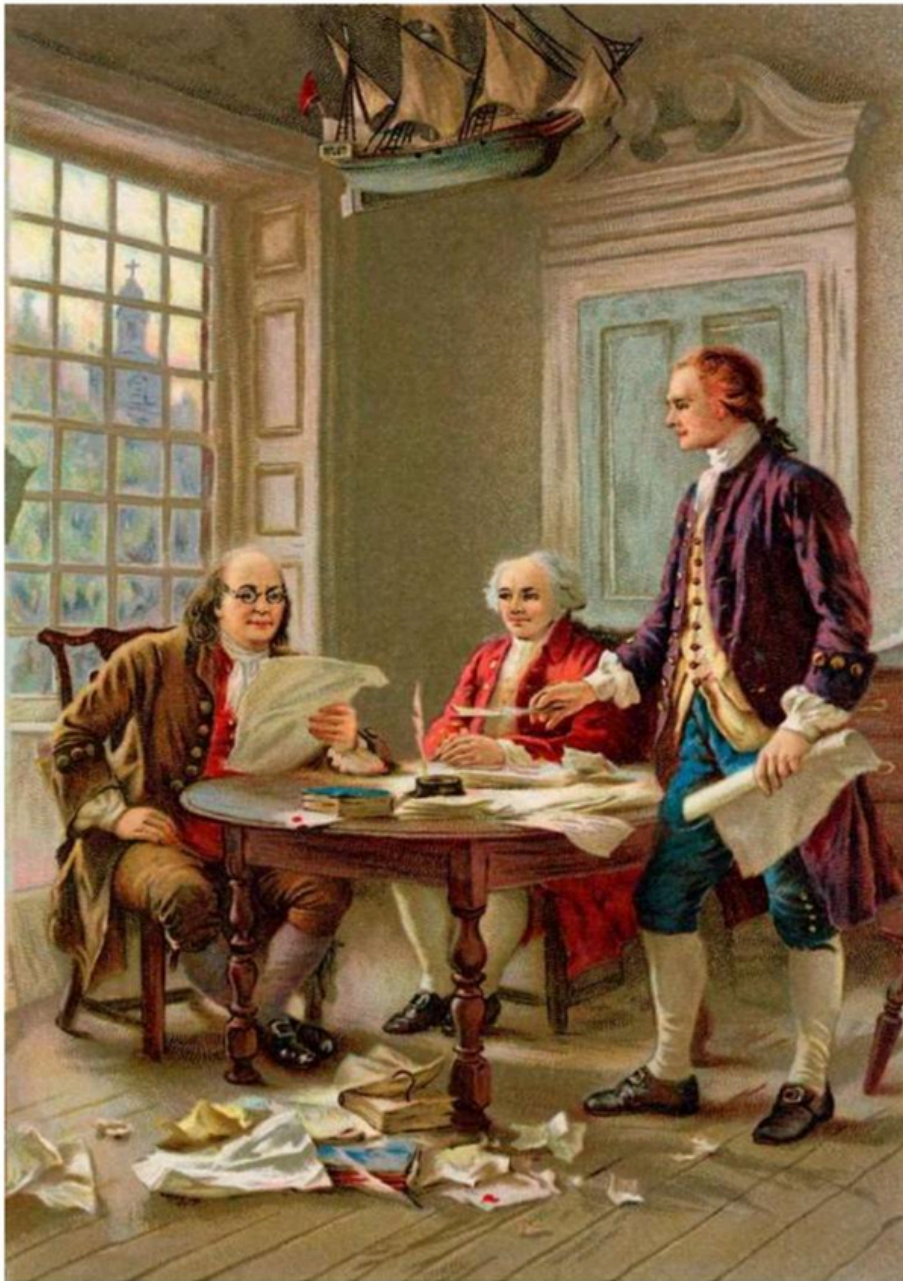
#### SOCIAL SKILLS

I am Independent (Building Confidence)

Children take turns sharing something they can do all by themselves like: put on shoes, brush their teeth; hold a spoon; etc. After each child shares, the other children clap for him/her.

Chant: We can do things independently! That means - all by ourselves.

"ATi declares teachers are difference makers."



PICTURES FOR CIRCLE TIME

# Theme for the Week



## Red, White, and Blue

### Activities for "Fireworks"

**Materials Needed:** Pictures of fireworks (provided), Black construction paper, paste, foil, white crayon, red white and blue construction paper, glitter, wax paper, scissors



#### CIRCLE ACTIVITIES

Ask children what they have seen in the sky. Planes, clouds, birds, etc. What have they seen in the night sky? Moon, stars, etc. Have they ever seen fireworks? Explain that fireworks are often in the sky on the birthday of the USA. They make a loud boom and pop sound. Children clap their hands and say, "Boom. Pop." Show them pictures of fireworks (provided).



#### LANGUAGE-LITERACY

##### Shiny Names in the Night Sky

Give each child a piece of construction paper. Write their names on the construction paper using white crayon. They fingerpaint paste over each letter. Then they press pre-cut foil pieces over the letter shapes to make each letter shine.

#### FUN ART

##### Patriotic Art

Cut up in advance small pieces of red, white, and blue sheets of paper. Give each child a piece of black construction paper. They make designs with paste using their red and white blue pieces of paper.

#### MATH

##### High Ten for Fireworks

Trace both hands of each child onto black construction paper and then cut out their hand shapes. Have them count with you the number of their cut out fingers from one to ten. Children squirt paste on each paper finger while counting from one to ten again. Add a dollop of paste to their paper palms. Lastly, they sprinkle glitter over the paste to create firework hands.

#### MUSIC-MOVEMENT

##### Chant and Act Out Fireworks

Fireworks go boom, boom, boom! (Stomp feet loudly three times.)

Fireworks go zap, zap, zap. (Snap three times.)

Fireworks make me clap, clap, clap. (Clap three times.)

Fireworks are fun, fun, fun on the Fourth of July. (Shout "Yay!")

#### SOCIAL SKILLS

##### Stay Safe Near Fireworks (Fire Safety)

Tell children that fireworks are colorful and pretty to see in the sky. Explain that they must always have an adult with them and sit far away from the fireworks show because fire is used to light the fireworks. Children take turns naming an adult who can watch fireworks with them. They chant: Far back from fireworks.

"Your smile is like a firework - lighting up a dark day for others."





**PICTURES FOR CIRCLE TIME**

# Theme for the Week



## Red, White, and Blue

### Activities for "Flag"

**Materials Needed:** Picture of a flag (provided), construction paper, paints, bag filled with objects that are red, white, and blue for Math



#### CIRCLE ACTIVITIES

Cut out a picture of a flag (provided) for each child. They hold their flags and say, "This is a flag. It is red, white and blue?" Say, "You are holding a flag for the United States of America. Tell me the colors again." They repeat the colors.  
Chant: Our flag has red, white and blue.



#### LANGUAGE-LITERACY

**Word of the Day:** stripes

Show children a real flag or a picture of a flag again. Point to a red stripe and trace your finger across it. Say, "This red line is called a stripe." Repeat with the white lines. Look for stripes on any of the children's clothing. They take turns pointing to a stripe on the flag or a piece of clothing and say, "This is a (color) stripe."



#### FUN ART

**Striped Art**

Children create a piece of striped art. They choose two or three colors and cover a piece of construction paper by finger painting stripes across it.

#### MATH

**Color Sort**

Fill a bag with a variety of objects that are red, white and blue. Children take turns pulling an object out of the bag. They say, "This is blue," and place it in a blue pile. Continue until all objects have been taken from the bag and placed in the correct pile. Count how many of each object. Which color has more, less, the same?



#### MUSIC-MOVEMENT

**Sing Look at Our Flag (tune of "You're a Grand Old Flag")**

Children wave their flags made in Art today while singing and marching:

See our grand old flags. Look at our flying flags. And forever their colors will wave.

Red, white and blue for you and for me.

The flag of the U, S of A.



#### SOCIAL SKILLS

**I Pledge Allegiance (Showing Respect)**

Tell children that standing with their hands over their hearts is a way to show respect. Have them practice standing, placing their hands over their hearts and saying, "I pledge allegiance to the flag." They can look at the class flag or a flag they made in Art today.



"Children learn respect by watching others' actions."



**FLAG FOR CIRCLE ACTIVITY**

# Theme for the Week



## Red, White, and Blue

### Activities for "Statue of Liberty"

**Materials Needed:** Picture of the Statue of Liberty (provided), paper plates, green paint, yellow and orange tissue paper, tape



#### CIRCLE ACTIVITIES

Show children a picture of the Statue of Liberty (provided). Say, "This is a very special statue that came to the USA as a gift. She welcomes people to the USA." Children stand up like a statue and say, "Welcome to the USA."



#### LANGUAGE-LITERACY

**Word of the Day: still**

Tell children that statues are very still. Say, when something or someone is still they do not move. Have children walk around the room slowly. Say, "Be still please." All children stop, freeze in place, and practice being still. Repeat with having them dance, stop, be still. Got to a center, stop, be still.



#### FUN ART

**Statue of Liberty Torch**

Children paint a paper plate green. Cut it in half. Roll the half plate into a cone shape and tape it closed. Stuff with yellow and orange tissue paper coming out of the paper plate to be a pretend torch. Save for Music today.



#### MATH

**The Liberty Leader**

You pretend to be the Statue of Liberty. Tell them that you will be a moving statue. Have them watch you and repeat. They jump one time, bend down two times, shake hands three times, wave four times, smile five times, etc. Continue with different actions increasing your count by one each time.



#### MUSIC-MOVEMENT

**Statue of Liberty Exercise Class**

Children stand like the Statue of Liberty in a circle. Say, "Let's help our statue exercise." Give directions for the children to follow such as, "Nod your head." "Turn in a circle." "Touch your toes." "Jump up and down." As the directions are given, the children move. This is great for listening, following directions and playing together.



#### SOCIAL SKILLS

**Welcoming Torch**

The Statue of Liberty is on an island and holds a torch up high in her hand. When people come to America on a ship, they see her holding her arm out in welcome. Have children get partners A and B. B holds a pretend torch from Art today while A walks toward B. B says, "Welcome to our class." Then A and B reverse roles.

"Teach children to give gifts from their hearts: kind words, hugs and sweet smiles."



**STATUE OF LIBERTY FOR CIRCLE ACTIVITY**

# Theme for the Week



## Ocean Critters

### Activities for "Whales"

**Materials Needed:** Pictures of whales (provided), magnet letter w, whale shape (provided), heavy paper, foil, safety scissors, paste, blue fingerpaint, light blue construction paper, plain paper, 15 paper whales (provided), for each child, 100 feet of masking tape or string, pencils



#### CIRCLE ACTIVITIES

Children name the largest item in the classroom. What is the largest object outside? Explain that whales are the largest animals on Earth! Show children pictures of whales (provided). Point out the whale's tail picture. Explain that they swim in the water and jump out high for a breath of air. Children pretend their arms are whales. They push their arms down like going under water for a swim and then back up for a breath of air. Chant: Whales are super big and live in the ocean.



#### LANGUAGE-LITERACY

##### W is for Whale

Show children a magnetic letter W. Explain that W is the first letter for whale. Find items in the room that start with W like window, water, wastebasket, watch, wall, etc. Children act out a story with W words. Examples: \*A big whale was wet in the water. He could not go swimming in a wastebasket because it was too big for a wastebasket. \*I would like to look out the window and watch a whale, but I can only watch a whale in the ocean water.



#### FUN ART

##### Shiny Whale

In advance, copy a whale shape (provided) onto heavy paper and cut it out. Children place the whale cut out onto foil. Help them trace around it with a pencil. Help them cut out the shape with safety scissors. Next, they finger paint an ocean with dark blue finger paint onto light blue construction paper. Paste the foil whale shape in the painted ocean.



#### MATH

##### Ocean Animal Number Book

Give each child five pieces of paper. Number the pages from one to five. Give each child 15 paper whales (provided). They paste one whale on the number one page, two whales on the number two page, etc.



#### MUSIC-MOVEMENT

##### Chant and Act Out Riding on a Whale

I'm riding on a whale with my friend named\_\_\_\_\_. (Sing 2X.)

(Point to friend beside them and say their name.)

Oh, oh, oh, up the whale rises. (Point hands into the air.) Oh, oh, oh, up the whale rises.

Out of the water to breathe some air. (Take a deep breath.)

#### SOCIAL SKILLS

##### Longer Than All of Us! (Working Together)

Explain to children that a whale can be over 100 feet long. Measure each child's length.

How many feet are they? To help them visualize 100 feet, stretch 100 feet of masking tape or string across the playground. Children lay head to toe across the marked area. There will still be several feet left. They chant: We worked together to see the size of a whale.

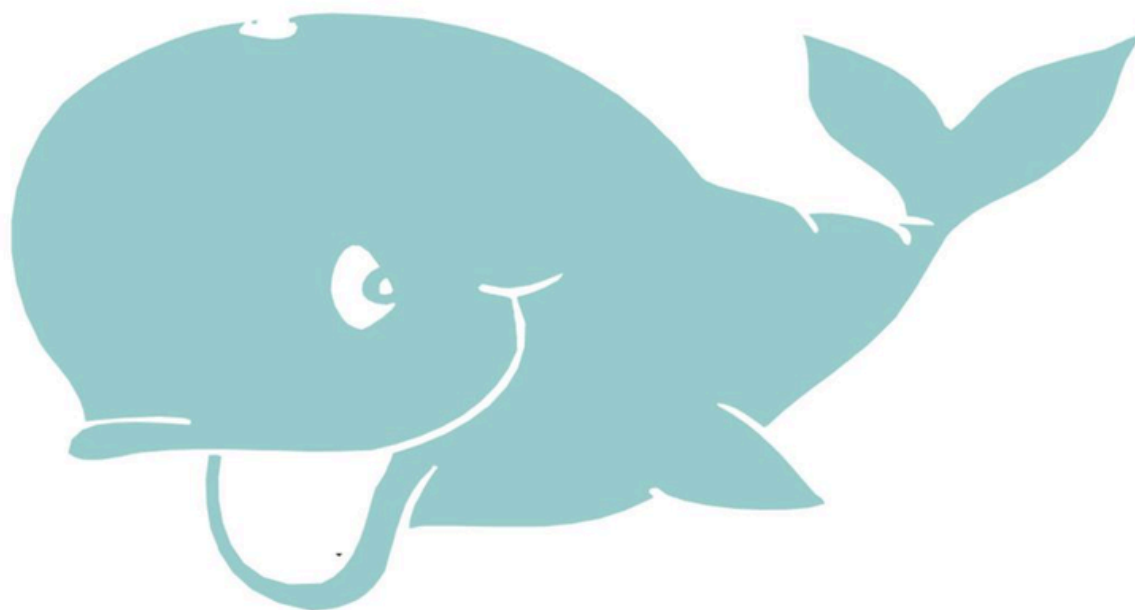


"Sing along with children every day."



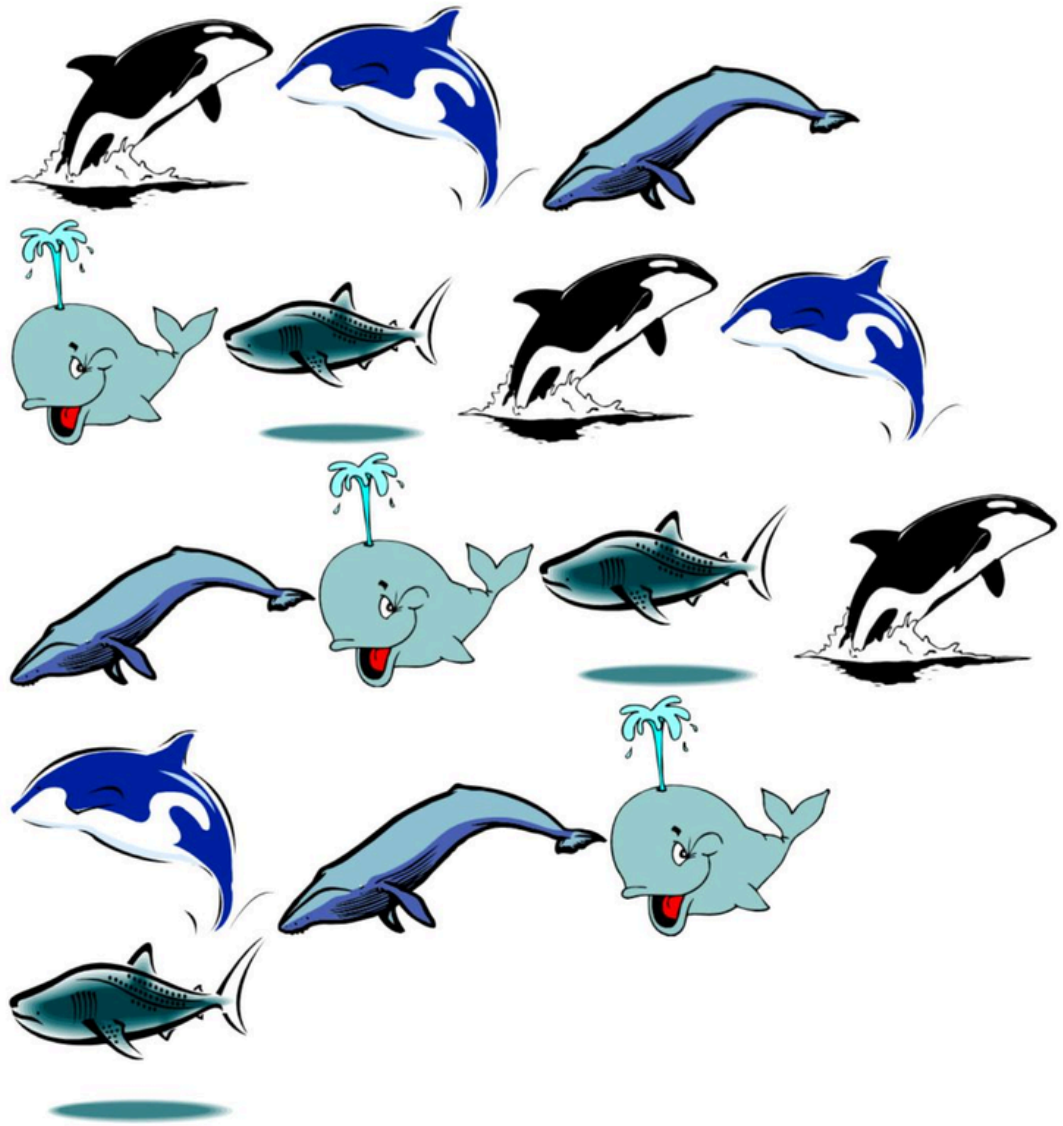
**PICTURES FOR CIRCLE AND LITERACY**

**Copy this whale shape onto heavy paper. Cut it out to use as a stencil for the art activity.**



**PICTURE FOR ART ACTIVITY**





PICTURE FOR ART MATH

# Theme for the Week



## Ocean Critters

### Activities for "Octopus"

**Materials Needed:** Picture of octopus (provided), magnetic letters, pipe cleaners, colored construction paper, fingerpaints, Cheerio cereal, paper circle (provided), dice



#### CIRCLE ACTIVITIES

Have children touch their ears. Show children a picture of an octopus (provided). Where are the ears on the octopus? Octopuses do not have ears. They are deaf. They can see, touch and taste though. Children touch their eyes and pat their heads. Explain that octopuses can see very well in the dark ocean and they are very smart ocean animals. Chant: Eight legs and zero ears. That is what an octopus has!



#### LANGUAGE-LITERACY

##### Legs of Letters

Bundle eight pipe cleaners together to resemble octopus legs for each child. Help each child pick out the letters of their names from magnetic letters. Attach one letter to each leg. If their name is longer than eight letters, add a leg and call it a unique octopus.)



#### FUN ART

##### Changing Colors

Tell children that octopuses have a special ability to change colors to blend in with their surroundings. Give each child a different color of construction paper. They finger paint an octopus the same color as their paper. While the paint is still wet, they place cheerios on the legs to be suction cups. Tell them that the suction cups are used to help them move and to taste.

#### MATH

##### How Many Legs on the Octopus?

Give each child a paper circle (provided) to be a pretend octopus head. They roll a die, count the dots and add that number of pipe cleaner legs to their octopus heads. They roll again and add more legs. How many legs does their octopus have now?

#### MUSIC-MOVEMENT

##### Backwards Swim Dance

An octopus is very good at swimming backwards. Children slowly walk backwards, moving their arms, pretending to be an octopus swimming in the ocean. They sing:  
Have you seen an octopus on the floor of the ocean? It can swim all around with eight arms in motion. It lives among coral and rocks. I wonder if it wears eight tiny socks!

#### SOCIAL SKILLS

##### What Makes You Turn White? (Understanding Emotions)

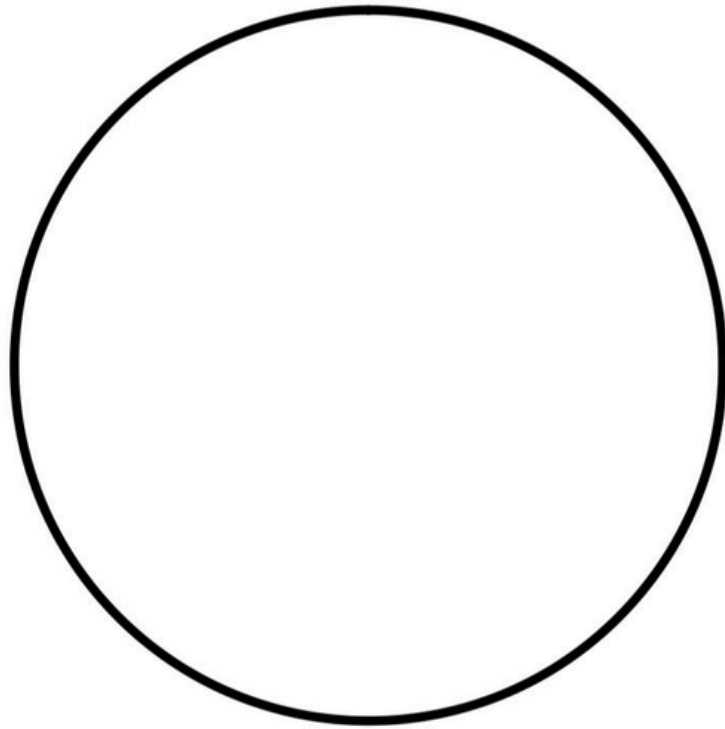
Explain to children that octopuses turn white when they are scared. Explain that people do not change colors when they are scared, but their bodies get tense and their facial expression changes. Children take turns sharing something that scares them now or has scared them. What can they do when they feel scared? They can talk to an adult, get a hug, hold a stuffed animal, yell for help, etc.

"Teachers are like an octopus - able to reach and touch so many areas."





**PICTURE FOR CIRCLE TIME**



**OCTOPUS HEAD FOR MATH**

# Theme for the Week



## Ocean Critters

### Activities for "Dolphins"

**Materials Needed:** Pictures of dolphins (provided), fingerpaints, light blue 9X12 construction paper, light and dark blue tissue paper, paste, dolphin shape for Art (provided), gray watercolors, paintbrushes, tape



#### CIRCLE ACTIVITIES

Tell each child something they do that is friendly. Show children pictures of dolphins (provided). Explain that dolphins live in the ocean too, and are very friendly ocean animals. They are part of the whale family and also come up for air. Sing: Dolphins swimming in the sea. Sweet friendly dolphin, would you swim with me?



#### LANGUAGE-LITERACY

##### Dolphin Friend Introductions

Children take turns holding their dolphins from Art today while introducing themselves to the dolphin. They say, "Hi friendly dolphin, my name is \_\_\_\_\_."

#### FUN ART

##### Dolphin in the Water

Children place a yellow handprint in the top left corner of light blue 9X12 construction paper to be a sun. They tear several pieces of light and dark blue tissue paper and paste them on the 9X12 paper, being sure to cover the bottom half of the paper to be the ocean. Next, the children each receive a pre-cut dolphin shape (provided). They paint it with gray watercolor. Then they tape their painted dolphins on the 9X12 paper to be jumping out of the water. Save for Literacy today.

#### MATH

##### Pretending to Be Dolphins Counting

Remind children that dolphins are friendly and they like to leap out of the water. Have the children get on the floor with their heads and arms down, and then have them leap out of the pretend water. Count how many children leaped out of the water. Then tell all the children who are wearing blue, to leap out of the water like a dolphin while the other children watch. Count how many leaped out of the water. Have children who are wearing red, leap out of the water. Count how many leaped out of the water. Have the children compare. Which group had more, the blue or the red? Continue doing this with other colors.

#### MUSIC-MOVEMENT

Sing I'm a Little Dolphin (tune of "I'm a Little Teapot") I'm a little dolphin, in the sea. Here is my big tail, here is my fin. When I get all happy, hear me shout, Jump from the water I am out!

#### SOCIAL SKILLS

##### We are Dolphin Friends (Working Together)

Children link arms with a partner. They pretend to swim across the room by "jumping in and out of water" like dolphins. When they reach the end of the room they say, "We are friendly dolphin friends! Let's swim again."

"Play with children every day."



**PICTURE FOR CIRCLE TIME**



**DOLPHIN FOR ART ACTIVITY**

# Theme for the Week



## Ocean Critters

### Activities for "Starfish"

**Materials Needed:** Pictures of star shapes and starfish (provided), Cheerio cereal, bowls and/or food processor, non-toxic paste, t-shirt boxes (one per two children), blue finger paint, masking tape



#### CIRCLE ACTIVITIES

Show children a picture of a star (provided). Count the five points. Ask them to name the shape. Explain that there is an animal that lives on the ocean floor that looks like this star. It is a starfish. Show children pictures of starfish (provided). Count all five legs. Starfish cannot swim like fish. They have grippers on the bottoms of their legs that help them move on the ocean floor. Have children look closely at the small circles on the picture of the bottom of the starfish. Chant: Starfish look like stars and do not swim like big fish.



#### LANGUAGE-LITERACY

##### Star Letters Match Up

Print ten star shapes (provided). Letter each point A, B, C, D, and E. Children move the stars around to match points. The A point on one star touches the A point on a second star. Then the B point from a third star can touch the B point on the first or second star. After making several letter matches, label a new set of stars with F, G, H, I and J. Continue through Z.



#### FUN ART

##### Cheerio Stars

Children mash Cheerio cereal by smashing it in a bowl or watching you crush it in a food processor. Then they paint paste using non-toxic paste over a star shape (provided). They cover the star shape with crushed Cheerios. They hold their Cheerio starfish and chant: Starfish, starfish, tell a story to me. Tell me about the fish swimming in the deep blue sea. Save for Music today.



#### MATH

##### Ocean Floor of Starfish

Give each child one part of a t-shirt box. They finger paint the entire inside area blue to be a pretend ocean. Then they number each box a different number. They place one paper starfish (previously provided) in the number one box, two paper starfish in the number two box, etc. They can also use their starfish from Art today too. They can use different sizes of paper starfish and name how many are small and how many are big in each ocean box.



#### MUSIC-MOVEMENT

Sing I'm a Little Brown Starfish (tune of "Mary Had a Little Lamb")

Hold starfish from Art today while singing: I'm a little brown starfish, Brown starfish, brown starfish. I'm a little brown starfish. Walking the ocean floor.



#### SOCIAL SKILLS

Walking Across the Ocean (Working Together and Listening Practice)

Tape six star shapes with masking tape on the floor. Tape a picture of a different ocean animal (previously provided) in each one. Children hold hands with a partner and take turns

"walking across the ocean" as they name the ocean animal. You can see children play a version of this game with shapes at this link:

<https://www.youtube.com/watch?v=0VKj9n0ip2M>

"Teachers help children become shining stars."

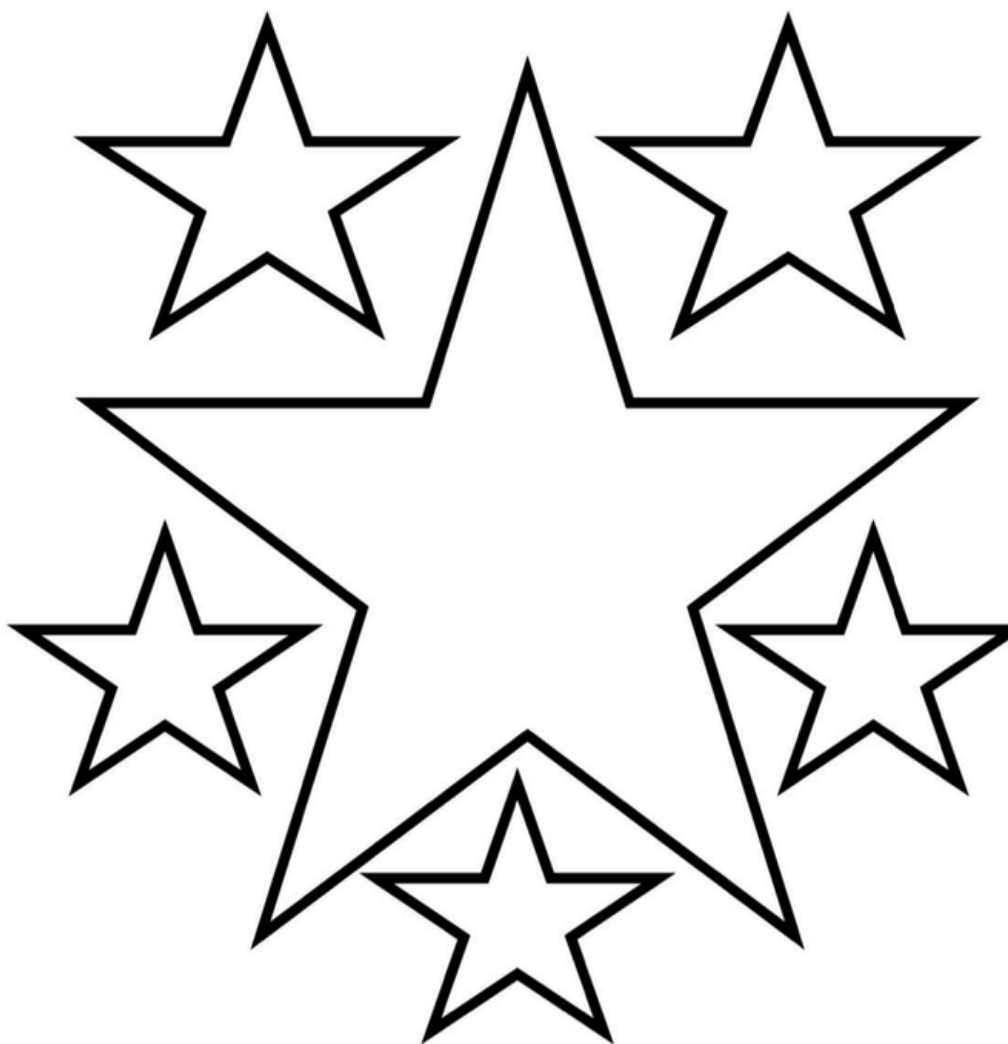




**PICTURES FOR CIRCLE TIME**



**STAR FOR ART AND MATH**



**STAR FOR CIRCLE TIME, LITERACY AND MATH**

# Theme for the Week



## Ocean Critters

### Activities for "Lobster"

**Materials Needed:** Pictures of star shapes and starfish (provided), Cheerio cereal, bowls and/or food processor, non-toxic paste, t-shirt boxes(one per two children), blue finger paint, masking tape



#### CIRCLE ACTIVITIES

Tell children there is an animal in the ocean that has no tongue. It uses its feet to taste! Children point to their tongues and say, "I can taste with my tongue." Show them pictures of lobsters (provided). Say, "Lobsters do not have tongues. They taste with their feet." Children move their feet across the floor. Chant: Lobsters live in the ocean and they taste with their tongues. They catch their food with their two pinchers.



#### LANGUAGE-LITERACY

Recognizing Sounds of Letters & Identifying Ocean Animals

Tape pictures of the ocean animals from this week (previously provided) on the backs of chairs scattered around the room. Write the name of the animal on a paper under the animal picture. Call off an ocean animal that begins with the sound, "l-l-l. Have them line up behind the chair with the picture. They say, "This is a lobster." Repeat with w-w-w for whale, o-o-o for octopus, d-d-d for dolphin, and s-s-s for starfish.

#### FUN ART

Lobster Pinchers and Feet

Children first water color a piece of 9X12 white construction paper blue. Let it dry. They dip one foot into red washable paint to make a footprint on the bottom center of their ocean painted paper. They finger paint eight legs off of their footprints (the lobster's body). Then they place two red handprints above their footprints to become the lobster's pinchers. Add antennae and googly eyes. See photo sample (provided) as a guide.

#### MATH

Counting Lobster Cards

Number ten papers from one to ten. Print several small pictures of lobsters (provided). Pre-cut the pictures. Children paste the lobsters onto numbered papers to correspond with the number pre-written on the index card.

#### MUSIC-MOVEMENT

Animal Moves

Tape pictures of a whale, octopus, dolphin, starfish and lobster (previously provided) to the floor. Children dance around to music. When the music stops, they stand by a picture and move like that animal. Whale - jump out of the water Octopus - wiggle eight fingers around in air Dolphin - swim around the room moving body up and down Starfish - Place open high fives on the floor and move their hands Lobster - move two hands like pinchers

#### SOCIAL SKILLS

Breathing Legs (Practice Deep Breathing for Calming Down)

Tell children that lobsters use their legs to breathe. They do not have noses. Children breathe in and out with their noses. They sit with their legs stretched out. They lift their legs up and down to pretend they are breathing in and out like a lobster.

"Teachers provide a safe harbor for children."

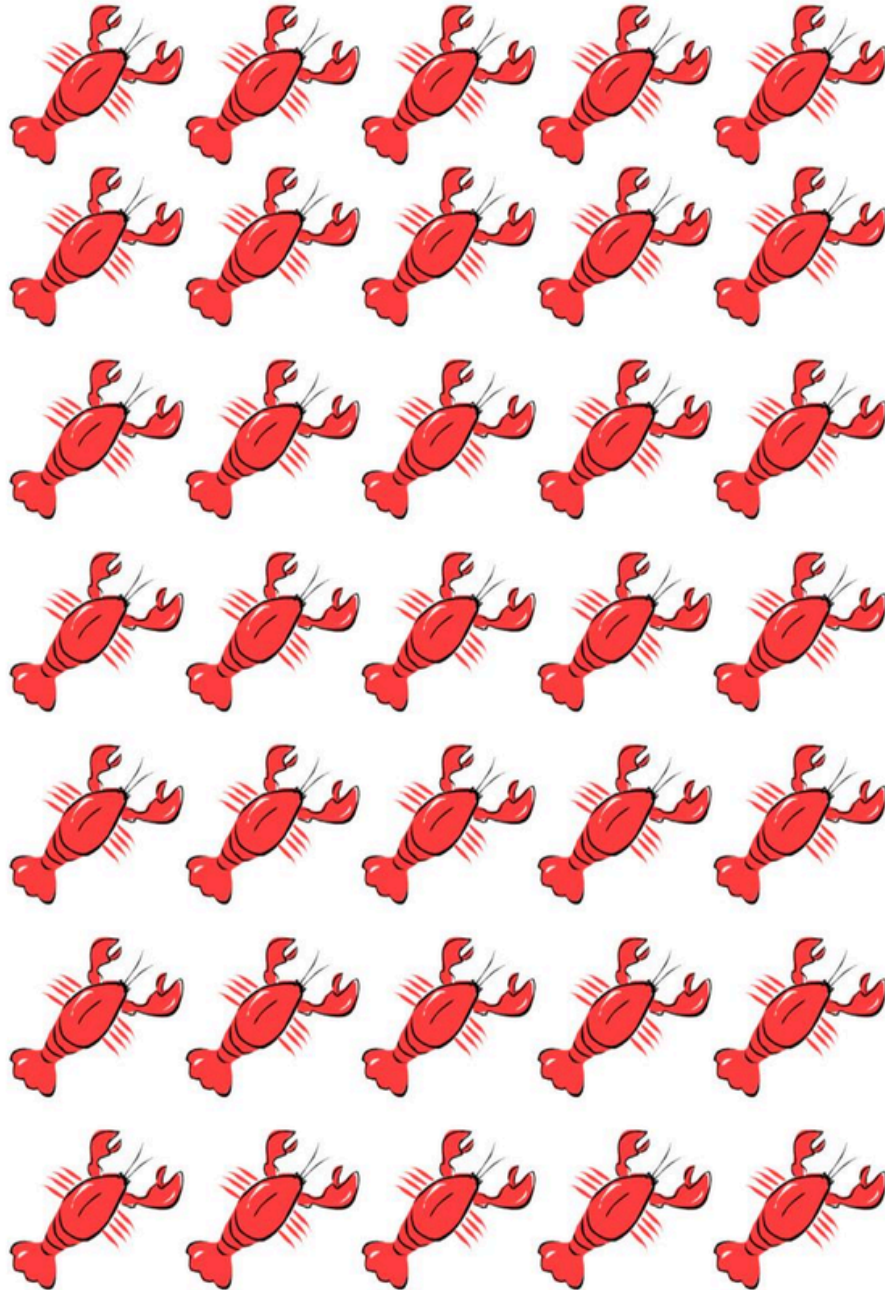


PICTURES FOR CIRCLE TIME



PHOTO SAMPLE FOR ART

**Print two copies for math**



**PICTURES FOR MATH**

# Theme for the Week



## Wonderful Water

### Activities for "Float a Boat/Ball"

**Materials Needed:** Pan of water, ball that floats, toy boat to float, objects to sink and float in Literacy, clean sponges, water colors, paintbrushes, pre-cut small square papers for Art, pipe cleaners, water droppers, small paper bowls, hula hoop, small ball to toss for Social Skills



#### CIRCLE ACTIVITIES

Show children a small ball. Ask them to say what the object is. Then show them a toy boat. Ask them to name the object. Have they ever seen a boat driving on a train track? A road? No. Where do boats drive and move? On the water. Place a dish tub of water in the circle. Float the boat. Say, "Boats float on water." Now show them how the ball floats on the water too. Chant: Boats float by staying on top of the water. (Special Note to Teachers: This week's activities involve water play and summer months often bring more water-related activities. Please remember to always practice extra caution with children.)



#### LANGUAGE-LITERACY

Word of the Day: float

Explain to the children that float is when something or someone stays on top of water without sinking under the water. Tell them that solid objects will sink and not float. Show them examples of solid sinking objects like a quarter, a spoon, etc. Show them several objects that are not solid and will float like a cup, toy boat, empty plastic bottle, etc. Children say after each object tested in a dish pan of water, "The spoon did not float. The cup did float."

#### FUN ART

Sponge Sail Boats

Give each child a clean sponge. They water color a sail by painting a pre-cut square piece of paper (about half the size of the sponge). Poke a pipe cleaner through their paper sails and then place the pipe cleaner in the sponge. Voila! Each child now has a floating sail boat. Fill cake pans of water and let them float their boats. Save for Math today.

#### MATH

Fill a Bowl

Children use water droppers to fill small paper bowls. They count 20 drops at a time. Once the bowl has enough water to float their sponge boats from Art today, they float their boats again. Then they float small balls in their water bowls.

#### MUSIC-MOVEMENT

Chant and Act Out Splish Splash Rain

Pitter patter is the sound of rain falling down. (Rain fingers down and cup ears.) I can see splashing water on the ground. (Hands over eyes to see pretend rain.) Without an umbrella you will get all wet. (Pretend to hold umbrella.) I want to stomp in the puddles - you bet! (Stomp in pretend puddles.)

#### SOCIAL SKILLS

Hula Splash (Taking Turns)

Place a hula hoop around a dish pan of water. Children take turns tossing small rubber ball inside the hula hoop. When a small rubber ball lands in the water, the children chant: Splish splash, the small rubber ball took a bath!

"Structure plus love can bring smooth water to sail through a day."



# Theme for the Week



## Wonderful Water

### Activities for "Splish Splash"

**Materials Needed:** Pictures of waves and people getting wet (provided), multiple sponges cut in halves, index cards, bowls of water, measuring cups, food coloring, corn starch, heavy paper, toy cars, two dish pans, dish soap, towels, plastic dishes to be washed



#### CIRCLE ACTIVITIES

Show children pictures of waves (provided). Explain that waves splash onto sandy beaches. What happens when water splashes? You get wet. Show pictures of people getting wet by water splashes (provided). They raise their hands if they have been wet in a bathtub, pool, beach, sprinkler, etc. Chant: Splish splash is the sound of water that gets me and my parents and friends wet!



#### LANGUAGE-LITERACY

##### Floating Names

Make a name card for each child on an index card. Then pre-cut multiple sponges into halves. Write on each sponge a child's name. Float the name sponge pieces in a cake pan of water with the name facing up. Children look for their names in the water. They take them out, put them together, and say, "This is my name."

#### FUN ART

##### Goopy Art Creations

Children fill a measuring cup with water to the one cup mark. They pour it into a mixing bowl. They add a few drops of food coloring of their choice. They splash the water around to mix in the coloring. Next, they measure and pour in three cups of corn starch. Stir it well. Use the goop mixture to make creative designs on heavy paper.

#### MATH

##### Bubbles Car Wash

Line up the toy cars. Children count the number of wheels on each car. Then they count how many cars altogether. They wash the cars in a dish pan of soapy water. They rinse the cars in a second pan of only water. Next, they dry the cars with a towel and park them. They count the wheels and cars again.

#### MUSIC-MOVEMENT

##### Chant and Act Out Splish Splash I Was Taking a Bath

Splish splash I was taking a bath. (Pretend to wash arms.)  
Rubber duckies lined up in a path. (Hold a rubber duck or pretend duck.)  
Water, water went splish splash. (Pretend to splash water.)  
So much fun getting clean in the bath. (Pretend to clean face.)

#### SOCIAL SKILLS

##### Splish Splash Kitchen Help

Children wash plastic bowls, plates, cups and spoons in a water bin with dish soap. Show them how to scrub, rinse and dry. Tell them to go home and help with their dinner dishes.

"Make each day a splash of fun for children in your care."



PICTURES FOR CIRCLE TIME

# Theme for the Week



## Wonderful Water

### Activities for "Brushing Teeth"

**Materials Needed:** Pictures of brushing teeth (provided), toothbrush, kids toothpaste tooth outline (provided), white paper, empty egg cartons, white non-toxic paint, paint brushes, brown butcher paper, markers, paste, child-safe hand mirrors, pink paper, non-toxic paste, each child brings their own toothbrush from home or ask local dentist to donate them to your class



#### CIRCLE ACTIVITIES

Show children pictures of people brushing their teeth (provided). Have them share what they see. What is on the toothbrushes? Toothpaste. Model for them how to put toothpaste on a toothbrush. Children watch and chant: Brush, brush, brush your teeth. Put toothpaste on a toothbrush to clean your teeth.



#### LANGUAGE-LITERACY

##### Tooth and Teeth

Show children the picture of the tooth shape (provided). Tell that is one tooth. They say, "One tooth." Now show them two of the same picture and ask them what it is. They will probably say "tooth." Tell them when there is more than one tooth, we say, "teeth." Ask them if their parents have one tooth or many teeth. Ask them about other people. Then chant with the children, "I have one tooth, but I have lots of teeth." Have them point to their own teeth as they chant it.



#### FUN ART

##### Set of Smiling Class Teeth

In advance, pre-cut egg cartons into three egg holder strips. Each child receives a strip of three egg holders to become three pretend teeth. They paint their "teeth" white. Draw a large circle on a large piece of brown butcher paper. Add eyes, nose and ears. Then paste all of the children's painted teeth in the shape of a large smile. Hang in the room.



#### MATH

##### Brushing and Counting Teeth

Have children look in a handheld child-safe mirror opening their mouths wide and each child counts how many teeth they see. Afterwards, tell them that they have altogether 20 baby teeth, but it's hard to see them all. Then show them the picture of the tooth (provided). Have them pretend that their pointer finger is a toothbrush, and they are going to brush the tooth. Have them brush the tooth 5 times, 4 times, 10 times, etc.



#### MUSIC-MOVEMENT

Sing Brush, Brush, Brush Your Teeth (tune of "Row, Row, Row Your Boat") Brush, brush, brush your teeth. Gently when you wake. Merrily, merrily, merrily, merrily, great day I will make. Brush, brush, brush your teeth. Gently in the night. Merrily, merrily, merrily, merrily, to bed snuggled up tight.



#### SOCIAL SKILLS

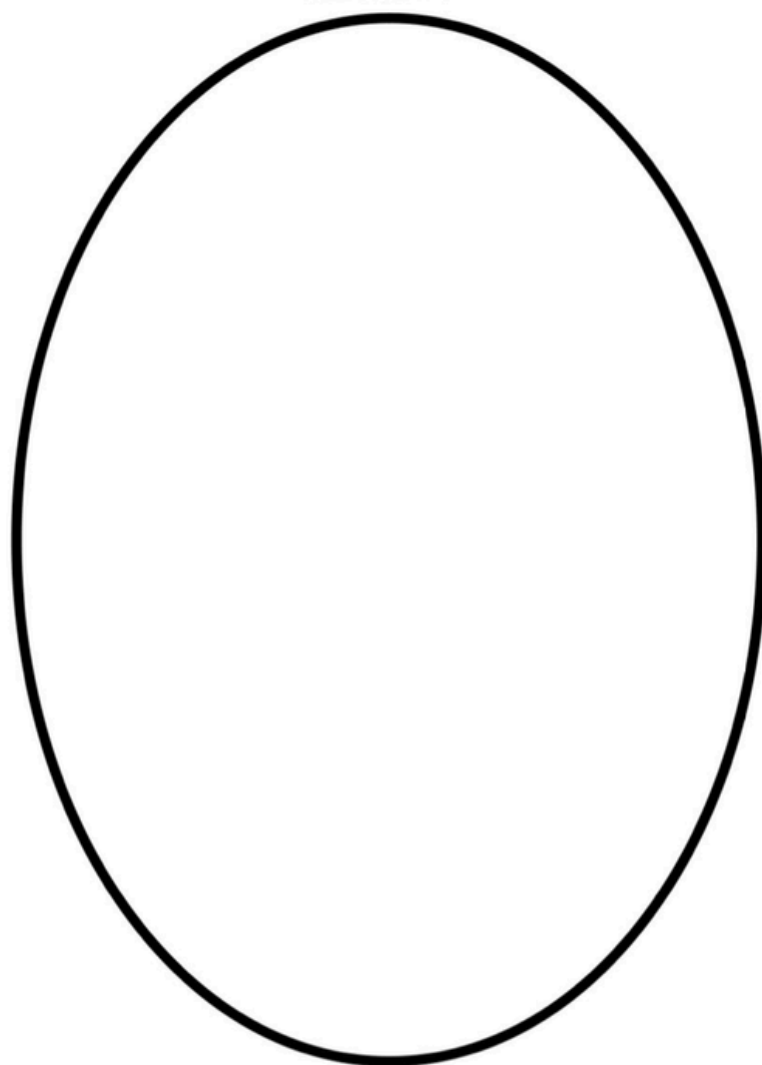
##### Brush Up and Down (Practice Teeth Brushing)

Children bring their own toothbrushes from home (or ask a local dentist to donate to your class). They practice squeezing a small amount of toothpaste onto their toothbrushes and brushing their teeth. Remind them to go up, down, side to side and all around. When finished, they smile and say, "Look at my clean kind smile!"

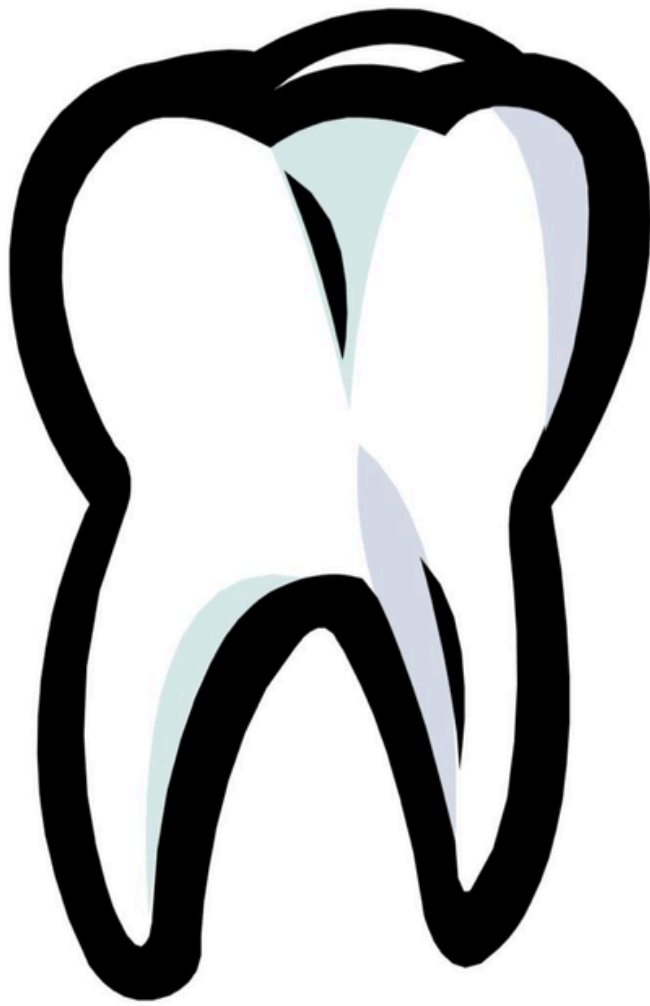
"Teachers help children learn skills for life."



PICTURES FOR CIRCLE TIME



**OVAL FOR MATH**



**TOOTH SHAPE FOR LITERACY**

# Theme for the Week



## Wonderful Water

### Activities for "Washing Hands"

**Materials Needed:** Hand soap from child care bathroom, pictures of hands being washed with lathered soap (provided), non-toxic washable paints, several large pieces of butcher paper

#### CIRCLE ACTIVITIES



Wave both of your hands in the air. Children repeat after you. Say, "These are your hands. They are very important and can do so many things to help you." Explain that their hands often touch germs and they do not need those germs to get inside their bodies. Show them hand soap from the child care bathroom. Explain that soap washes away the germs to help them stay healthy. Children pretend to wash their hands and chant: Soap sends the germs bye-bye. Then we rinse off our hands with water to be clean, clean, clean.

#### LANGUAGE-LITERACY



Word of the Day: lather

Show children pictures of hands being washed with lathered soap (provided).

Explain that soap lathers when water is added. Say, "A foam is made when you rub your hands together with soap and water. That is lathering your hands with soap." Children wash their hands and make lather. They say, "The soap lathers on my hands with water."

#### FUN ART



Hand Painting

Children use non-toxic washable paints to hand paint. They dip both of their hands completely in plates of the paints and make designs on large pieces of butcher paper. Then they practice hand washing.

#### MATH

Washing Off Numbers

Children stand with palms up. You walk by and paint a number in each of their hands with washable paint. Be sure to put a different number in each hand, writing numerically. Children take turns waving their hands and naming the number in their palms and tapping their feet that number of times. Then they practice hand washing and clean off the numbers.

#### MUSIC-MOVEMENT

Sing and Act Out Hand Washing Dance

I touch outside, my lips, my eyes.

I go to the sink for soap as a prize.

I wash my hands with suds and rinse.

Staying clean like a healthy prince (ess)!

#### SOCIAL SKILLS

Hands of Health (Hygiene Practice)

Children sit in a circle. They repeat after you:

Pretend to wash hands and chant: Soap and water make my hands clean.

Clap hands and chant: Clapping hands make a joyful sound.

Sneeze into elbow. Chant: Keep your sneezes and coughs away from your hands.

High five with neighbor. Chant: Happy friends make healthy friends.





**PICTURES FOR LITERACY**



# Theme for the Week



## Wonderful Water

### Activities for "Washing Hair"

**Materials Needed:** Picture of child getting haircut and a hair wash (provided), bottle of childrens' shampoo, washable yarn, white construction paper, crayons, Dawn dish Liquid, measuring cup, measuring tablespoon, tall plastic cups, store bought bubble wands and/or pipe cleaners to make wands



#### CIRCLE ACTIVITIES

Show a picture of a child getting their hair washed (provided.) They share if they have had a haircut or not. Say, "One of the things you do to take care of your hair is to get a haircut when it is too long for you. You also need to wash your hair to keep it clean." Show a picture of a child getting her hair washed (provided). Show them a bottle of kids' shampoo. Say, "A dot makes a lot. You only need a small amount of shampoo to make your hair clean." Chant: Washing hair keeps it clean and healthy.



#### LANGUAGE-LITERACY

##### So Many Words About Hair

Tell the children there are so many words they use about hair. Give them example: Long or short, and children tell you which theirs is. Ask them other words about hair, like the colors, straight or curly, thick or thin hair, etc. Make up a rhyme about hair. Ask them to describe the hair on dogs, cats, their family. Chant: Different, different, our hair may be, but we are all one family."

#### FUN ART

##### Clean Hair Self-Portrait

Early in the day, children choose 20 pieces of pre-cut washable yarn to later be hair. (They choose a color and length to be a replica of their own hair.) They wash their pretend yarn hair with shampoo and water. They lay it flat on a table to dry. While drying, they make faces on white construction paper. Lastly, they paste their clean and dry yarn hair onto the plates to complete a self-portrait. Save for Music today.

#### MATH

##### Soapy Bubble Recipe

Children measure one cup of water and one tablespoon of Dawn dish liquid in a tall plastic cup. They stir together to make a bubble mixture. (Option: Add a drop of food coloring and/or peppermint extract for added sensory fun.) Children go outside and use their mixture to blow bubbles with store bought wands or ones made from pipe cleaners bent into various shapes.

#### MUSIC-MOVEMENT

##### Letters, Letters in Our Hair

Children hold their self-portraits from Art today in front of their faces while chanting:  
Wet, wet, wet my hair in the tub. Squirt shampoo in my hands and rub.  
Lather, lather, lather the shampoo in my hair. Rinse, rinse, rinse with water everywhere.  
Wonderful water with soap gets me clean. Now I am ready to be seen!

#### SOCIAL SKILLS

##### Lathered Up Practice (Portion Control)

Children learn that a dot makes a lot. Squirt one dime sized dot of kids' shampoo in each child's hand. They place their hands under water and rub them together to lather up the shampoo. Explain that when at home washing their hair they only need a small amount of shampoo, and then they rub their hair and heads clean. Stress that they must always have an adult with them when washing their hair to stay safe in water.

"Teachers can help children stay healthy and happy."



**PICTURES FOR CIRCLE TIME**

# Theme for the Week



## Our Beautiful Sky

### Activities for "Kinds of Clouds"

**Materials Needed:** Pictures of clouds (provided), 12X18 light blue construction paper, white non-toxic paint, paint brushes, white pipe cleaners, index cards, cotton balls, white butcher paper, fun music and player, pencil



#### CIRCLE ACTIVITIES

Children raise their hands high in the sky and then low to the ground. Say, "High and low." Show children pictures of clouds (provided). Say, "Clouds are in the sky. They can be high or low clouds. They can also be white or gray. Gray clouds have rain inside of them." Children make their hands "rain" down from the sky. Chant: Clouds are in the sky. Fluffy white and rainy gray, oh my!



#### LANGUAGE-LITERACY

**Vocabulary Words:** High and Low

Tell children to reach their hands up high like they did in circle time. Tell them to lift them a little higher like clouds that are high in the sky. Then have them reach their hands lower. Tell them clouds can be high and clouds can be low, so we are going to pretend your hands are clouds. Then say, the words, "higher, higher, lower, even lower, real high, real low, high, low, low, high, etc. When they are finished, they chant, "Clouds are high or low in the beautiful sky."



#### FUN ART

**Cloud Stencils**

Give each child a white pipe cleaner. Help them make it into a cloud shape. They place it on blue paper. Next, they paint white non-toxic paint inside the pipe cleaner cloud "stencil." They move the pipe cleaner cloud "stencil" to a different part of their paper and make another cloud. They make as many clouds as can fit on the sky blue paper.



#### MATH

**Match Clouds to Numbers**

Make number cards on index cards from one to ten. Children match clouds (cotton balls) by placing the corresponding number of "clouds" on the number cards.



#### MUSIC-MOVEMENT

**Cloud Dance**

Pre-cut several large cloud shapes out of white butcher paper. Scatter them on the floor. Play fun music. Children stand on a cloud shape and dance. They walk to a new cloud shape and do a new dance movement. Stop the music and they freeze. They hold hands with the friend(s) in the same cloud and dance together.

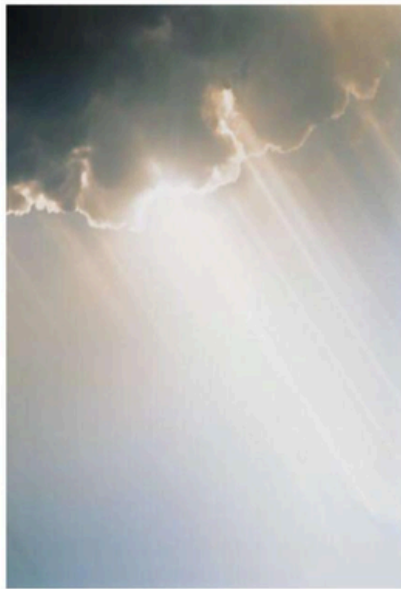


#### SOCIAL SKILLS

**Kindness Clouds**

Children sit in a circle. Talk to them about speaking kind words to others. Say a kind word to each child. They take turns passing one "kindness cloud" (cotton ball) into the hand of the friend beside them. They say something kind like, "You are a sweet friend. I like playing with you, etc."

"May your day be clear skies and fluffy clouds of joy."



**PICTURES FOR CIRCLE TIME**

# Theme for the Week



## Our Beautiful Sky

### Activities for "Sun"

**Materials Needed:** Sunglasses, white 12X18 construction paper, yellow finger paint, pre-cut 6" pieces of string paper plates, black crayons



#### CIRCLE ACTIVITIES

Sit in the circle wearing sunglasses. Say, "These sunglasses protect my eyes from the sun. Where is the sun?" Outside in the sky with the clouds. Explain that the sun gives them light to play during the daytime. They are awake when the sun is in the sky. Ask children to name the color of the sun. Yellow. What can they spy yellow in the classroom? Chant: Sun, sun, shining so bright. Sun, sun, gives us daylight.



#### LANGUAGE-LITERACY

##### Lettered Sun Rays

Letter on or above each sun ray from Art with a pencil, spelling out the child's name. Help the children trace over the letters with a black crayon. (Rays can be letter-less if they have more rays than letters in their names.)

#### FUN ART

##### Sun String Art

Children finger paint a yellow circle in the center of white 12X18 construction paper. Then they dip pre-cut six inch pieces of string into a plate of yellow finger paint. They place the painted strings around the yellow circle to become sun rays. Be sure they have one ray per letter in their names. Save for Literacy today.

#### MATH

##### Counting Sun Cheer

Children hold up their fingers as they do this counting cheer.

1,2, 3, 4. What are we going to cheer for? 5,6, 7,8. The bright sun that shines so great!  
9 and 10. The sun will rise in the morning again.

#### MUSIC-MOVEMENT

##### Chant and Act Out Good Morning Sunshine

Good morning sunshine, how are you? (Wave to the sky and clap twice.)

Good morning sunshine, how are you? (Clap twice.)

It's so great to see you today,

And we're hoping that you will stay. (Jump twice.)

We love you sunshine, yes we do! (Clap twice.)

#### SOCIAL SKILLS

Feel Good Time Building Self Esteem and Expressing Feelings)

Talk about how the sun can make you feel warm and good when you are outdoors. Say, "Kind words can make you feel good anywhere." Go around the circle and talk about things that make them feel good.

They also share what they like doing for fun that makes them feel good. (Be sure to tell them that too much sun can hurt their skin so they should always have lots of sunscreen on when they are playing outdoors.)

"Share your sunny smile with others."

# Theme for the Week



## Our Beautiful Sky

### Activities for "Moon"

**Materials Needed:** Pictures of the moon (provided), corn starch, ½ cup measuring cup, bowls to mix moon dough, pre-cut paper circles using 12X18 white construction paper, safety scissors, white pillow case, large ball, white butcher paper or flat sheet

#### CIRCLE ACTIVITIES



Remind children of the sun bringing light during the daytime. Say, "In the night time it is dark and time for your bodies to rest. The moon gives some light for the night time sky, but not as bright as the sun. The moon also changes shapes from a full big round moon to a small moon and back to big and round and full again." Show children pictures of the moon (provided). They make their arms in a full circle shape and chant: Full moons light up the night sky.

#### LANGUAGE-LITERACY

##### Night Time Charades

Tell children that when the moon is in the sky, they need to sleep and give their bodies rest. Say, "Act out what you do at home when it is nighttime and the moon is in the sky." Children role play eating dinner, taking a bath, reading books, brushing teeth, etc. Then they role play going to bed: blanket, pillow, getting hugs, lights out, close eyes, etc.

#### FUN ART

##### Moon Dough

Show children a close up picture of the moon (provided) to see that the moon's surface has mountains and craters on it. Children each mix ½ a cup of water with ½ a cup of cornstarch. They explore with the texture of their moon dough making a moon shape with craters and mountains.

#### MATH

##### Moon Puzzle

Pre-cut a circle for each child using 12X18 white construction paper to be a pretend moon. Sit with each child and cut their moon into four puzzle pieces. They count the pieces and put the moon puzzle together. (Option: Cut each child's moon shape into a different number of pieces for the children to use taking turns putting together all of the moon puzzles.)

#### MUSIC-MOVEMENT

##### Sing and Act Out Hey Diddle Diddle

Children take turns playing the role of a child, cow, horse and pig. Place a ball wrapped in a white pillow case on the floor to be a pretend moon for the cow to dance around in the song. Hey little little, a child with a fiddle. A cow was dancing around the moon. Little horsey neighed to see such a sight, and the little piggy ran away with a spoon.

#### SOCIAL SKILLS

##### Ring Around the Moon (Working Together)

Place a large paper circle made from butcher paper or a white sheet on the floor. Children hold hands and stand around the moon. They walk in a circle singing to the tune of "Ring Around the Rosie": Ring around the mo-on. Pocket full of balloons. Ashes, ashes, we all fall down. They all sit on the floor. Repeat several times.

"Children need love to the moon and back."



**PICTURES FOR CIRCLE TIME**



PICTURE FOR ART



# Theme for the Week



## Our Beautiful Sky

### Activities for "Stars"

**Materials Needed:** Large paper star cut out of butcher paper, picture of night sky with stars (provided), star shapes for Literacy/Art/Math/Social Skills (provided), white crayons, yellow water color and paintbrushes, black construction paper, paste, finger paints, glitter, yarn, plastic hangers, sun shapes, (provided), paper plates, black butcher paper, tape, hole punch



#### CIRCLE ACTIVITIES

Pre-cut a large paper star out of butcher paper. Place it in the center of the circle. Have five children pick it up off the floor, each holding a point. They say, "A star has five points. Stars light up the night time sky?" Show children a picture of a night sky with stars (provided). Explain that stars are like the sun, real shiny bright. They are also in the sky, but are seen in the night time with the moon. Children sing "Twinkle, Twinkle Little Star" and do hand motions to match words.



#### LANGUAGE-LITERACY

##### My Starry Resist Name

Give each child white construction paper stars (provided), one star per letter in their names. (Example: Caleb will receive five stars.) Help them write one letter of their name per star using a white crayon. Next, they paint each star with yellow water color. The crayon letters will resist the water color. Paste the stars on black construction paper to spell out their names. They trace over each letter to feel the crayon resist of the letters.



#### FUN ART

##### Star Mobile

Give each child five different sized star shapes (provided). They line them up from smallest to biggest. They finger paint each star a different color. Sprinkle glitter on each star shape before the paint dries. Punch holes in each star and tie yarn in each hole for the children. Hang the stars on a plastic hanger to create a star mobile. They take them home to hang in their bedrooms to have "starry nights" when they go to bed.



#### MATH

##### Sky River

Pre-cut five cloud shapes out of white paper, five paper circle moons, five sun shapes (provided) and five star shapes (provided). Paste all of the shapes onto individual paper plates. Put them one after another on the floor to make a river of sky shapes. Children walk across the sky river naming each sky shape as they step on it. Then walk across the sky river again counting all of the shapes from one to twenty.



#### MUSIC-MOVEMENT

Sing New Version of Twinkle, Twinkle Little Star Children hold their stars from Art today while singing:

Twinkle, twinkle little star. The night sky is where you are.  
In the sky with the moon high. Thousands of stars in the sky!  
Twinkle, twinkle little star. The night sky is where you are.



#### SOCIAL SKILLS

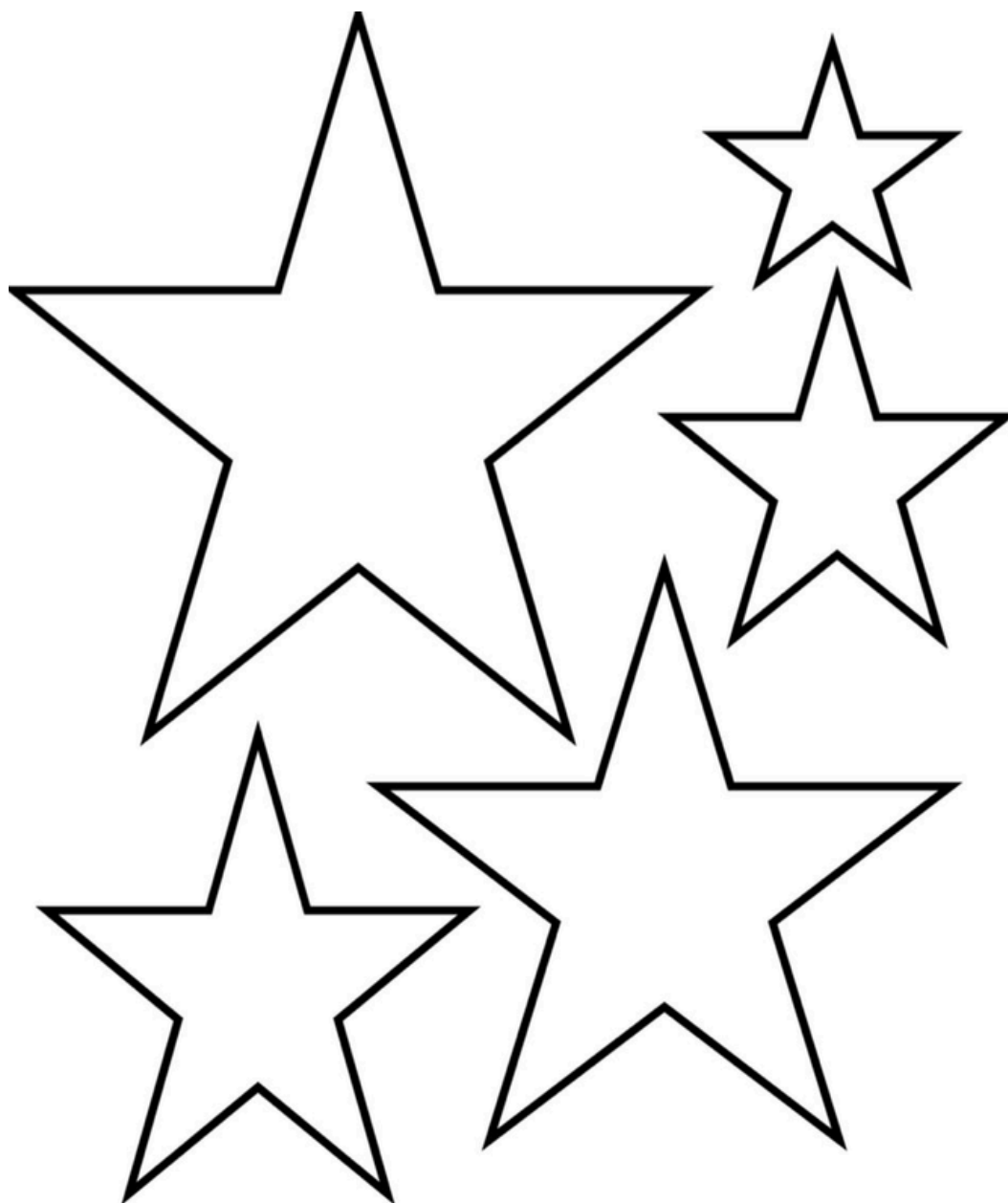
##### Kindness Stars

Place a large piece of black paper on the wall. When the children do something kind for someone else, write their names on a paper star (provided) and tape it to the black butcher paper to light up the night time sky.

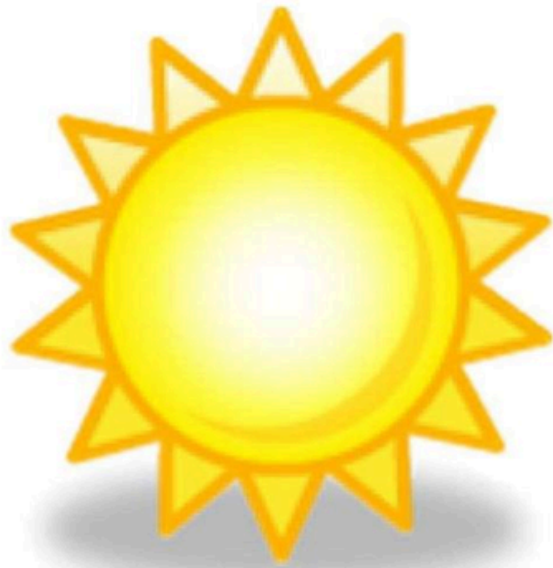
"Teachers are shining stars."



**PICTURES FOR CIRCLE TIME**

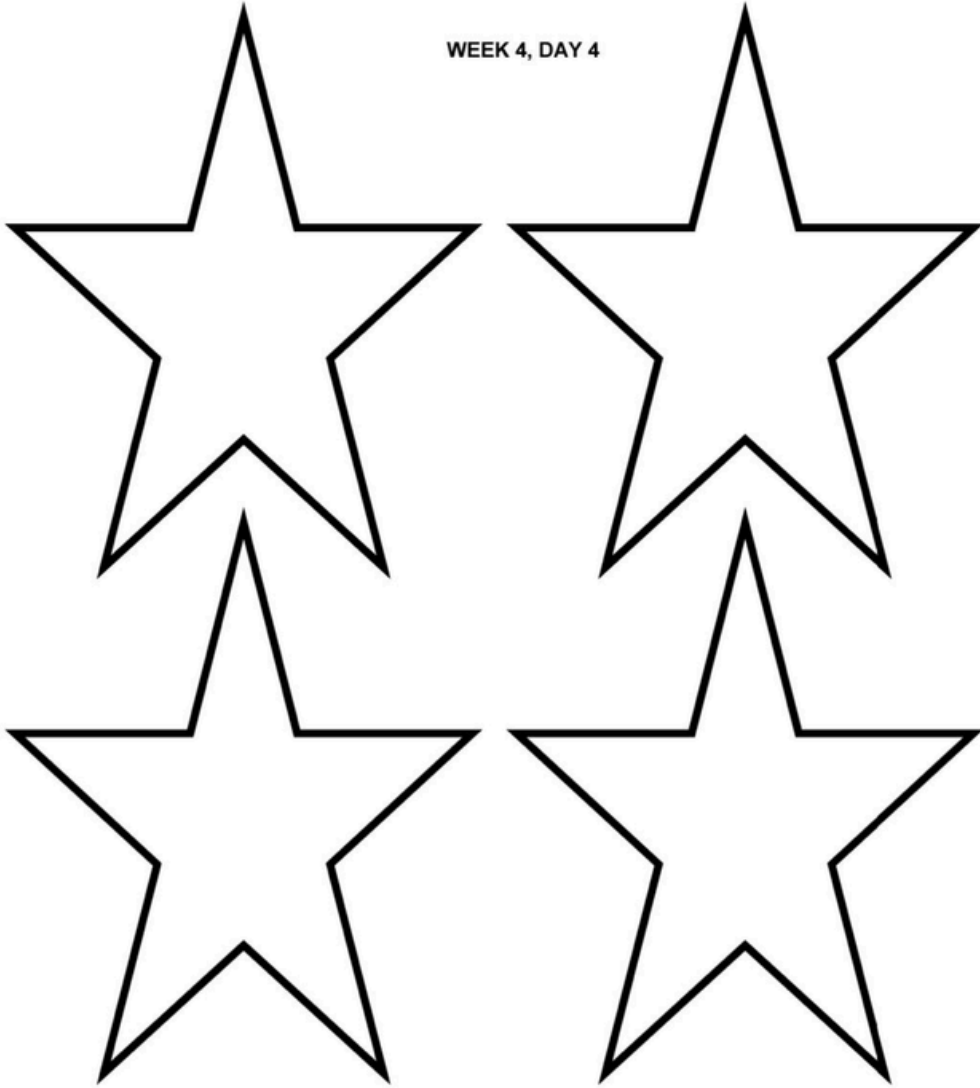


**STARS FOR ART**



**SUN SHAPES FOR MATH**

WEEK 4, DAY 4



**STARS FOR LITERACY, MATH AND SOCIAL SKILLS**

# Theme for the Week



## Our Beautiful Sky

### Activities for "Colors of the Sky"

**Materials Needed:** Pictures of the sky (provided), white construction paper, finger paints, paste, cotton balls, water colors, paint brushes, numbered cards, yellow and blue 12X18 paper, tape, colored papers for music



#### CIRCLE ACTIVITIES

Children name the color of clouds, sun, moon and stars. Explain that often when the sun is moving up or down it makes other colors like orange and purple in the sky. Show children different pictures of the sky (provided). Name the colors they see. Talk about how it looks like a painting with many colors. They will get to paint a sky later today. Chant: Colors, colors in the sky. They look like a painting, my oh my.



#### LANGUAGE-LITERACY

##### Letter Sounds in the Sky

Children name colors in the sky. Put out those colors of finger paints. Children dip their thumbs into the fingerpaints and each make thumb prints on their own white construction paper. They wash their hands and let the thumbprints dry. When they are dry, help them write letter sounds they know on each thumbprint. When done, they add clouds on the lettered sky by pasting cotton balls on top of their paper.



#### FUN ART

##### Sky Canvas

First, children make a yellow handprint on white paper. Cut it out and paste it on white construction paper to be the sunshine. Next, they paint a colorful sky with water colors around their handprint suns. (They can use the pictures from Circle Time today as a guide.)



#### MATH

##### Math Sky Pictures

In advance, number index cards from one to five and place them face down. (Be sure you have enough cards for each child to draw one. You can repeat numbers.) Hang a piece of a yellow and blue 12X18 construction paper on an easel. The yellow paper is daytime and the blue is night time. Children take turns drawing a number card. They name the number and choose what of that number they want you to draw. (Examples: They draw a number three card and ask you to draw three stars on the night sky paper. Or, they draw the number one and ask you to draw one sun on the yellow daytime paper.)



#### MUSIC-MOVEMENT

##### Chant So Many Colors

Children hold up colored papers as they sing the color words in this song.

Red and orange, purple and blue.

Lots of yellow too. So many colors that I love, Paint a beautiful sky up above.

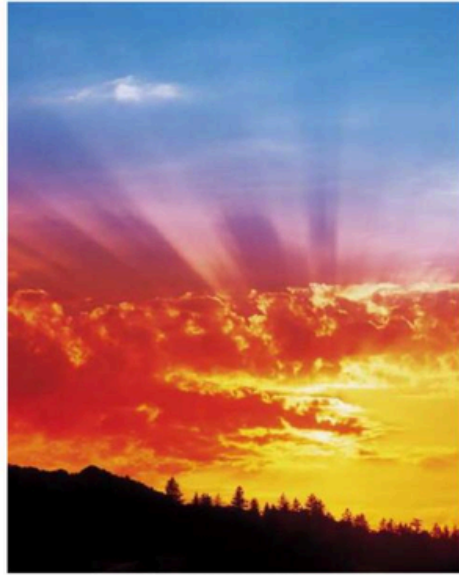
#### SOCIAL SKILLS

##### Teacher May I Under the Colorful Sky (Learning Manners)

Go outside. Children look up at the colors of the sky. Tell them they get to play a game under the colorful sky. Line them up on one side of the lawn. You stand on the other side. Call a child's name and tell them to take a certain number of steps outside under the colorful sky. The child asks, "Teacher may I?" You reply with, "Yes, you may." The child responds, "Thank you," and takes the steps. (The emphasis is on saying "may I" vs the steps being correct or not. If the child is incorrect, simply say something like, "Thank you for trying.")



"Children add bright and beautiful colors to each day."



COLORS IN A SUNRISE



COLORS IN A SUNSET

**PICTURES FOR CIRCLE TIME**

# Theme for the Week



## Jump, Wiggle, or Fly

### Activities for "Jumping Frogs"

**Materials Needed:** Pictures of frogs (provided), pictures of lily pads (provided), brown paper grocery sacks, green finger paints, paste, frog shape (provided), plastic cups, green pompom balls or cotton balls, hula hoops (or yarn or masking tape)



#### CIRCLE ACTIVITIES

Sit in a frog position and say, "Ribbit, ribbit." Ask children which animal you are pretending to be. A frog. Have all the children sit up in a frog position and say, "Ribbit, ribbit." They jump forward one time and then backward to their original position. Next, they sit criss cross applesauce and chant: Frogs jump. Show children pictures of frogs (provided). Notice they are on leaves. Explain that frogs often sit on lily pads (big leaves) in ponds.



#### LANGUAGE-LITERACY

Word of the Day: lily pad

Teach children the word lily pad. Show children pictures of lily pads (provided). Explain that a pad is a word for something to sit upon. Lilies are flowers. A lily pad is a big leaf that grows in the water with flowers called lilies. Frogs like to sit on them. Children name items they sit on like a chair, blanket, etc. Children pretend to be frogs sitting on a lily pad. They "croak/ribbit" to sing the ABC Song. (Example: A, B, C, D ribbit ribbit. E, F, G. Croak, croak. H, I, J, K, L, M, N, O, P ribbit, ribbit. Q, R, S, croak, croak. T, U, V, ribbit, ribbit. W, 4, 1 and Z. Ribbit, ribbit.)



#### FUN ART

Lily Pad

Pre-cut a large leaf shape for each child out of brown paper grocery sacks. Children fold it so it is all crumbly looking to give it texture. Then they smooth it out and finger paint it all green. Last, they paste a frog picture (provided) to sit on the lily pad.



#### MATH

Jump Into the Cups

Number 10 plastic cups from one to ten. Give children 10 green pom pom balls each (or cotton balls) to be pretend frogs. They "jump" (toss) the corresponding number of frogs into the cups. Example: Toss three green pom pom "frogs" into the cup numbered three.



#### MUSIC-MOVEMENT

Sing and Act Out Twinkle Twinkle Little Frog (tune of "Twinkle Twinkle Little Star")

Twinkle twinkle little frog, how I wonder what you are.

Up on top on lily pads, with a jump jump in the pond. (Crouch down and jump twice.)

Twinkle twinkle little frog, how I wonder what you are.

#### SOCIAL SKILLS

Frog Hop (Taking Turns and Working Together)

Lay hula hoops (or make circles out of yarn or tape) on the floor. Children crouch down in a hula hoop pretending to be frogs. They jump from their hula hoop and into another hula hoop occupied by a friend. They say, "Hippety hop friend. You are fun!" They continue hopping to friends until they tire.

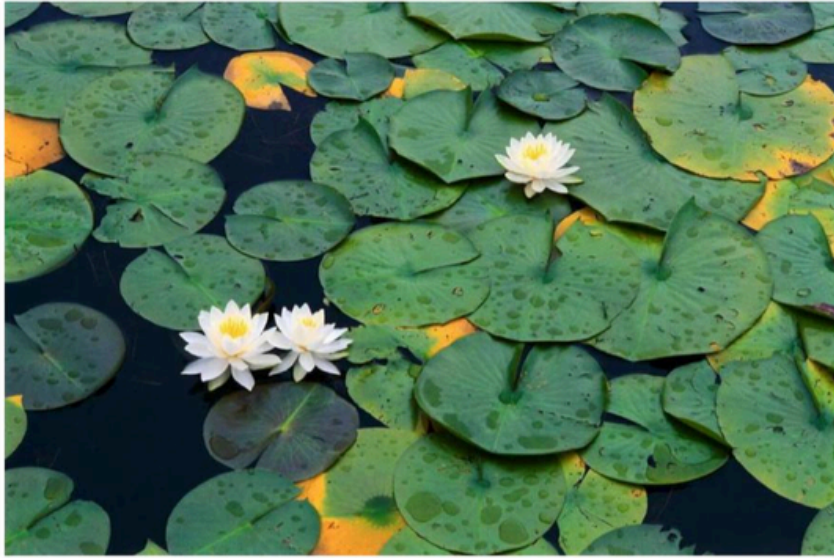


"Think of one blessing and jump with joy daily."





**PICTURES FOR CIRCLE TIME**



**PICTURES FOR LITERACY**



**FROG SHAPE**

# Theme for the Week



## Jump, Wiggle, or Fly

### Activities for "Wiggle Worms"

**Materials Needed:** Picture of a worm (provided), Whiteboard, marker, have families donate old pairs of white tube socks, non-toxic paints cup of potting soil for each child, several small cups of water



#### CIRCLE ACTIVITIES

Show children a cup of soil (to later be used in Math). Tell them that many bugs live in the dirt and there is also an animal that lives in the dirt with no arms or legs. It wiggles its body to move from place to place. Show children a picture of a worm (provided). Children wiggle their fingers and chant a silly chant: Worms wiggle in the dirt. I wonder if they wear a shirt.



#### LANGUAGE-LITERACY

##### Wiggly Wormy Letters

Tell the children they are going to be "talking" wiggly worms. Write on the whiteboard, a letter like t. Tell them that makes the sound t-t-t-. Show them how to move their bodies like the shape of a t. When they get into position, have them say, "Hi, my name is t-t-t. I'm a wiggly worm." Repeat this with other letter sounds.



#### FUN ART

##### Worm Socks

Ask families to donate old pairs of white tube socks. Children paint each of their socks a different solid color. They add eyes in the toe area of the socks. Save for Music today



#### MATH

##### Make Mud

Children learn about measuring and volume by making mud. Give each child a small cup of potting soil. Point out that earth worms live in this type of soil. Put out several smaller cups of water. Children count cups as they add them into the soil to make the mud "just right." Compare their mud with other's mud. Then they add soil to their mud mixture to see what happens to the consistency. (Note: Have the children wear aprons or old shirts to stay clean.)



#### MUSIC-MOVEMENT

##### Sing and Act Out Wiggle Worms

Children wear their sock worms from Art today on their hands/arms and wiggle them while singing: Wiggle, wiggle, wiggle worms, crawling in the dirt. It would feel so silly if one was in my shirt! Wiggle, wiggle, wiggle worms, squiggling all around. Watch the wiggle worms crawl on the ground.

#### SOCIAL SKILLS

##### Play "Resting Worms" (Sitting Quietly)

Tell children that after worms wiggle a lot, they need to rest their bodies, just like they do. Challenge children to be as still and calm as they can, like resting worms. Do a silent round of applause for them by shaking your hands in the air, making a circle.



"Wiggle, wiggle and giggle, giggle. Children are a delight."



**PICTURE FOR CIRCLE TIME**

# Theme for the Week



## Jump, Wiggle, or Fly

### Activities for "Bees"

**Materials Needed:** Pictures of bees (provided), jar of honey, crackers, whiteboard and marker, yellow paint, black construction paper, black marker, white chalk,



#### CIRCLE ACTIVITIES

Tell children that today's flying bug is a bee. It flies and it also buzzes. Everybody buzz. Buzzzzzzzzzz. Show pictures (provided) of a bee. Does it have six legs? Yes. Does it have antennae? Yes. Does it have three body parts? Yes. Is it an insect? Yes. Bees make honey. Show children a jar of honey. If there are no allergies let them taste honey on a cracker. Bees can also sting. Only male bees have a stinger. Be careful of bees so they don't sting you.



#### LANGUAGE-LITERACY

##### Buzzing Bees – b-b-b

Write on a whiteboard a b. Tell the children that is the letter b. It has the same name as the insect bee. Point to all the things in the room that begin with the letter b-b-b. Then have the children take turns slowly walking and making a buzzing sound to something in the room that begins with the b-b-b sound.



#### FUN ART

##### Thumbprint Bee Art

Children dip their thumbs in yellow paint that is blotted on a paper towel and make six yellow thumbprints onto black construction paper. Once dry, they use a black washable marker to add black lines to the body. Next, they use white chalk to add wings, antennae and legs.

#### MATH

##### Counting Buzzes

Divide the class into two groups. They face each other. Group 1 starts and you are on their team. Group 1 is going to tell Group 2 what to do. You are the team leader on group 1. Group 1 tells the children in Group 2 to pretend to be bees and buzz their hands 2 times in a circle around their own faces; buzz their hands 5 times in a circle on the floor; buzz their noses 3 times high in the air, etc. When they are finished, it's Group 2's turn to be giving the instructions, and you are their group leader helping them tell Group 1 things to do

#### MUSIC-MOVEMENT

##### Fingerplay Two Big Beehives

Two big beehives (Hold out two fists.)

Closed up tight, protecting sleepy bees (Rest head on hands.)

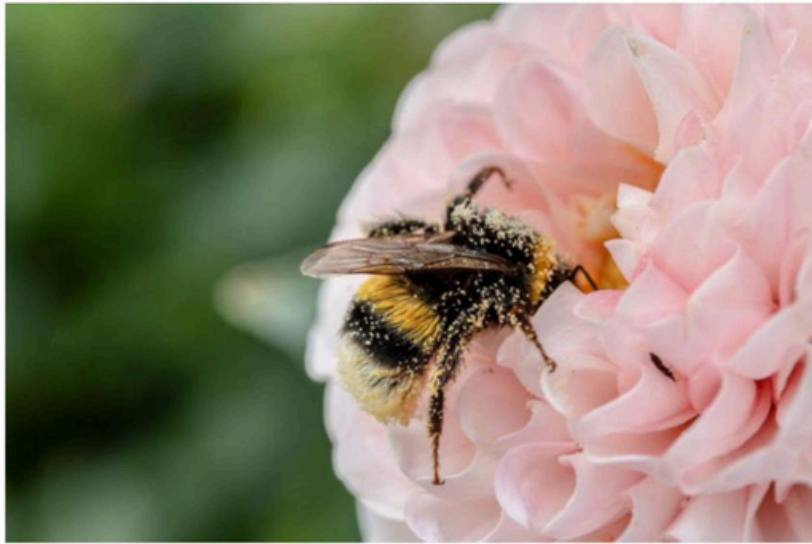
All through the night. When the early sun (Make circle with arms over head.) Shows its light, ten baby bees (Hold out two fists.) Take to flight. (Open fists and wiggle fingers away.)

#### SOCIAL SKILLS

##### Speaking Honeycombs

Honey is sweet. Let's say sweet words to our friends. One child sits in a special "bee chair" and the others take turns telling the child sweet things about him/her.

"Sweet words to children make them feel loved and cherished."





**BEEES FOR CIRCLE ACTIVITY**



# Theme for the Week



## Jump, Wiggle, or Fly

### Activities for "Fireflies"

**Materials Needed:** Pictures of fireflies (provided), yellow spoons, tape, glue, Spoon Firefly shapes, Provided), flashlight(s), pictures of insects (provided)



#### CIRCLE ACTIVITIES

Tell children that today's flying bug is a firefly. It flies and it also lights up! Show pictures (provided) of a firefly. Does it have six legs? Yes. Does it have antennae? Yes. Does it have three body parts? Yes. Is it an insect? Yes. Fireflies have a mixture of chemicals in their body that make light. You can see them light up at night.



#### LANGUAGE-LITERACY

##### Flashlight Writing

Write each child's name very large on white poster board with a black marker. Turn off the lights. Children trace their name with a flashlight. If time permits, continue with letters and words.



#### FUN ART

##### Spoon Firefly Art (Shapes provided.)

Pre-cut shapes to form firefly. Glue or paste together. Tape to yellow spoon. If no spoons are available, use a small circle from Welcome Packet patterns. Color the circle yellow or use yellow construction paper and attach at the end of the body for the light on the firefly.



#### MATH

##### Count the Legs

Look at several or all pictures of crawling and flying bugs that are insects. Count their legs in each picture, 1 - 6. Challenge: Show children how the legs are across from each other in twos. Count 2, 4, 6. Repeat this several times with each bug.



#### MUSIC-MOVEMENT

##### Sing Insects (tune of "Twinkle Twinkle")

Fireflies and butterflies, buzzing bees up in the sky.  
Teeny, tiny little ants, crawling up and down the plants.  
Many insects can be found, in the sky and on the ground.



#### SOCIAL SKILLS

##### If I Were A Firefly

Children take turns sharing with the class: My name is \_\_\_\_\_ and if I were a firefly I would fly to \_\_\_\_\_ because \_\_\_\_\_.

This is a great way for children to be creative and learn more about each other.

"You light a fire in the minds of children."

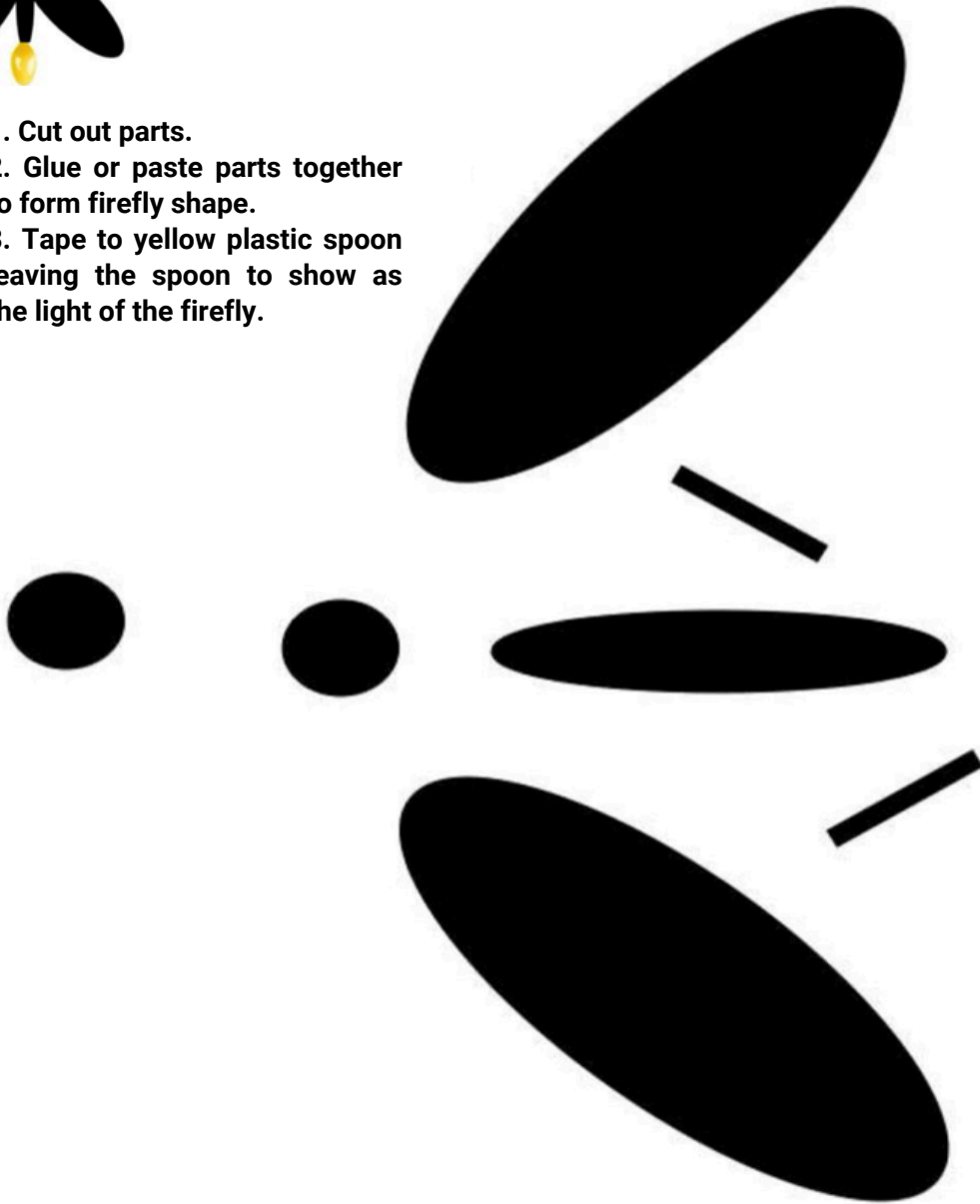


**FIREFLIES FOR CIRCLE ACTIVITY**

# SPOON FIREFLY



1. Cut out parts.
2. Glue or paste parts together to form firefly shape.
3. Tape to yellow plastic spoon leaving the spoon to show as the light of the firefly.



# INSECTS



# Theme for the Week



## Jump, Wiggle, or Fly

### Activities for "Ladybugs"

**Materials Needed:** Pictures of a ladybug (provided), large red circle, pre-cut black circles, black circles f, white crayon or chalk, egg cartons, red paint, black markers



#### CIRCLE ACTIVITIES

Tell children that today's flying bug is a ladybug. Show pictures (provided) of a ladybug. Does it have six legs? Yes. Does it have antennae? Yes. Does it have three body parts? Yes. Is it an insect? Yes. Ladybugs are known as very helpful bugs because they eat other harmful bugs. Kids are helpful too. Each child tells something they have done that is helpful to others.



#### LANGUAGE-LITERACY

##### L-L-Looking for L-L-Ladybugs

Place a large red circle on the floor. Take a black marker and draw a line down the center of the red circle so that there are 2 sides. Precut small black circles (the ladybug's dots) so that each child will have 2 circles. Before you give them to the children, use white chalk or a white crayon to write an "L" on all of the small black circles. Children take turns taping their small black circle on each side of the ladybug. As each child does it, the child says, "L-L-Ladybug." When they are finished, it is the "class ladybug."



#### FUN ART

##### Egg Carton Ladybugs

Give each child one single cup cut from an egg carton. Children paint it red. Let it dry. Using a black marker, children draw a head on the front, a stripe down the middle and dots on each side of the stripe.



#### MATH

##### Ladybug Count

Children color and paste construction paper circles on the ladybug to give it spots on the wings. Help them decide how many spots. Have children count how many spots in all. Help them write the number. Use caution when using small objects with children.



#### MUSIC-MOVEMENT

Sing and Act Out Ladybug, Ladybug Ladybug, ladybug, (Move fingers.)  
Can I see you crawl, (Crawl slowly on all fours.)  
Hurry after those hurtful bugs (Move quickly on all fours.)  
And be careful, do not fall! (Fall over.)

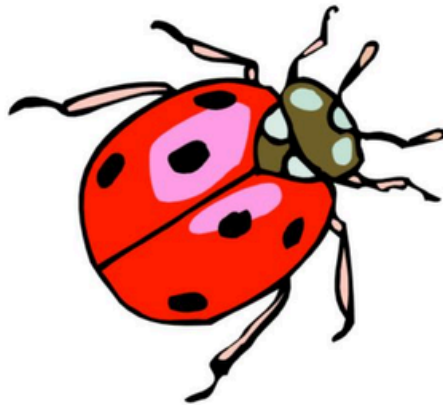
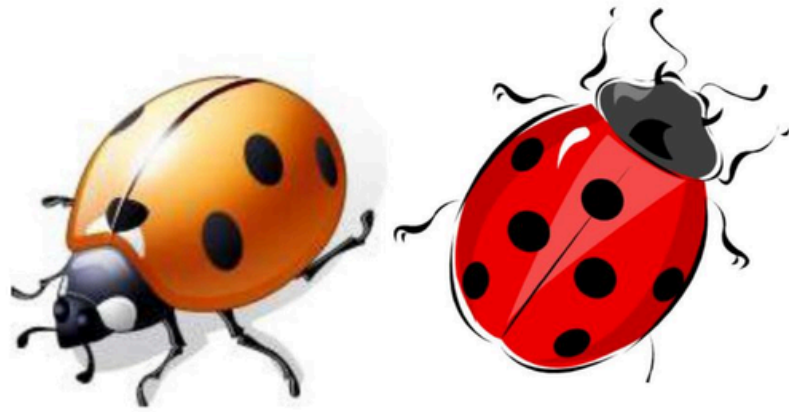
#### SOCIAL SKILLS

##### Being Helpful

Ladybugs are very helpful to gardeners because they like to eat bugs that cause problems in gardens. Who has helped you? Who would you like to help? How? Children share these answers with the class. This is a great way to teach what it means to be kind/helpful.



"Your care and support help children when they are hurting."



**LADYBUGS FOR CIRCLE ACTIVITY**

# LADYBUG COUNT

