

THE APPELBAUM

DAILY CURRICULUM

Age 2



AUGUST



Dear Subscriber,

It's August! We are in the heat of the summer, the last month before we officially start a new school year. We have lots of fun activities for you and the children this month.

Have a wonderful August filled with smiles, learning, love, and laughter.

Appelbaum Training Institute

PS. We welcome you join the over 100,000 early childhood providers who get our free dailymessages of classroom management tips and inspiration, Monday thru Friday from Maryln via email. Go to <https://www.atiseminars.org/mfm>

PSS. Check out our online webinars for topics that interest you. Go to: www.atiseminars.org

Below is a sample letter you can use. Feel free to edit it based on your needs.



Dear Parents,

We have a great month planned for your children. Our August themes are:

- Insects
- Happy Laughter
- Perfect Pasta
- Let's Move
- Hands and Feet

It would be helpful for our classroom if you could please donate a few items to assist us this month with the many activities we have planned.

- Please send a picture of your child by Tuesday, August 6.
- Please send a pair of old globes by Tuesday, August 20.

Thanks so much. Looking forward to a great month. Thank you for sharing your child with us.

Sincerely,



THE APPELBAUM DAILY CURRICULUM

Best practice activities during the COVID pandemic may vary depending on your location, community, or state.

Alter or eliminate activities as deemed necessary by local conditions, policies, licensing, government mandates and CDC guidelines.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Insects				"Fireflies" 	"Ladybugs"
Week 2 Happy Laughter	"Puppets" 	"Silly Faces" 	"Silly Dancing" 	"Happy People" 	"Happy Times"
Week 3 Perfect Pasta	"Round Pasta" 	"Straight Pasta" 	"Colored Pasta" 	"Pattern Pasta" 	"Pasta Art"
Week 4 Let's Move	"Dance" 	"Stretch" 	"Jump" 	"Roll" 	"Walk"
Week 5 Hands and Feet	"Waving/High Fives" 	"Hugs" 	"Clapping" 	"Running" 	"Walking"

Remember to plan ahead and use alternative activities for those with food sensitivities/food allergies as needed.

Theme for the Week



Insects

Activities for "Fireflies"

Materials Needed: Pictures of fireflies (provided), yellow spoons, tape, glue, Spoon Firefly shapes, Provided), flashlight(s), pictures of insects (provided)



CIRCLE ACTIVITIES

Tell children that today's flying bug is a firefly. It flies and it also lights up! Show pictures (provided) of a firefly. Does it have six legs? Yes. Does it have antennae? Yes. Does it have three body parts? Yes. Is it an insect? Yes. Fireflies have a mixture of chemicals in their body that make light. You can see them light up at night.



LANGUAGE-LITERACY

Flashlight Writing

Write each child's name very large on white poster board with a black marker. Turn off the lights. Children trace their name with a flashlight. If time permits, continue with letters and words.



FUN ART

Spoon Firefly Art (Shapes provided.)

Pre-cut shapes to form firefly. Glue or paste together. Tape to yellow spoon. If no spoons are available, use a small circle from Welcome Packet patterns. Color the circle yellow or use yellow construction paper and attach at the end of the body for the light on the firefly.



MATH

Count the Legs

Look at several or all pictures of crawling and flying bugs that are insects. Count their legs in each picture, 1 - 6. Challenge: Show children how the legs are across from each other in twos. Count 2, 4, 6. Repeat this several times with each bug.



MUSIC-MOVEMENT

Sing Insects (tune of "Twinkle Twinkle")

Fireflies and butterflies, buzzing bees up in the sky.
Teeny, tiny little ants, crawling up and down the plants.
Many insects can be found, in the sky and on the ground.



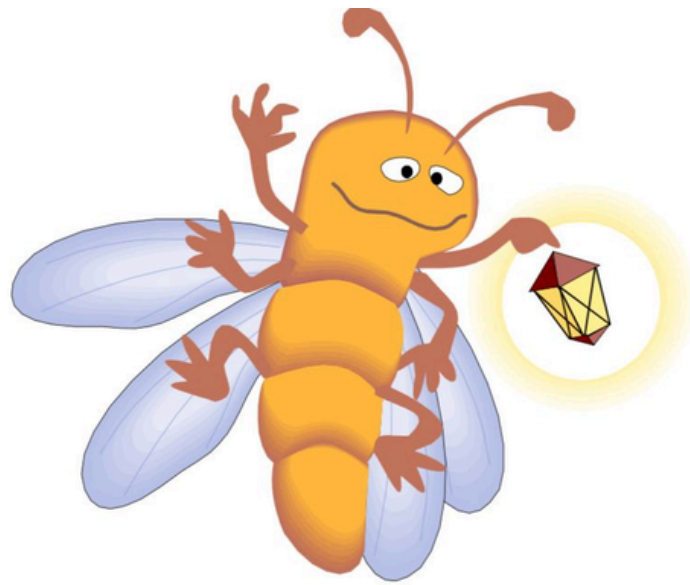
SOCIAL SKILLS

If I Were A Firefly

Children take turns sharing with the class: My name is _____ and if I were a firefly I would fly to _____ because _____.

This is a great way for children to be creative and learn more about each other.

"You light a fire in the minds of children."



FIREFLIES FOR CIRCLE ACTIVITY

Insects



SPOON FIREFLY



Cut out parts.

2. Glue or paste parts together to form firefly shape.

3. Tape to yellow plastic spoon leaving the spoon to show as the light of the firefly.



Theme for the Week



Insects

Activities for "Ladybugs"

Materials Needed: Pictures of a ladybug (provided), large red circle, pre-cut black circles, black circles f, white crayon or chalk, egg cartons, red paint, black markers



CIRCLE ACTIVITIES

Tell children that today's flying bug is a ladybug. Show pictures (provided) of a ladybug. Does it have six legs? Yes. Does it have antennae? Yes. Does it have three body parts? Yes. Is it an insect? Yes. Ladybugs are known as very helpful bugs because they eat other harmful bugs. Kids are helpful too. Each child tells something they have done that is helpful to others.



LANGUAGE-LITERACY

L-L-Looking for L-L-Ladybugs

Place a large red circle on the floor. Take a black marker and draw a line down the center of the red circle so that there are 2 sides. Precut small black circles (the ladybug's dots) so that each child will have 2 circles. Before you give them to the children, use white chalk or a white crayon to write an "L" on all of the small black circles. Children take turns taping their small black circle on each side of the ladybug. As each child does it, the child says, "L-L-Ladybug. When they are finished, it is the "class ladybug."



FUN ART

Egg Carton Ladybugs

Give each child one single cup cut from an egg carton. Children paint it red. Let it dry. Using a black marker, children draw a head on the front, a stripe down the middle and dots on each side of the stripe.



MATH

Ladybug Count

Children color and paste construction paper circles on the ladybug to give it spots on the wings. Help them decide how many spots. Have children count how many spots in all. Help them write the number. Use caution when using small objects with children.



MUSIC-MOVEMENT

Sing and Act Out Ladybug, Ladybug Ladybug, ladybug, (Move fingers.)
Can I see you crawl, (Crawl slowly on all fours.)
Hurry after those hurtful bugs (Move quickly on all fours.)
And be careful, do not fall! (Fall over.)

SOCIAL SKILLS

Being Helpful

Ladybugs are very helpful to gardeners because they like to eat bugs that cause problems in gardens. Who has helped you? Who would you like to help? How? Children share these answers with the class. This is a great way to teach what it means to be kind/helpful.

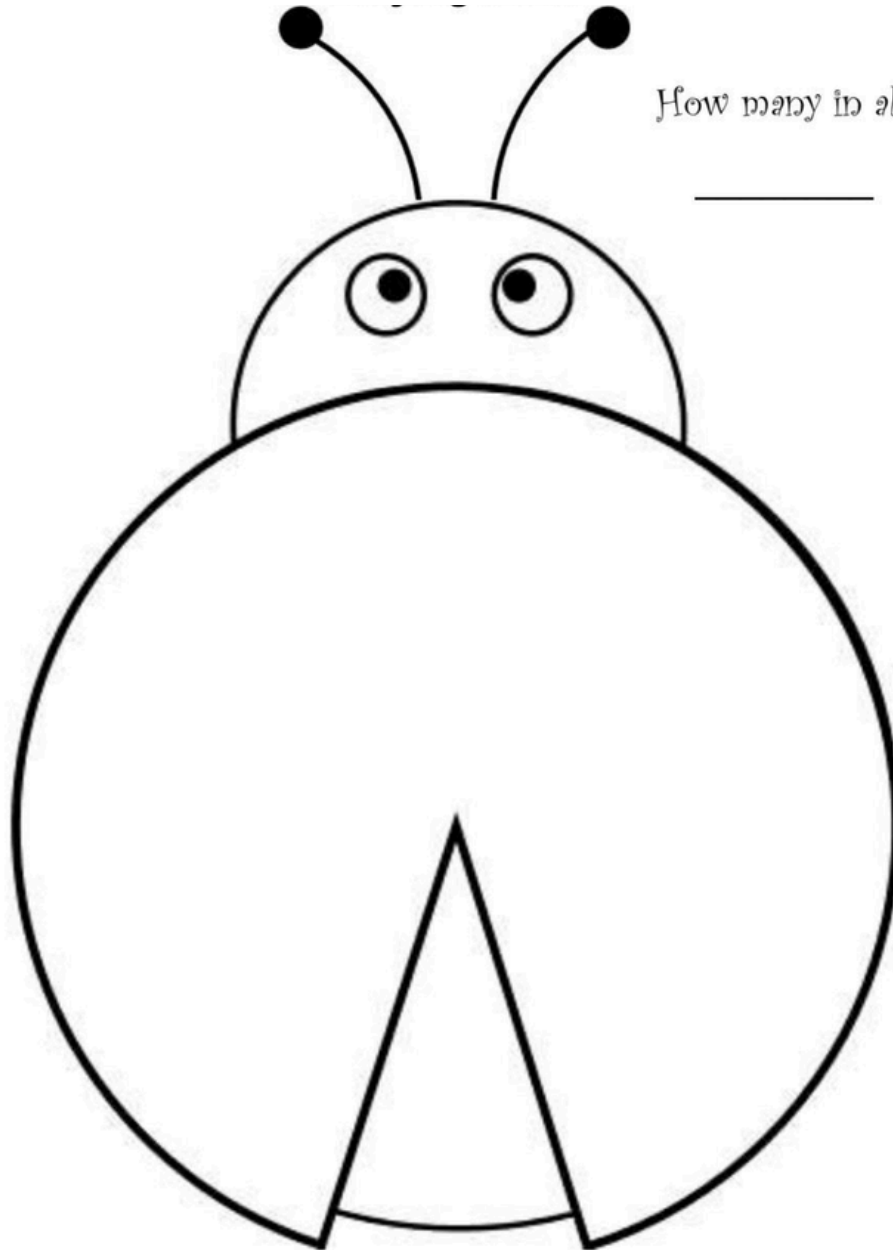


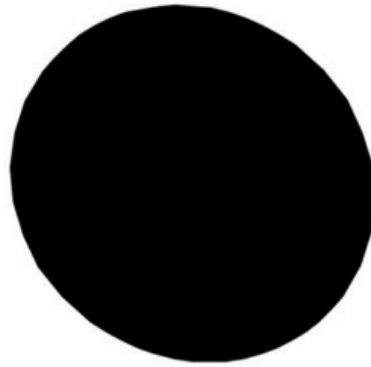
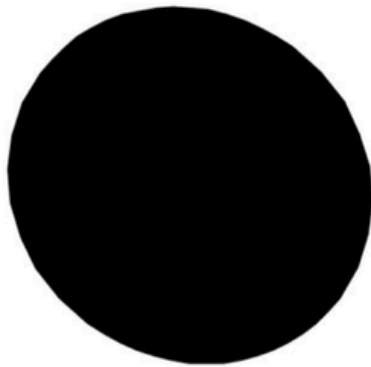
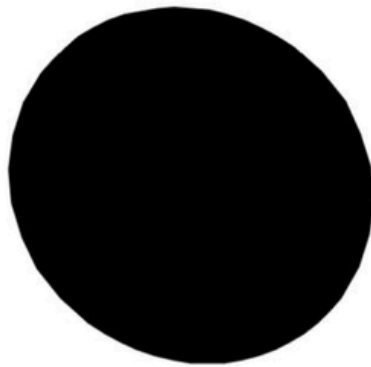
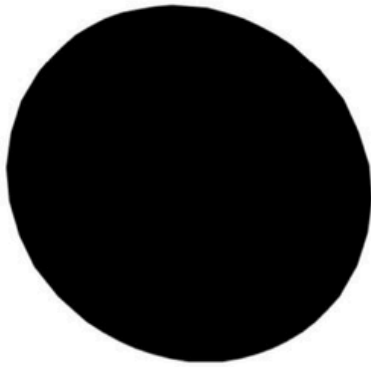
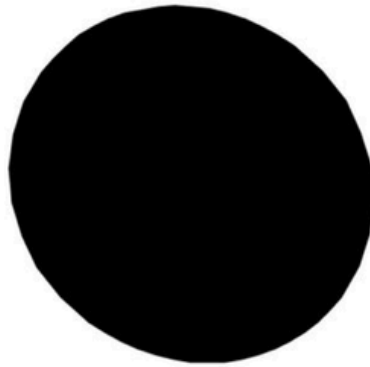
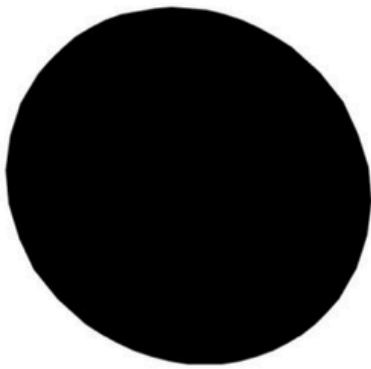
"Your care and support help children when they are hurting."



LADYBUGS FOR CIRCLE ACTIVITY

LADYBUG COUNT





Theme for the Week



Happy Laughter

Activities for "Puppets"

Materials Needed: Brown lunch sacks, magnetic letters, yarn, googly eyes, ribbon, washable markers, paste strips of orange paper, deck of cards (numbers only), class puppet. If you think you would like a "Talking Puppet, for your class, click <https://www.teacherboutique.com/Dog-Musical-Puppet-p/ati017.htm>

CIRCLE ACTIVITIES



Slip a brown lunch sack over your hand to use as a puppet. Draw eyes and mouth with a marker. Talk to the paper sack puppet and have it talk back to you. Have the sack puppet lead them into smiles and laughter. Watch this video link of MaryIn Appelbaum for ideas on talking with a puppet: <https://www.youtube.com/watch?v=v1BW44qjIZA> Pass the sack puppet around the circle for each child to hold it and say hello. Chant: We can have silly fun with puppets. (Click on the link in Materials Needed if you want a puppet for your class.)

LANGUAGE-LITERACY



Eating Letter Sounds

Give each child a magnetic letter sound they know. Hold a stuffed animal puppet or a sack puppet from Circle Time today. Say, "Mmm, mmm." Our class puppet loves to eat letters. The puppet is hungry for the letter, "s." Who has the letter "s" to feed our puppet as a snack? The child holding the magnetic letter "s" brings the letter and "feeds it to the puppet. You say, "Yummy. S-s-s-s is so good. Repeat calling out each letter and then naming its sound when it is eaten until all children have "fed" the puppet a letter.

FUN ART

Silly Sack Puppets

Give each child a brown lunch sack. They use yarn, googly eyes, ribbon, washable markers, etc. to create their own silly sack puppets. Save for Math and Music today.

MATH

Feed the Puppet

Pre-cut several small pieces of orange paper to be pretend carrots. Place the numbered cards from a deck of cards in a pile. Children take turns drawing a card and "feeding" that number of carrots to their sack puppets from Art today. After each carrot, the puppet rubs its stomach and says, "Oh yummy, yummy, I have carrots in my tummy. Yum!"

MUSIC-MOVEMENT

Silly Singing Puppet Pals

Children all stand holding their silly sack puppets made in Art today. Sing and act out: Silly puppets sing la, la, la. Silly puppets singing la, de, da. Watch my puppet wiggle while I walk. I can freeze with my friends and our puppets talk, talk, talk. My puppet and me, we dance all around. We can even touch the ground. Come with me on a wacky wiggle walk! Silly puppets sing la, la, la. Silly puppets singing la, de, da.

SOCIAL SKILLS

Puppet Rerun Stories (Practice Listening)

Children sit or lie down comfortably to hear a story. Your class puppet "reads" a favorite, well known story to the class. The puppet changes or omits words to make it silly and different. When finished, the children take turns telling the class puppet, "Thank you for reading to me." They high five or hug the puppet.

"You deserve a standing ovation for being a difference maker in the lives of children!"

Theme for the Week



Happy Laughter

Activities for "Silly Faces"

Materials Needed: Pictures of silly faces (provided), poster board, sticky notes, foil, yarn, ribbon, colored paper, tape, paste.



CIRCLE ACTIVITIES

Show children pictures of silly faces (provided). Have them try to make the same faces. Explain that being silly is fun and usually makes us laugh.

Children turn to each other and show their best silly face. Chant: Smiles and giggles. Silly and fun. I like learning with everyone.



LANGUAGE-LITERACY

Face Vocabulary

Draw a big silly face on poster board for all of the children to see. Ask, "Where is the nose?" A child points to the nose and you place a sticky note beside the nose to label it NOSE. Repeat for eyes, eyebrows, nostrils, lips, ears, etc.



FUN ART

Silly Hats

Look at the pictures from Circle Time again. Notice that a few of them are silly because of the hair or headpiece. Children create a silly headpiece to wear on top of their heads. Use foil to shape the head piece for each child. Then they decorate it with yarn, ribbon, colored paper, etc. Save for Music today.



MATH

Math Word of the Day: pair

Look at each other. How many eyes do you see on each person? Two. How many ears? Two. How many nostrils? Two. Explain that two of something is a pair. They all have a pair of eyes, ears and nostrils. What else do they have a pair of? Hands, feet, legs, knees, etc. Can they find pairs of anything in the room like shoes, scissors, etc.? Chant: A pair is two. Two is a pair.



MUSIC-MOVEMENT

Chant and Act Out Silly Face

Children wear their silly head pieces from Art today while chanting: Silly face, silly face: shake, shake, shake. (Shake body.) Silly smile, silly smile: clap, clap, clap. (Point to smile and clap.)

Silly eyes, silly eyes: blink, blink, blink. (Blink eyes.)

Shining kindness with a silly face: Blow a kiss! (Blow kisses and give hugs.)



SOCIAL SKILLS

"Thank You for the Smile. You're Fun!"

Children each have a partner. Partner A has a serious face. Partner B says,

"I'm going to try and make you laugh." Partner B makes silly faces until Child A laughs. When

Child A laughs, Child A says, "Thank you for giving me a silly smile. You are fun!" Switch roles.

"laughter increases the release of endorphins which is healthy for the body."



SILLY FACES FOR CIRCLE TIME

Theme for the Week



Happy Laughter

Activities for "Silly Dancing"

Materials Needed: Masking tape, colored construction paper, paints, ribbons, pipe cleaners, paste, white butcher paper, freeze ice trays of colored juices, cookie trays, boxes, stuffed animals, markers, scissors, fun music and player



CIRCLE ACTIVITIES

Stand up and do a slow, gentle dance for the children. Then do a silly, funny dance. Did they laugh? Did you laugh? Explain that you were having fun being silly while dancing. Children stand up, one at a time, and show the group a silly dance move. Chant: Dancing is fun. Silly dancing is lots of fun. Dance, dance, dance.



LANGUAGE-LITERACY

Letter Leg Dance

In advance, write letters that the children know on individual pieces of paper. Stick a lettered piece of tape on top of each child's leg being sure each leg has a different letter. They find a friend with the matching letter and dance naming all four letters on their legs. Switch partners and dance again naming the new letter sounds.



FUN ART

Silly Dancing Feet

Children stand on a piece of colored construction paper with their shoes on. Trace around their feet and cut out the feet prints. Children decorate their own feet cutouts with paints, ribbons, pipe cleaners, etc. to look like silly feet. Paste the pairs of silly feet onto white butcher paper as a pretend dance floor. Now they have a Banner of Silly Dancing Feet.

MATH

Silly Sliding Cubes

In advance, freeze ice trays of juice to have different colors. Example: Use a tray of cranberry juice for red, orange juice for orange, blue Kool-Aid for blue, etc. Dump the frozen cubes onto cookie trays. Children watch them dance (slide) around the tray. They slide them into groups by color. How many in each group? Which color has the most? Line them up in rows to make a graph. Which row is the longest? Shortest?

MUSIC-MOVEMENT

Push and Pull Silly Moves

Give each child a box to push or pull around the room with a stuffed animal inside their boxes. Children push or pull their stuffed animal around the room. Play fun music. They stop pushing, pick up their stuffed animals and dance. When the music stops, they put their animals back in the boxes and push them around again.

SOCIAL SKILLS

Silly Dance Off (Taking Turns and Following Directions)

Everyone sits in a circle. One person stands and shows a silly dance move. The others stand up and repeat it. They all sit down. A second person stands and shows a silly dance move. The others stand and repeat it. Play until all children have led the group.

"Dance new ideas and fun energy into your day."

Theme for the Week



Happy Laughter

Activities for "Happy People"

Materials Needed: Stuffed animals, magazines, finger paints, white paper, photo sample for Art (provided), colored construction paper



CIRCLE ACTIVITIES

Hold a stuffed animal and tickle its tummy. Make a pretend laughing sound coming from the stuffed animal. Ask if this is a happy or sad stuffed animal. It is happy. It is laughing. Explain that when people laugh and smile it is a sign that they are happy inside. Children take turns laughing. Then they take turns smiling. Chant: We are laughing, smiling, happy children. Yay!



LANGUAGE-LITERACY

Happy People Faces

Pre-cut several pictures of children from magazines. Children each paste a picture onto a piece of construction paper. Take two faces and talk about their smiles and the reasons they could be happy. Say, "We do not know these people, but they are happy too - just like you and me."



FUN ART

Happy Bug Prints

Children make several thumbprints on white paper with each thumbprint being a different color. Help them turn each thumbprint into a happy bug. Then name each bug with the names of happy friends in their class. Use photo sample (provided) as a guide. Display in the classroom on a Happiness Challenge bulletin board. Each morning for the next week(s) at circle time, let children tell you something that made them happy.



MATH

Happy Colors Graph

Children name a color that makes them happy. Give them that color of construction paper. Once all children have their "happy color" of paper, make a life size graph. Line up all of the red papers by asking those who chose red as their happy color to give you their papers. Then line up all of the blues beside the reds. Continue through all of the colors. Then look at each row of colored paper. Which color is the longest (has the most)? Which is the shortest (has the least)? Are any tied with the same number?



MUSIC-MOVEMENT

Chant and Act Out Galloping Girls and Boys

Children ride pretend horses around the room and chant: We are galloping girls and boys. Look at our smiles full of joy! Giddy up, giddy up, watch us ride. We have happiness tucked inside. Giddy up, giddy up, we love to smile. Won't you come and play for a while?



SOCIAL SKILLS

Happy-Cise (Working Together)

Children pair up and face each other. On the teacher's cue, they do the following one at a time while facing each other: Make silly faces facing each other; Put hands on hips and rotate back and forth, etc. When finished they tell each other, "I am happy exercising with you!" Watch Marty Appelbaum doing happy-cises with children at this link: <http://www.youtube.com/watch?v=1Kze8tMOBUU>

"Happy teachers help create happy children."

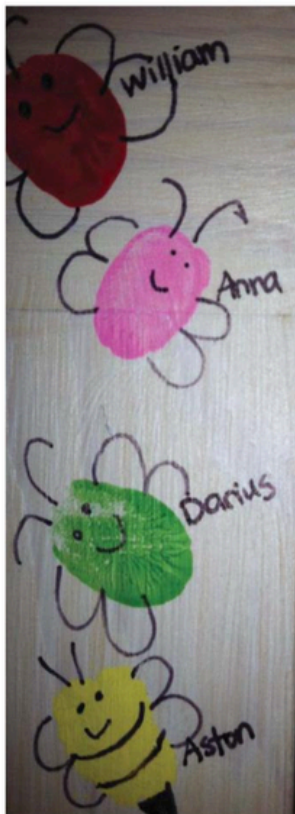


PHOTO SAMPLE FOR ART

Theme for the Week



Happy Laughter

Activities for "Happy Times"

Materials Needed: Bubbles, picture of each child taken by you or sent in by the families, construction paper, Kool Aid (in variety of colors), squirt bottles, dolls and/or stuffed animals, birthday candles.



CIRCLE ACTIVITIES

Blow bubbles in the air and watch children smile. Ask them if they are smiling or frowning. Smiling. Bubbles usually bring happy times for children. Say, "You can work together to pop bubbles. I will blow bubbles toward you and you clap on the bubbles to pop them." Blow bubbles. Chant: Clap, clap, clap went my hands. Pop, pop, pop went the bubbles.



LANGUAGE-LITERACY

Words of the Day - Happy Times

Children hold a picture of themselves that you took in advance or asked the families to send to child care. They take turns showing their picture and saying, "I am happy. I have happy times at child care." After all children have shared their pictures, they point to something in the room that is a happy time activity for them.



FUN ART

Kool-Aid Happy Designs

Give each child white construction paper. Have them help you sprinkle some dry, Kool-Aid mix in different colors onto their papers. Next, have the children spray water from a spray bottle onto the paper to make a colorful happy design.



MATH

Counting Happy Birthday Candles

Bring to the circle several dolls and or stuffed animals. Tell the children that they are going to play pretend today. Ask the children how old they are. They take turns telling you. Example: Jordan says, "I'm two." Say, "how many birthday candles would you need on a birthday cake? The children count out 2 candles, "1, 2," and then sing Happy Birthday. Then hold up one of the dolls and say, "Let's pretend that this doll is 4 years old. How many candles does this doll need on a cake? The children say, "4." They count out "1, 2, 3, 4," candles, and then sing Happy Birthday to the doll. Do this with other dolls or stuffed animals.



MUSIC-MOVEMENT

Sing and Act Out Happy Shakes

Shake, shake, shake a hand. I want a happy shake with you.

I say, "How happy are you? You are such a terrific friend too." Shake, shake, shake a hand. Happy high fives too. It's a happy day to come and play too. Yay!



SOCIAL SKILLS

Happy Times Friends Circle (Building Community)

Children hold hands and walk in a community circle while saying, "Friends, friends. Happy friends. We have happy times together." Stop. They turn to a friend and say, "I'm happy you're my happy time friend!"

"Child care days are happy time opportunities."

Theme for the Week



Perfect Pasta

Activities for "Round Pasta"

Materials Needed: Box of macaroni and cheese, pictures of pasta (provided), pictures of macaroni pasta (provided), colored 12X18 construction paper, paste, white 9X12 construction paper, finger paints, paper plates, paper bowls, small round ball, long piece of fabric. (Note: Always watch closely that children don't try to eat the uncooked pasta. If you have a concern with your class, cook the pasta ahead.)



CIRCLE ACTIVITIES

Show children a box of macaroni and cheese. Do they recognize it? How many like to eat mac and cheese? Show children pictures of pasta (provided). Explain that there are several types of pasta. Macaroni is just one type of pasta. Point to the pictures of round pasta (provided). You eat pasta when it's cooked and never when it's raw. It could hurt your tummy. Chant: Pasta comes in different shapes and different sizes.



LANGUAGE-LITERACY

Name in Pasta

In advance, largely write each child's name in pencil on 12X18 construction paper. They cover the letters of their name with cooked cold round pasta pieces. Then they paste the pieces in place.



FUN ART

Round Pasta Stamps

Give each child a white piece of 9X12 construction paper. Children dip various pieces of cooked round pasta into plates of finger paints and then press the pasta onto their papers to make pasta prints. They can make any design they choose with as many colors as they choose. Be sure to have a variety of pasta such as spiral, elbow, penne, etc.



MATH

Counting Macaroni Pasta

Cut apart the sheet of Macaroni Pasta (provided). Give each child an empty bowl and lots of pieces of round pasta (cut apart from sheet provided). Tell them it's macaroni pasta. It's lunch time. Ask them how many pieces of pasta they want to eat. They take turns saying a number (1 to 10) and then they all count the pieces of pasta and put it in their bowls, and say, "Yummy." Have them do it over several times each time counting different amounts.



MUSIC-MOVEMENT

Toss It Over or Under the Bridge

Have a round ball. Tell them the ball is round like some pieces of round pasta. Stretch a long piece of fabric between two chairs so there is a space between the floor and the fabric. Children take turns tossing the round ball over and under the pretend bridge made from fabric. As they each toss the ball, the other children say, "Toss it over the bridge," or "Toss it under the bridge." They sing to the tune of "London Bridge:" Pretty bridge for ball toss, ball toss, ball toss Pretty bridge for ball toss, with my frie-nds.



SOCIAL SKILLS

"What's Your Favorite Pasta?"

Children take turns telling about their favorite kind of pasta. Ask them questions like: "What's your favorite pasta?" "Do you eat pasta in a restaurant or at home?" "Do you like pasta plain or with sauce?" "What kind of sauce?" Children are learning to take turns speaking as they have fun answering the questions.

"Teachers help create a perfect atmosphere for learning with structure, love and limits."



PICTURES FOR CIRCLE TIME



Pasta



Theme for the Week



Perfect Pasta

Activities for "Straight Pasta"

Materials Needed: Pictures of cooked and raw spaghetti (provided), prepare cooked spaghetti in advance, olive oil, bowls, prepared Kool-Aid in different colors, cookie trays, manilla or white construction paper to be cut into strips for Math and Music; pot, large wooden spoon, yellow construction paper cut into strips for Music

CIRCLE ACTIVITIES



Show children pictures of cooked and raw spaghetti (provided). Note that raw spaghetti is straight and when cooked, it bends. Explain that spaghetti is a type of straight pasta, unlike the macaroni and wheel pasta they saw yesterday. Count how many children like to eat spaghetti. In advance, cook some spaghetti and have it cooled in a bowl. Give each child a piece of cooked spaghetti to taste. (Note: Be sure to double check for food allergies.) Chant: Spaghetti is straight. Then you cook it and it tastes so great.

LANGUAGE-LITERACY

Sensory Spaghetti Letters



In advance, cook a pot full of spaghetti and/or fettuccini. Let it cool. (Toss with olive oil to help it not stick together.) Give each child a bowl of spaghetti. Squirt a few drops of colored Kool-Aid in the bowls to change the color of the spaghetti by mixing it all together. Children then practice making letter shapes with the pasta on cookie trays or wax paper (to avoid it sticking to paper). When they are ready to make letters that stay in place they can use the pasta to make letters on construction paper and let it dry in place.

FUN ART

Playdough Pasta Fun

Give each child a sheet of construction paper and playdough. Have them make straight pasta and round pasta and have fun doing a free design.



MATH

Making a Pot of Spaghetti

Ahead of time, cut up manilla sheets of paper into long strips to be pretend spaghetti. Give each child 10-20 strips (pieces of spaghetti.). Tell them that they are pretend spaghetti. Have a big pot. Tell them that you need lots of spaghetti to cook in the pot. Example: "Look at my pot. I want to cook spaghetti to make it soft and good." Have one of the children count 3 pieces of spaghetti to put in the pot. Stir it up with a big spoon, and then tell the children you need more. Have the children each give you a number of noodles you ask for. Stir it up each time. Do this until all the strips of spaghetti are gone.



MUSIC-MOVEMENT

Sing, Sunshine Smile (tune of "Row, Row, Row Your Boat")

In advance, place a large paper circle in the center of the circle. Then have the children place strips of paper (like the ones used in math) to be the rays of sunshine. Children open their arms wide like sunshine rays and smile really big as they sing: Smile, smile, smile real big. Sweetly in our class. Happily, happily, happily, happily, sunshine in the air.



SOCIAL SKILLS

Greeting Each Other in the Morning

Tell the children that when they see each other in the morning, there are many ways to say hello. One is to say, "Hello" to a friend. Have the children practice saying "hello" to each other. Tell them another way is to smile "Hello." They smile real big when they see their friend. Have them practice smiling hello.



"Teachers are straight up significant influences in the lives of children."



PICTURES FOR CIRCLE TIME

Theme for the Week



Perfect Pasta

Activities for "Colored Pasta"

Materials Needed: Bags of colored and non-colored raw pasta, cook large pot of spaghetti in advance, olive oil, bowls, non-toxic finger paints, Kool Aid (different colors) to use as bottles of food coloring, magnetic letters, wax paper, tub, paper plates (Note: always be extra cautious with young children and dry pasta.)



CIRCLE ACTIVITIES

Show children a bag of colored pasta and a bag of non-colored pasta. Explain that the bag of colored pasta was made with different foods to color it. Today they will color pasta by dyeing it like dyeing eggs at Easter time. Children name their favorite colors.

Show them bottles of food coloring. They raise their hands for their favorite of the food coloring colors. Chant: We get to color pasta. Pasta is yummy to eat and fun to learn with too.



LANGUAGE-LITERACY

ABC Spaghetti

In advance, cook a large pot of spaghetti. Drain, rinse, stir in some olive oil and divide into four bowls. Add drops of colored Kool Aid in each bowl, making each bowl a different color. Mix all of the bowls into a large tub with magnetic letters. Children enjoy sensory learning as they search through the spaghetti to find letters. Name the letter and place it in alphabetical order as all the letters are found.



FUN ART

Painting Pasta

Squirt non-toxic finger paints on several different plates with each plate a different color. Children dip cooked and cooled pieces of pasta into the paints to color them. Then they place them onto wax paper to dry. Save for Math today and Day 5 Art.



MATH

Pasta Shape Sort

Children lift off the colored pasta from Art today on the wax paper. They sort the pasta by shape. Count how many pieces in each group. Which piece is the longest? Shortest? Save for Day 5 Art.



MUSIC-MOVEMENT

Chant and Act Out Pasta

Children have pretend pasta in their hands and chant.
Mmmm, mmmmm, pasta. Oh, how we love it!
P-p-pasta, we like to eat every bit.
Here is a piece for you, and a piece for me.
Twirl it on a fork and taste it, yu-um-eee!!!

SOCIAL SKILLS

Spaghetti Sillies (Working Together and Creative Play)

Children pretend their bodies are pasta. They listen for your directions on which pasta to act out. Example: "Make spaghetti arms. Bend your bodies like macaroni. Stand tall like penne, etc." After several pasta moves, children high five friends and say, "I was silly spaghetti with you. You are a fun friend."



"Bring colors of brightness into the lives of children with your smile and compassion."

Theme for the Week



Perfect Pasta

Activities for "Pattern Pasta"

Materials Needed: Colored papers, various types of dry pasta, magnetic letters, plastic forks, non-toxic washable paints, painted cooked pasta, paste, white construction paper, pictures of pasta (provided), bowl, small strips of red, green, yellow, blue, and white paper cut into strips to be pretend pasta for Literacy. Note: always be extra cautious with young children and dry pasta.)



CIRCLE ACTIVITIES

Place colored papers on the floor in a pattern such as red, blue, red, blue, etc. Ask the children which color will come next. Then place pasta on a sheet of white construction paper in a pattern such as penne, spaghetti, wheel, etc. Ask which pasta will come next. Look for patterns in the room. Tell the children they will have more fun with pasta today by making patterns. They clap in a pattern such as clap, high five a friend, clap, high five a friend, etc. and chant: More fun with pasta. Yay!



LANGUAGE-LITERACY

Going on a Letter Hunt

Cut up ahead 2 inch strips of green, blue, yellow, red, and white papers. Put them in a small bowl for each child. It becomes a sensory bowl. Put also in each bowl a magnetic letter or a letter you pre-write on a small piece of paper. The children go on a letter hunt in their bowls. When they find the letter, they say it out loud with you. Then they take the strips of paper and put them on a large sheet of paper making a pattern of their choice. (Save the strips of paper for tomorrow's social activity.)



FUN ART

Forks and Pasta Fun

Is it easier to eat pasta with a fork or spoon? A fork. Show children plastic forks. They use them as paint brushes to dip into non-toxic washable paints and then press down on white construction paper. Children paint cooked pasta different colors. Then they make fork strokes and paste painted pasta onto their papers in a repeating pattern. Example: fork print, pasta, fork print, pasta, etc.



MATH

Pasta Picture Patterns

Help children make patterns with pasta pictures (provided). They place across the table a picture of wheel pasta, picture of macaroni, wheel, macaroni, etc. Count how many of each type and how many altogether. Then sort all of the pieces by type.



MUSIC-MOVEMENT

Sing and Act Out I've Got Pasta

Children place a piece of wheel pasta on their bodies as they sing:

I've got pasta on my knee. (Point to knee.) I am ha-a-py. (Point to smile.) I've got pasta on top of my head. (Point to head.) It will fall off if I go to bed! I've got pasta in my palm. (Point to palm.) I can blow it off and stay real calm.

SOCIAL SKILLS

Pattern Poses (Listening Practice)

Children move their bodies in different poses following a pattern you ask them to do.

Examples: Walk with arms straight out, jump, walk with arms straight out, jump, etc.

Step backwards, touch your toes, step backwards, touch your toes, etc. Pat head, rub tummy, make spaghetti arms, repeat. After several patterns of different poses, they stretch their bodies and chant: We are great listeners having fun at child care.



"Create a routine pattern to your days. It can help children feel safe and secure with structure."



PICTURES FOR MATH AND MUSIC

Theme for the Week



Perfect Pasta

Activities for "Pasta Art"

Materials Needed: Various types of dry colored pasta that have been used this week, butcher paper, whiteboard and marker, white construction paper, paste, painted pasta from Day 3 Art, cooked and cool macaroni, raisins, Cheerios, small cups, plates, bowls, paper strips from yesterday's literacy activity. Note: always be extra cautious with young children and dry pasta.)



CIRCLE ACTIVITIES

Point to some of the children's art work displayed in the class room. What did they use to create the art work? Crayons, markers, paints, paper? Show them several pieces of colored pasta from this week. How can they make art with the pasta? Place a large piece of butcher paper in the center of the circle. Give each child a few pieces of colored pasta. They place it on the paper in a design. Then they all sit back in their places to see the different designs while you are observing them.



LANGUAGE-LITERACY

"Patty Pickles Picked Pickled Pasta"

Write on a whiteboard the letter "p." Tell the children there are lots of words that begin with "p." They are going to play a silly word game today. Have the children take turns saying, "Patty Pickles picked pickled pasta." There will be lots of giggles as they say it. If it comes easily to them, you can add one word: "Patty Pickles picked pickled pasta patterns."



FUN ART

Colorful Creations of Pasta

Children choose and place various types of colored pasta from Day 3 Art on a piece of white construction paper. They create a design or picture of their choice. Once the picture is the way they like it, they paste the pieces in place.



MATH

All Mixed Up and Sorted

Children wash their hands well. Give each child a cup full of cooked and cooled macaroni, raisins and Cheerios. Children look at the mixture and name what is in the cups. They sort the pasta onto one plate, the raisins onto a plate and the Cheerios onto a plate. How many of each item on each plate?



MUSIC-MOVEMENT

Chant Pasta Stew

Tell the children they are going to pretend to each be holding in their hands pasta. We're going to make a pasta stew. Chant: I'm making pasta stew, pasta, pasta stew.

I'm making pasta stew for me and you. Toss in a piece of pretend pasta and we'll give it a stir. (One child adds pretend pasta and stirs it.) What kind of sauce do you prefer?

Repeat until all children have had a turn to add their pretend pasta and stir.



SOCIAL SKILLS

"Sharing is Kindness."

Start by demonstrating. Hold a bowl of pretend pasta. Tell the children that you are hungry and are going to eat it. Then tell them a made up story about a child who didn't have any food at home and was always hungry. Ask them, "Do you think I should eat the pasta or give some it to someone who has nothing to eat. They will say to share it. Ask them what else do they have that they can share with others. End by saying, "It's kind to share with others."

"Your classroom is a canvas where you create masterful artwork inside the hearts and minds of children."

Theme for the Week



Let's Move

Activities for "Dance"

Materials Needed: Plastic fork and spoon, fun music and player, butcher paper, crayons, masking tape, magnetic numbers



CIRCLE ACTIVITIES

Hold up a book and ask, "When you hear a book being read to you, what are you doing?" Sitting and listening. Show children a plastic fork and spoon. Ask, "When you are eating, what are you doing?" Sitting and chewing your food. Play some music. Ask, "When you hear music, what can you do?" Dance! Tell children that they will get to dance today and have extra fun learning. Children do seated dance moves and chant: Dance, dance, dance. We will move our bodies to the music today!



LANGUAGE-LITERACY

Dancing Words

Tell children that each time they sing the word "twinkle" in Twinkle Twinkle Little Star they will dance. They listen for the dance word as you and they sing together. Repeat the activity and have them dance on the word "farmer" in The Farmer in the Dell. Continue with other well-known songs choosing a new word for each song.



FUN ART

Dance Partners

Pair children with a "dance partner." Help them trace their "dance partner" on butcher paper. You cut out their body shapes. They color their paper bodies. Hang the two paper bodies together on the wall as though they are dancing.



MATH

Dancing to shapes

Make several large shapes out of masking tape on the floor. Put magnetic numbers inside the shapes. Example: Numbers 3 and 5 are in a taped triangle, numbers 1 and 7 are in a taped square, etc. Tell the children to dance across the room until they get to the number one. Play music. They find the number one. Ask which shape the number one is sitting in. They respond with the name of the shape. Repeat with the children dancing to a new number each time.



MUSIC-MOVEMENT

Dancing Body Parts

Children take turns standing in the center of the circle. You whisper into the child's ear a body part. The child dances (moves) that body part. The other children watch closely. They name the body part and then dance that body part on their own bodies. A new child has a turn and you whisper a new body part. Play until all children have a turn to be in the center of the circle.



SOCIAL SKILLS

Conga Line Fun (Working Together and Building Community)

Turn on fun music and start to dance. Children each put their hands on the hips of a person in front of them. They follow you around the room while using their feet in a rhythmic way. When the music stops, they clap and chant: Woo hoo! Dancing with friends is great fun too.

"Teachers dance into the hearts of children as they sing and play with them each day."

Theme for the Week



Let's Move

Activities for "Stretch"

Materials Needed: Crayon, construction paper, brand new sponges, pan of water, non-toxic paints, clothespins, Whiteboard and marker, masking tape



CIRCLE ACTIVITIES

Place a crayon in front of you on the floor, but out of arm's reach. Say, "I need to pick up the crayon. My arm cannot reach that far. I will stretch my body to get closer to the crayon." Stretch your body so that you can reach the crayon. Have children raise their arms above their heads. Say, "Try to reach the ceiling." They stay seated and stretch their arms higher. Then have them stand up and stretch onto their tip toes with their arms in the air. Sit back down and stretch legs out in front. Bend over. Chant: We can stretch our bodies to reach further and exercise our muscles. Stretching is good for you!



LANGUAGE-LITERACY

Stretching to Become a Letter

Write a letter on the whiteboard. Tell them the name and sound of the letter. Then have them stand up and stretch their bodies to look like the letter. After they do the stretch, they all say, "Look, I'm a "_____" and name the letter and say the sound. Repeat with several letters.

FUN ART

Stretchy Sponge

Give each child a piece of a brand new sponge. (In advance, cut new sponges in half or use whole sponges if enough are available for all the children.) Have them note the size. They place their sponges in a small pan of water and watch them "stretch" to a bigger size. They squeeze out the water and clip a clothespin onto each sponge. Now they use them as paintbrushes to paint a design of their choice.

MATH

Stretch Counting Game

Children take turns doing a stretch of their choice. Count each stretch. When you get to the fifth stretch, that child sits down. Continue until all children are seated. Repeat with more numbers and more stretches.

MUSIC-MOVEMENT

Stretching Circle

Children hold hands and stand in a circle. They take a few steps forward so that their shoulders are touching, and they are still holding hands. Say, "You are standing together in a small circle. Stretch into a big circle." Children slowly step backwards, making their circle very big. They chant: Stretching, stretching, we are stretching our circle. Now we will stop and stretch our arms. They drop their hands and stretch their arms. Repeat and have them stretch in a different way on each turn such as stretching their legs, fingers, necks, entire bodies, etc.

SOCIAL SKILLS

Stretching Line (Practice Standing Still and Stretching Slowly)

Place a few long pieces of masking tape on the floor. Children all stand on a section of masking tape, being sure to be at least an arm's length apart from each other. They stand silent and still. Have them stretch their arms without moving their legs. Then have them stretch their necks without moving their legs. Continue with more body parts, but always keeping their legs still. Chant: We can listen well and stand still.

"Stretch your arms and take a deep breath before speaking when you are upset."

Theme for the Week



Let's Move

Activities for "Jump"

Materials Needed: Plain paper, non-toxic washable paints, paintbrushes, white construction paper, masking tape, orange paper, masking tape or colored papers



CIRCLE ACTIVITIES

Show children pictures of a frog and a kangaroo (provided). Ask how these animals move. They jump. Explain to the children that jumping is another way their bodies can move too. They place two fingers on the floor in front of them and "jump" their fingers around. Chant: We can jump like a frog and kangaroo. Jump, jump, jump!



LANGUAGE-LITERACY

Saying Words with Jumping Feet

Children repeat words after you by "saying them with their feet." They jump the syllables. Example: You say, "Sunshine." They jump once and say, "sun." They jump a second time and say, "shine." Repeat with many different words like table, tickle, cold, laughing, etc.



FUN ART

Double Do Jumping Art

Children hold two paintbrushes (each dipped in a different color of non-toxic paint) in one hand as pretend legs. They "jump" their paintbrushes around on white construction paper by placing and lifting the brushes on and off the paper. This will create a scattered "jump print" art all over the page.



MATH

How Far is Your Jump?

Place a line of masking tape on the floor to be the starting line. Children stand on the line one at a time and jump forward. Place a small piece of tape where they land and write their names on it. Measure how far they jumped with blocks. How many blocks long was their jump? Once everyone has jumped, look at all of the named pieces of tape. Which one is the longest? Shortest? Which are the same distance?



MUSIC-MOVEMENT

Sing and Act Out a New Version of Ring Around the Rosie

Children stand in groups of three and hold hands. They walk in a circle as they sing:
Ring around the rosie, A pocket full of posies.
Laughing, laughing ... We all jump up . and down!
(They jump up and then sit down.)

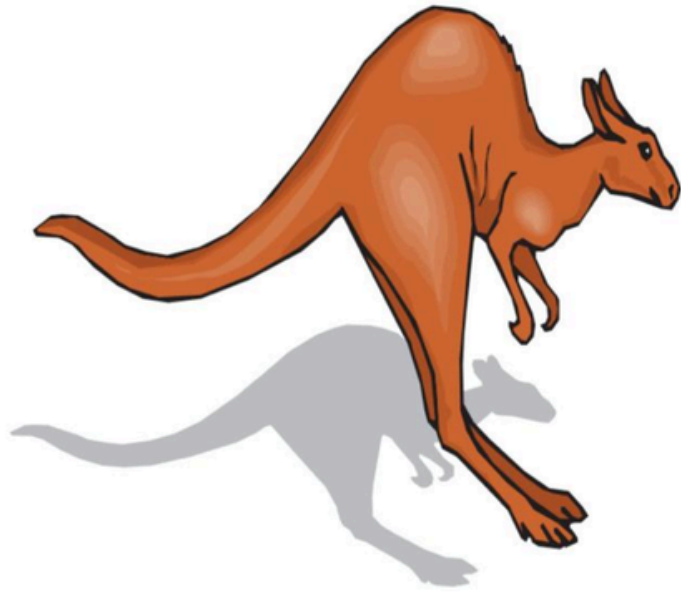


SOCIAL SKILLS

Bend and Straighten (Working Together)

Pair children. They face each other, hold hands, and sing to the tune of "London Bridge:"
Bend and straighten. Bend and straighten. Move around. Move around.
As they sing, they bend their knees and then straighten back up. Then they drop hands, turn around in place, and then jump up and hold hands again. Repeat several times.

"Jump with joy and celebrate each positive behavior of all children."



PICTURES FOR CIRCLE TIME

Theme for the Week



Let's Move

Activities for "Roll"

Materials Needed: Beach balls, cookie trays, crayons and/or non-toxic finger paints, plain paper



CIRCLE ACTIVITIES

Show children a beach ball. Ask if the beach ball can jump like a frog? No. Can it stretch arms into the air? No. Can it dance on two feet? No. How does a ball move then? It rolls. It can roll because it is round with no sides. Roll a ball across the circle. Child A stopping the ball says, "A ball can roll. It has no sides." Child A rolls the ball to Child B. Continue until all children have rolled the ball. Chant: Our bodies can roll like a ball too.



LANGUAGE-LITERACY

Rolling Story Fun

Choose a book that the children enjoy. Tell them you are going to do something different today when you read it to them. Every time you finish a page, you will say, "Roll," and they will all roll their heads and shoulders to one side (right), until the page is turned. Then they sit back up while you read another page. At the end of that page, you say, "Roll," and they all roll to the other side (left).



FUN ART

Unique Balls

Children place several strips of masking tape on cookie trays. They decorate their masking tape strips with crayons and/or washable non-toxic finger paints. Once dry, they wrap their decorated tape pieces around a crumpled ball of paper to make a colorful ball that they can roll. Save for Math and Music today.

MATH

Roll Into Shapes

Make a circle, square, triangle and rectangle on the floor with masking tape. Children take turns holding their balls from Art today. Say, "Roll the ball into the square?" The child tries to roll the ball right into the square. Give each child a turn, naming a different shape to roll to each time. When finished, count how many lines make up each shape. (Zero lines for circle, three lines for triangle, etc.)



MUSIC-MOVEMENT

Sing Where is My Ball? (tune of "Where is Thumpkin?")

Children hold and roll their balls from Art today while singing: Where is my ball? Where is my ball? It's rolling all around. Rolling all around. It has no sides. It has no sides. Don't you see? Don't you see? I think my ball should come sit with me. Come sit with me.



SOCIAL SKILLS

Rock and Roll Your Boat (Working Together)

Pair children. They hold hands, facing each other, and sitting on the floor. They pretend to be in a boat. They make their "pretend boats rock in the water and roll around in the water and chant: Rock, rock, rock our boat. Be very, very careful to not roll out and float! Repeat with a new partner.



"You get to create rock and roll times for children."

Theme for the Week



Let's Move

Activities for "Walk"

Materials Needed: Yarn or ribbon tied around magnetic letters, plain paper, clipboards, crayons, differently colored footprint shapes (provided)



CIRCLE ACTIVITIES

Walk slowly around the circle. Have the children look at your feet. Say, "My feet are moving. They are making my body move. Are my feet jumping?" No. Ask, "Are my feet rolling?" No. Ask, "What are my feet doing?" They are walking! Explain that walking is putting one foot in front of the other and not going fast. Chant: Walking is very important. Thank you, feet for walking our bodies. We can walk in the class with walking feet.



LANGUAGE-LITERACY

Taking Letters on a Walk

In advance, tie a piece of yarn or ribbon around magnetic letters. Children choose a letter and pull it around the room as though "walking the letter." They name the letter and say, "I am taking the letter A on a walk. I am walking with the letter A." They "walk" a variety of letters.



FUN ART

Listening Walk

Give each child a piece of plain paper on a clip board. You carry a basket of crayons. They follow you outside on a listening walk. They walk quietly and listen for sounds like birds, cars, etc. Stop a few times during the walk. At this time they draw something they can hear or see on their papers, or whatever they are thinking of at that time. When they come back to the class room, they take turns sharing their drawings.

MATH

Walking Feet (Matching)

Cut out different color foot print shapes (provided) & put pairs in the center of the circle. Give each child one foot print shape from the pile. They take turns finding the matching foot print in the pile and hold that pair while others find the remaining matches. Once all foot print pairs are matched children take turns returning the pairs to the center of the circle. Next, sort the foot print shapes by color. How many in each group? How many altogether?



MUSIC-MOVEMENT

Sing and Act Out Child Care Walk (tune of "The Ants Go Marching")

Our friends go walking one by one, hurrah, hurrah. (Repeat.)

Our friends go walking one by one. We love to play and walk each day.

And we all go walking up and down to have lots of fun today, today, today!



SOCIAL SKILLS

Relaxed Walking (Learning Relaxation and Listening Practice)

Children sit quietly and repeat after you: We can be so quiet. Quiet as a mouse. Shh! (Fingers over mouths.) We can lie back - like on a bed in our house. (Lie down.)

We can sit up nice and tall. (Sit up.) Then very quietly walk to the wall. (They walk quietly to a wall in the room.)



"Walk the talk of a positive example each day."

Footprints



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Theme for the Week



Hands and Feet

Activities for "Waving/High Fives"

Materials Needed: Donations of old gloves to be cut apart, googly eyes, yarn, washable markers, white construction paper, music and player



CIRCLE ACTIVITIES

Point to your feet. Ask, "What are your feet used for?" Point to your hands. Ask, "What are your hands used for?" Hands are for eating, playing, praying, clapping, etc. Wave to each child and say, "Hello, Name of Child." Explain that hands are also for waving hello and good-bye. Give each child a high five and say, "You are grand!" Explain that a high five is a fun way to greet another person and also a way to say, "Good job." Children wave to the friend sitting beside them. Then they high five the friend on the other side. Chant: Hands are for high fives and waving too!



LANGUAGE-LITERACY

Parts of My Hand Vocabulary

Children wave their hands. Tell them to give high fives. Then tell them to wiggle their fingers. Point to your palm. Tell them that is part of the hand called a palm. They touch their palms and say, "This is the palm of my hand." Repeat with other hand vocabulary: fingers, finger nails, wrist and knuckles.

FUN ART

Finger Waving Puppets

In advance, ask families to donate old pairs of gloves and cut the fingers out of the gloves. Give each child two glove fingers (or more depending on how many gloves are available). They decorate them to make finger puppets with markers, yarn, googly eyes, etc. Save for Music today.

MATH

High Five Math

Children hold up their hands and say, "Here is my hand with a high five to give." They walk around and give high fives to each other. Next, have them spread their hands apart on white construction paper so that you can trace each finger and thumb. Number each finger and thumb, counting aloud with the child from 1 - 5 for each child, and then you and the children count together all the fingers and thumbs.

MUSIC-MOVEMENT

Chant and Act Out Wave With Me

Children wear their finger puppets from Art today while singing:
Wave, wave, wave with me. Count my fingers, 1, 2, 3.
Wiggle, wave and dance around. Watch my fingers touch the ground.
Say hello and how are you? Fingers jump and say, "Howdy do."

SOCIAL SKILLS

Waving Friends

Children dance around the room to their favorite fun music. When the music stops, children wave to a friend and say, "Hello friend. Bye bye. Let's dance again." Play the music again and repeat several times. When finished children give high fives and chant: We are high five wonderful waving friends!

"Give a high five and dance a jive for making a difference with children."

Theme for the Week



Hands and Feet

Activities for "Hugs"

Materials Needed: Heart shape (provided), various items for discussion today during Language-Literacy, various art supplies for Art, paste, tape, pipe cleaners, paper cups



CIRCLE ACTIVITIES

Name each finger on your hand: pinky, ring, middle, pointer and thumb. Tell them that their hands can give hugs by wrapping their pinky fingers with another friend, or wrapping thumbs, etc. Children give their friends pinky hugs and thumb hugs. Explain that you can give big hugs by wrapping your arms around a person and placing your hands on the person's back. Ask each child if they would like a hug. Give hugs to those who say yes. Chant: We can hug in many ways with our hands.



LANGUAGE-LITERACY

What Goes with a Hug?

Hug a child. Tell the children that when there is a hug, there are other things that go with it like hands and arms to hug, and a smile. Hold up a plastic spoon. Ask, "What kinds of things do you see go with a spoon? Children give answers like food, plate, fork, etc. Hold up a shirt. Ask, "What goes with a shirt?" Pants, shoes, etc. Continue holding up various items and have children share what goes with that item.



FUN ART

My Hugging Heart

Children decorate an individual heart (provided) with various materials such as construction paper, fabric, foil, gift wrap, tissue paper, etc. Once finished, tape a pipe cleaner on each side for them to look like arms coming off of the heart. It is a hugging heart!

MATH

Hugs for Finding the Object (Learning About Order)

Number five paper cups. Place them on the table upside down and in numerical order. Children close their eyes. Hide a block under one cup. Ask, "Is the block hiding under the #1 cup, the #2 cup, the #3 cup, the #4 cup or the #5 cup?" Children guess. Do it again. Change the words to: "Is the block hiding under the first, second, third, fourth or fifth cup?" Children guess. The children who guess correctly hug each other. Repeat several times.



MUSIC-MOVEMENT

Sing Hug, Hug, Hug Your Friend (tune of "Row, Row, Row Your Boat") Hug, hug, hug your friends, Sweetly all day long. Merrily, merrily, merrily, merrily, hugs help us belong.

They hug a friend nearby. Dance and sing again. Stop and hug again. Repeat several times.

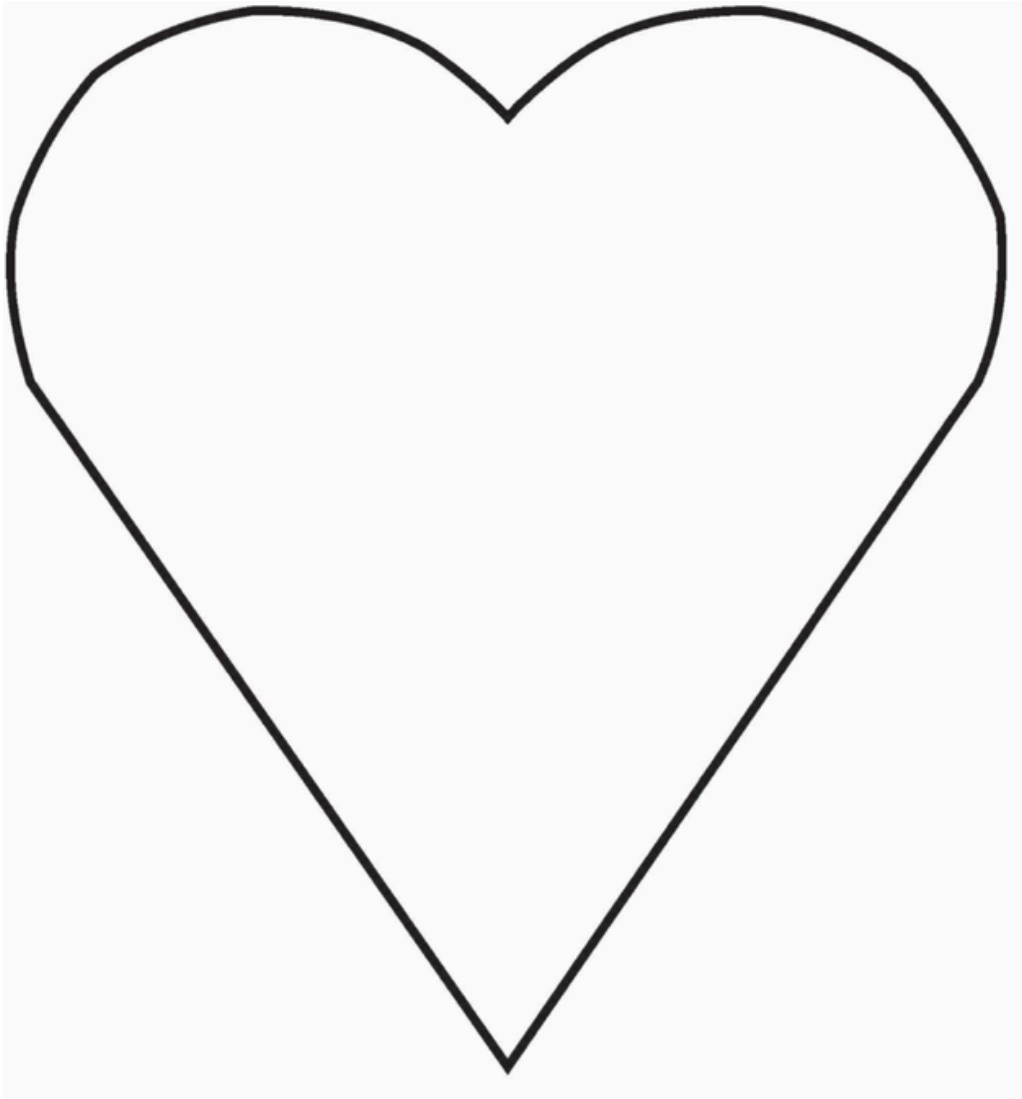


SOCIAL SKILLS

Our hands are for.....

Children sit in a circle. They choose to high five, wave to, pinky hug, thumb hug or big hug the person beside them. Children hold hands and chant: Wave, high five or hug. Our hands are little love HUGS.

"Give and receive word or body hugs daily."



HEART FOR ART ACTIVITY

Theme for the Week



Hands and Feet

Activities for "Clapping"

Materials Needed: Coffee filters, natural food coloring mixed with water in droppers or non-toxic finger paints, bag of frozen peas to be thawed for Math, plastic forks, paper plates and paper cups



CIRCLE ACTIVITIES

Clap your hands softly. Ask the children what it is you are doing. Clap your hands loudly. Ask what it is you are doing. You are clapping softly and loudly. Explain that you use your hands to clap. The noise made by your hands touching is called a clap. Children clap softly and loudly. Next, each child says, "My name is _____. clap after saying their names. Chant: Hands are for clapping. We can clap with our hands.



LANGUAGE-LITERACY

Ready for a Story

Teach children a chant to be ready to listen to a story. Chant: Criss cross applesauce. Hands in my lap. Let's hear a story. Clap, clap. Read a favorite story to the class. Children practice sitting and listening with good manners. Praise each child by name for listening well. They all clap for each other.

FUN ART

Clapping Colors

Give each child a flattened coffee filter. They "clap colors" together by dropping colored water from droppers onto their filters. (You can use water that is colored with natural food coloring or the children can drop colors of non-toxic finger paint.) They make one drop in one color. Then they make a second drop with a second color. They try to drop it close enough to the first drop so they "clap" (meet) together.

MATH

Counting Peas

Children build strength in their pincer fingers (the fingers they will write with) by using a plastic fork to pick up and count frozen peas that have been thawed. Give each child a paper plate with several peas on it. (Use a bag of frozen peas that have been thawed.) They pick up one pea at a time with the fork and then push them off into a paper cup. They count how many peas as they move them from their plates to their cups. Who had the most peas? Fewest peas? (Have children wash their hands thoroughly first.) (Note: Be watchful while children are touching the peas that they put them onto the paper and not anywhere else.)

MUSIC-MOVEMENT

Sing and Act Out Clapping Hands (tune of "Row, Row, Row Your Boat")

Clap, clap, clap your hands. (Clap hands.) Clap them way up high. (Clap over heads.) Merrily, merrily, merrily, merrily, (Keep clapping.) Clapping is fun oh my! (Say, "Yay!")

SOCIAL SKILLS

Singing Friends (Building Community and Working Together)

Children hold hands standing in a circle and chant: If you're awesome and you know it, clap your hands. If you're awesome and you know it, clap your hands. If you're awesome and you know it, then your smile can surely show it, if you're awesome and you know it, clap your hands. They clap their own hands together. Then they give high fives by "clapping" with a friend. Repeat with: If you're..... terrific, happy, special, etc.

"ATi gives a round of applause for the wonderful job teachers do every day. Thank you!"

Theme for the Week



Hands and Feet

Activities for "Running"

Materials Needed: Photo of each child, index cards, tape, playdough, colored papers, red, yellow, blue, and green

CIRCLE ACTIVITIES



Stand up and run in place. Ask the children to name what you are doing. What were your feet doing? They were moving off the floor. Tell children that they use their feet to move their bodies. Children bend over and touch their feet. They stomp their feet on the floor. Tell children that running is for outside. It is important to walk inside.

Chant: We can use our feet to run outside. Our feet move our bodies.

LANGUAGE-LITERACY



Run for My Name

In advance, write each child's name on an index card with their photo taped onto the card. Tape the named cards with photos onto a table top and have children sit around the table. Say, "On your mark, get set, go," for each child. One at a time they run their fingers to their pictures. They place their hands over their named picture cards. Once all the children have covered their cards, they remove their hands and name the letters in their names. Help with letter identification as needed.

FUN ART



Running Through the Play Dough

Children spread out green play dough on a table to pretend it is a grassy lawn. Talk about what they might see running around in a big grassy area. They might see someone running playing ball. (They make a ball out of play dough.) They might see a dog running in the grass. (They make a dog.) Help the children to be creative with ideas to make out of the play dough running on the grass.

MATH



Foot Patterns

Children stand in a line side by side. Count their feet and how many feet there are total. Count by twos. 2, 4, 6, 8, 10 feet. Tape red pieces of paper on half of the children's shoes. Tape blue pieces of paper to the shoes of the other half of the class. Children with red run in place. Children with blue run in place. Stand them in a pattern of red, blue, red, blue.

MUSIC-MOVEMENT



Sing and Act Out Feet, Feet, Feet (tune of "Row, Row, Row Your Boat")

Feet, feet, my two feet. (Point to two feet.)

Moving all of me. (Wiggle whole body.)

Happily, happily, happily, happily.

Feet make me feel free.

SOCIAL SKILLS



Play Stop, Walk, Run! (Paying Attention and Working Together)

Children all stand facing you. You hold up a green paper while they run in place.

When yellow is held up, they walk slowly. When red is held up, they stop. Then give the children a turn to hold up a color for the class.

"Are you run down? Take deep breaths and talk with someone who can help you laugh today."

Theme for the Week



Hands and Feet

Activities for "Walking"

Materials Needed: Pre-cut several different colored shapes (provided) for Art, 12X18 construction paper, paste, poster board or white chalkboard and markers for language, small toy figurines, masking tape and/or sidewalk chalk (Note: You may repeat some of the activities from "Walk" last week if desired.)



CIRCLE ACTIVITIES

Children stand up in their places and walk in a circle. When they return to their original place, they sit back down. Explain to them that their feet just moved their bodies around the circle by walking. Children point to their feet and chant: I have two feet for moving me. My feet are for walking, did you see?



LANGUAGE-LITERACY

My Feet Vocabulary

Children remove their shoes and keep on their socks. Tell them to touch their feet. Then tell them to wiggle their toes. Point to your heel. Tell them that is part of the foot called a heel. They touch their heels and say, "This is the heel of my foot." Repeat with the vocabulary words, ankle and sole.



FUN ART

Walking Path

Pre-cut several different colored shapes (provided) that are small enough to make a "pretend path of shapes" on a piece of 12X18 construction paper. Children paste their shapes in any order on their paper to create a path. Then they "walk" a toy figurine or their fingers across their shape path. Trade papers and walk their toy figurines or fingers on a new path.



MATH

Walk the Shapes

Make a large square shape out of masking tape on the floor. Children walk the square. Repeat with different shapes. You can also do this activity outside with sidewalk chalk on concrete.



MUSIC-MOVEMENT

Chant and Act Out Walking with Me

Would you like to go on a walk with me? (Point to self.)

There are so many things that we can see.

Let's walk slowly and hold hands. (Hold hands with a friend.)

Oh, walking with my friend is so grand! (Walk around the room with a friend.)

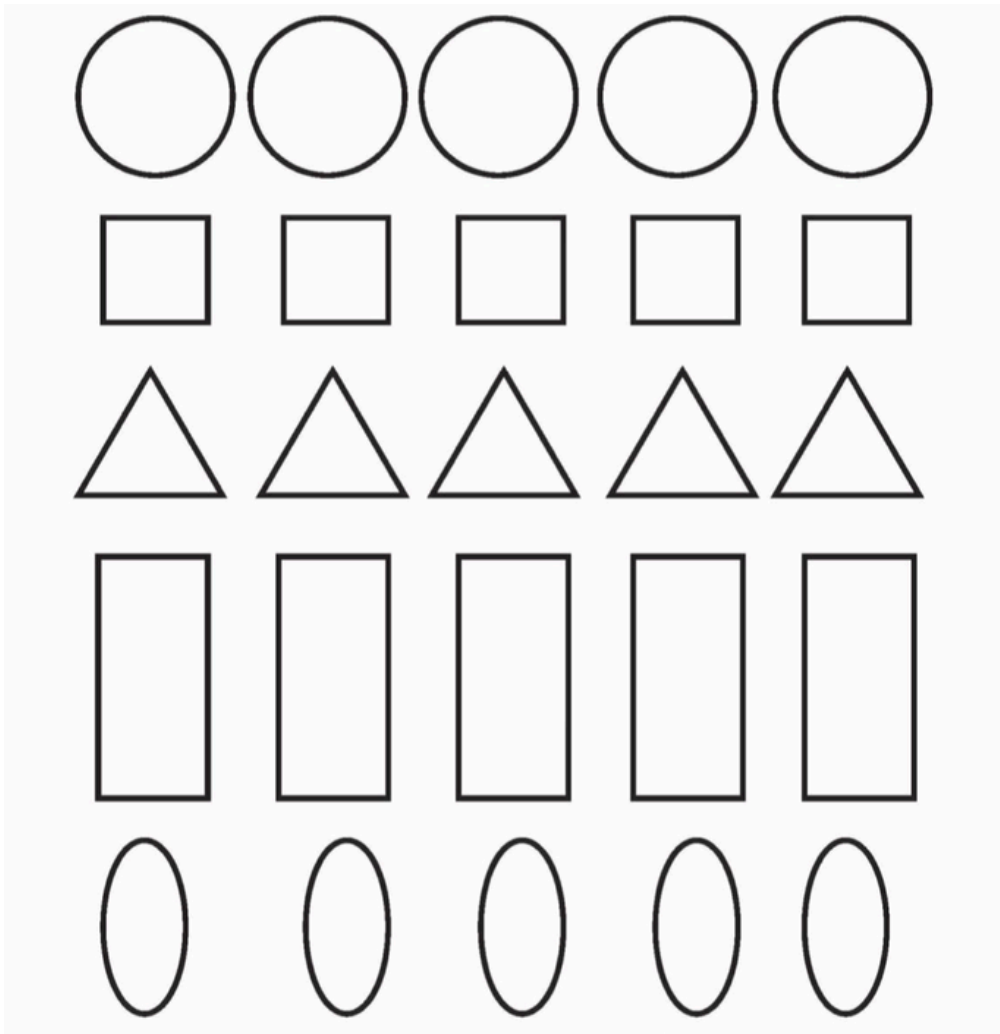
SOCIAL SKILLS

Walking Feet Fun (Following Directions)

Children practice different ways to walk their feet in the classroom. Have them tiptoe to the door. Stop. Turn around. Touch their toes. Say, "Thank you, feet for walking my body." Walk to the sink. Stop. Freeze. Touch your feet. Say, "Thank you, feet for bringing me to the sink." Walk softly to the book corner. Stop. Tap your feet. Say, "Thank you, feet for bringing me to the books." Continue giving them fun directions for their feet.



"Teachers leave footprints on the hearts of children that can last a lifetime."



SHAPES FOR ART ACTIVITY